Kings Canyon USD

MIDDLE SCHOOL LUNCH

MIDDLE SCHOOL MENU

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 Shepherd's Pie WGR Hot Dog Taco Salad CARROT STICKS GREEN BEANS RAISINS MILK - Variety* Assorted Condiments	Nov - 3 CHICKEN,OVEN FRIED Bean/Cheese Burrito Spicy Chix Strip Salad Harvest Salad Mashed Potatoes/Gravy Fruit Cup, Variety MILK - Variety* Assorted Condiments	Nov - 4 WGR Beef Rib Q Stuffed Pizza Pocket Zucchini Sticks CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Nov - 5 ORANGE CHICKEN; 6-12 WGR Grilled Cheese CHINESE CHIX SALAD Steamed Broccoli Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Nov - 6 WGR Pizza Max Stix Chili Beans & Corn Muffin SALAD CHICKEN CAESAR; R Vegetable Medley Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Nov - 9 Bean & Cheese Tostada WGR Hot Dog Taco Salad CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Nov - 10 Carnitas burrito w salsa Beef/Cheese Taco Stick Spicy Chix Strip Salad Harvest Salad BEANS REFRIED SPICY 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Nov - 11 HOLIDAY	Nov - 12 Spaghetti & Meatballs Chicken Nuggets SOUTHWEST SALAD Vegetable Medley Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Nov - 13 Jambalaya 6-12 WGR French Bread Pizza SALAD CHICKEN CAESAR; R CELERY STICKS Harvest Salad Fruit Cup, Variety MILK - Variety* Assorted Condiments
Nov - 16 WGR Chicken Strips Taco Salad Chicken & Gravy CARROTEENIES Corn on the Cob 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Nov - 17 Chicken Alfredo Pasta Cheeseburger Buddies Spicy Chix Strip Salad Harvest Salad CARROT STICKS Fruit Cup, Variety MILK - Variety* Assorted Condiments	Nov - 18 Mac Chicken K-5 Bean/Cheese Burrito Vegetable Medley Zucchini Sticks 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Nov - 19 Chicken Pot Pie WGR Grilled Cheese SOUTHWEST SALAD Harvest Salad BAKED BEANS Fruit Cup, Variety MILK - Variety* Assorted Condiments	Nov - 20 Teriyaki Bowl 6-12 WGR Pizza Wedge CHINESE CHIX SALAD Harvest Salad Waffle Fries 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Nov - 23 NO SCHOOL TODAY	Nov - 24 NO SCHOOL TODAY	Nov - 25 NO SCHOOL TODAY	Nov - 26 HOLIDAY	Nov - 27 HOLIDAY
Nov - 30 Beef/Cheese Taco Stick WGR Hot Dog Taco Salad CARROT STICKS GREEN BEANS RAISINS MILK - Variety* Assorted Condiments				

This Institution is an equal opportunity provider.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**
**** - denotes combined nutrient totals with either missing or incomplete nutrient data.***

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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