November 2026

Lakewood Elementary

Preschool Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 • Belly Bears Crackers *(1 bag)* • Baby Carrots *(0.25 cups/0.375 cups/0.5 cups/0.75 cups/1 cups/1.25 cups/1.5 cups/2 Tbsp)*	**3** • Cheddar Goldfish Crackers *(1 package)* • Banana *(0.25-4 medium 7" to 77/8" long)*	**4** • Cinnamon Giant Goldfish Grahams *(1 package)* • Red Apple *(1 small 23/4 dia)*	**5** • Cheez-It Crackers .75 oz. Pouch *(1 package)* • Green Apple *(1 small 23/4 dia)*	**6** • Scooby Doo Cinnamon Graham Crackers *(1 package)* • Cherry Tomatoes *(0.25-1 cups)*
9 • Belly Bears Crackers *(1 bag)* • Baby Carrots *(0.25 cups/0.375 cups/0.5 cups/0.75 cups/1 cups/1.25 cups/1.5 cups/2 Tbsp)*	**10** • Cheddar Goldfish Crackers *(1 package)* • Banana *(0.25-4 medium 7" to 77/8" long)*	**11**  	**12** • Cheez-It Crackers .75 oz. Pouch *(1 package)* • Green Apple *(1 small 23/4 dia)*	**13** • Scooby Doo Cinnamon Graham Crackers *(1 package)* • Cherry Tomatoes *(0.25-1 cups)*
16 • Belly Bears Crackers *(1 bag)* • Baby Carrots *(0.25 cups/0.375 cups/0.5 cups/0.75 cups/1 cups/1.25 cups/1.5 cups/2 Tbsp)*	**17** • Cheddar Goldfish Crackers *(1 package)* • Banana *(0.25-4 medium 7" to 77/8" long)*	**18** • Cinnamon Giant Goldfish Grahams *(1 package)* • Red Apple *(1 small 23/4 dia)*	**19** • Cheez-It Crackers .75 oz. Pouch *(1 package)* • Green Apple *(1 small 23/4 dia)*	**20** • Scooby Doo Cinnamon Graham Crackers *(1 package)* • Cherry Tomatoes *(0.25-1 cups)*
23	**24**	**25**	**26**	**27**
30				

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