GOLDEN WEST MIDDLE SCHOOL

MUSTANG MENU

Q2 26/27

Child Nutrition
TRAVIS UNIFIED SCHOOL DISTRICT

MONDAY

BREAKFAST: MINI PANCAKES OR MINI CINNI
FAVORITES: GOLDEN DRAGON ORANGE CHICKEN STIR FRY
SALADS: CAESAR SALAD W/ FRESH BAKED ROLL
GRILL: HOT DOG
DELI: SUN BUTTER & JELLY SANDWICH
CAFE: BBQ CHICKEN ATOP MAC & CHEESE PAIRED W/ A BREADSTICK

TUESDAY

BREAKFAST: FRESH BAKED FRUIT MUFFIN OR STRAWBERRY BAGEL
FAVORITES: BEEF OR CHICKEN TACO W/ FRESH CORN TORTILLA & GOLDEN WEST SALSA
SALADS: CHEF SALAD W/ FRESH BAKED ROLL
GRILL: RIB B QUE
DELI: TURKEY CLUB W/ CHEESE ON FRESH BAKED SUB ROLL
CAFE: SPAGHETTI W/ MEATBALLS & BREADSTICK

WEDNESDAY

BREAKFAST: FRESH BAKED BISCUIT, EGG, CHEESE, AND SAUSAGE OR PEACH COBBLER BREAKFAST SQUARE
FAVORITES: BAKED POTATO BAR - WARM BAKED POTATO TOPPED W/ YOUR CHOICE OF TOPPINGS
SALADS: TACO SALAD W/ TORTILLA CHIPS
GRILL: SLOPPY JOE
DELI: CAESAR WRAP
CAFE: CHICKEN ALFREDO PENNE W/ BREADSTICK

THURSDAY

BREAKFAST: FRENCH TOAST CASSEROLE OR FRESH BAKED CINNAMON ROLL
FAVORITES: BEEF OR CHICKEN TACO W/ FRESH CORN TORTILLA & GOLDEN WEST SALSA
SALADS: CRISPY CHICKEN SALAD W/ FRESH BAKED ROLL
GRILL: SPICY CHICKEN SANDWICH
DELI: ITALIAN SUB
CAFE:GOLDEN WEST CHILI & PASTA W/ CHEESE & BREADSTICK

FRIDAY

BREAKFAST: BLUEBERRY PATCH PARFAIT W/ HOUSE MADE GRANOLA OR PUMPKIN BREAD
FAVORITES: BUILT TO ORDER - MEATBALL SUB W/ MOZZARELLA & PARMESAN CHEESE ON A FRESH BAKED ROLL
SALADS: CAESAR SALAD W/ FRESH BAKED ROLL
GRILL: CORN DOG
DELI: HAM & CHEESE ON A FRESH BAKED ROLL
CAFE: ITALIAN PASTA BAKE W/ BREADSTICK

EVERYDAY OFFERINGS

CAFE: **MON-FRI** - NEW YORK PEPPERONI OR CHEESE PIZZA; A DIFFERENT SPECIALTY FLAVOR
GRILL: BURGERS & CHICKEN PATTY SANDWICH

WE OFFER SEASONAL FRUITS, VEGETABLES, NON-FAT CHOCOLATE MILK AND 1% WHITE MILK DAILY. YOU MUST SELECT A HALF CUP OF FRUIT, VEGETABLE OR A COMBINATION OF BOTH WITH YOUR MEAL.

STUDENT 2ND BREAKFAST: $3.25 STUDENT 2ND LUNCH: $5.25 ADULT MEAL: $6.25

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.