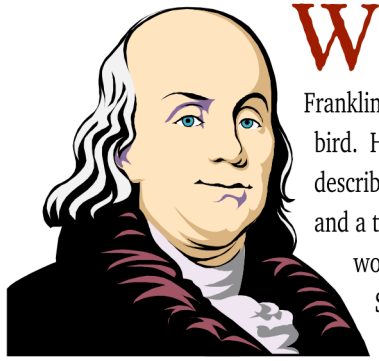



## ★ Our Nation's History ★



When the bald eagle was adopted as a national emblem in 1782, Ben Franklin opposed the choice of that "cowardly" bird. His choice? The noble turkey, which he described as "a much more respectable bird, and a true original Native of America, which would not hesitate to attack a British Soldier who should presume to invade his farm yard with a red coat on."

★ With Liberty & Justice for All ★

Keystone Central School District— Elementary Lunch

USDA is an equal opportunity provider and employer. Menus are subject to change.

I am the letter

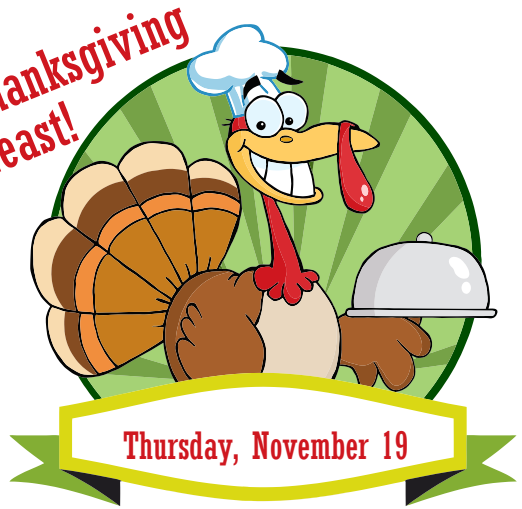
C



cranberries

| Monday, November 2 | Tuesday, November 3 | Wednesday, November 4 | Thursday, November 5 | Friday, November 6 |
|---|---|---|---|---|
| Funnel Cake<br>Egg Patty<br>Sausage Patty<br>Smiley Potatoes<br>Roasted Ranch Chick Peas<br>Apple Slices<br>Milk<br><br>Alternate<br>Chicken Nuggets w/Soft Pretzel Stick | Steak Sandwich<br>Fresh Broccoli w/ Dip<br>Seasoned Sweet Potatoes<br>Mandarin Oranges<br>Milk<br><br>Alternate<br>Chicken Nuggets w/Soft Pretzel Stick | Meatballs w/ Sauce<br>2 Breadsticks<br>Green Beans<br>Cucumber Slices w/ Dip<br>Peaches and Pears<br>Milk<br><br>Alternate<br>Chicken Nuggets w/Soft Pretzel Stick | Cheese Pierogies<br>Cheesy Breadstick<br>Salad w/ Dressing<br>Mixed Vegetables<br>Strawberries & Blueberries<br>Milk<br><br>Alternate<br>Chicken Nuggets w/Soft Pretzel Stick | Cheeseburger on Roll<br>Baked French Fries<br>Carrots w/ Dip<br>Grapes and Bananas<br>Milk<br><br>Alternate<br>Chicken Nuggets w/Soft Pretzel Stick |
| **Monday, November 9** | **Tuesday, November 10** | **Wednesday, November 11** | **Thursday, November 12** | **Friday, November 13** |
| Chicken Alfredo<br>(NEW)<br>Steamed Broccoli<br>Green Pepper Slices w/ Dip<br>Strawberries<br>Milk<br><br>Alternate<br>Hot Dog on Roll | Penne w/ Meat Sauce<br>Breadstick<br>Green Beans<br>Fresh Celery Sticks w/ Dip<br>Fruit Cocktail<br>Milk<br><br>Alternate<br>Hot Dog on Roll | Chicken Patty on Roll<br>Baked Beans<br>Sweet Potato Waffle Fries<br>Peaches<br>Milk<br><br>Alternate<br>Hot Dog on Roll | **Early Dismissal**<br>Toasted Cheese Sandwich<br>Tomato Soup<br>Fresh Broccoli and Cauliflower Medley<br>Applesauce<br>Milk<br><br>Alternate<br>Hot Dog on Roll | Pepperoni Pizza<br>Baked Spiral French Fries<br>Salad w/ Dressing<br>Pears<br>Milk<br><br>Alternate<br>Hot Dog on Rol |






| Monday, November 16 | Tuesday, November 17 | Wednesday, November 18 | Thursday, November 19 | Friday, November 20 |
|---|---|---|---|---|
| Chicken Caesar Salad<br>Turkey Soft Pretzel<br>(NEW)<br>Cucumber Salad<br>Peaches & Pears<br>Milk<br><br>Alternate<br>Pulled Pork Sandwich | Tacos and Chips<br>Salsa<br>Black Bean Salad<br>Strawberry Cup<br>Milk<br><br>Alternate<br>Pulled Pork Sandwich | Cheese Pizza<br>California Blend Vegetables<br>Carrots w/Dip<br>Mandarin Oranges<br>Milk<br><br>Alternate<br>Pulled Pork Sandwich | *Holiday Meal*<br>Roast Turkey w/ Gravy, Whipped Potatoes w/ Gravy, Stuffing, Golden Corn<br>Peach Cup<br>Sugar Cookie<br>Milk<br><br>Alternate<br>Pulled Pork Sandwich<br>Sugar Cookie | Chicken Tenders w/ Breadstick<br>Seasoned Sweet Potato Fries<br>Apple Slices<br>Milk<br><br>Alternate<br>Pulled Pork Sandwich |
| **Monday, November 23** | **Tuesday, November 24** | | | |
| Ranch Chicken Wrap<br>Cucumber Slices w/ Dip<br>Peas<br>Fruit Cocktail<br>Milk<br><br>Alternate<br>Pizza Crunchers | Macaroni & Cheese<br>Salad w/ Dressing<br>Green Beans<br>Peach Cup<br>Milk<br><br>Alternate<br>Pizza Crunchers | | | |









Families may add money to student accounts free of charge via cash or check. Money may also be added electronically via EZ School Pay with a $2.00 charge per each transaction. Please see the Food and Nutrition Service website for further information.