Gluten free Breakfast

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Glutino Breakfast Bar Cheese Stick Fruit Selection Juice Selection Choice of Milk .	**3** GF Bagel Sunbutter Cup Fruit Selection Juice Selection Choice of Milk .	**4** Cheerios Cereal GF Graham Crackers Fruit Selection Juice Selection Choice of Milk .	**5** Katz GF Toaster Pastry Cheese Stick Fruit Selection Juice Selection Choice of Milk .	**6** Van's GF Waffle Cheese Stick Fruit Selection Juice Selection Choice of Milk .
9 Kat'z GF Toaster Pastry Cheese Stick Fruit Selection Juice Selection Choice of Milk .	**10** GF Granola Bar GF Pretzels Fruit Selection Juice Selection Choice of Milk .	**11** Chex Cereal GF Graham Crackers Fruit Selection Juice Selection Choice of Milk .	**12** GF Blueberry Muffin Cheese Stick Fruit Selection Juice Selection Choice of Milk .	**13** NO SCHOOL
16 GF Bagel Sunbutter Fruit and/or Vegetable Selection Juice Selection Choice of Milk .	**17** Cheerios Cereal Cheese Stick Fruit Selection Juice Selection Choice of Milk .	**18** Glutino Breakfast Bar Cheese Stick Fruit Selection Juice Selection Choice of Milk .	**19** Katz GF Toaster Pastry Cheese stick Fruit Selection Juice Selection Choice of Cereal .	**20** NO SCHOOL
23 Strawberry Banana Trix Yogurt Cup GF Crackers Fruit Selection Juice Selection Choice of Milk .	**24** Chex Cereal Cheese Stick Fruit Selection Juice Selection Choice of Milk .	**25** NO SCHOOL	**26** NO SCHOOL	**27** NO SCH0OOL
30 Katz GF Toaster Pastry Cheese Stick Fruit Selection Juice Selection Choice of Milk .	**1**			

PRICES

EXTRA INFO

HARVEST OF THE MONTH



Your MENUS plus more information on our app Taher Food4Life®

FOOD 4 LIFE TAHER

www.taher.com

This institution is an equal opportunity provider.