FMSD Snack Menu

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Graham Bug Bites (1oz bag)	Cheez It Crackers (.75oz bag)	Giant Cinnamon Goldfish Cracker (.9oz)	Cheddar Rainbow Goldfish Cracker (.75oz bag)	Tiger Chocolate Graham Cracker (.75oz bag)
100% Unsweetened Apple Juice (3/4c) F	Big Orange (3/4c) F	Big Apple (3/4c) F	Big Orange (3/4c) F	100% Unsweetened Fruit Punch Juice (3/4c) F

Recipe	*Item Name*	*Portion Size*	*Manufacturer*	*Total Calories, % Calories Sugar, %Calories Fat*	*USDA Component*
SR3037	Cinnamon Graham Bug Bites	1 each	Kellogg's 20150	120/26%/26%	1 Whole Grain
SR4149	100% Apple Juice	1 each	Ardmore	100/92%/0%	¾ cup Fruit
CAR1520	Cheez It Cracker	1 each	Kellogg's 79263	90/0%/28%	1 Whole Grain
SR1172	Big Orange	1 each	Daylight	62/80%/0%	1 cup Fruit
SR2334	Giant Cinnamon Goldfish	1 each	Pepperidge 14396	120/23%/30%	1 Whole Grain
SR2870	Big Apple	1 each	Daylight	95/80%/0%	1 cup Fruit
CAR1203	Cheddar Color Goldfish	1 each	Pepperidge 18105	100/0%/31%	1 Whole Grain
SR1172	Big Orange	1 each	Daylight	62/80%/0%	1 cup Fruit
SR3021	Bear Chocolate Graham	1 each	Belly Bear	120/26%30%	1 Whole Grain
SR4151	100% Fruit Juice	1 each	Ardmore	100/80%0%	¾ cup Fruit

Students must take two snack items to count as a reimbursable meal.

These snacks meet the requirements of California Education Code sections 49430-49431.7, 8482-8484.6 and Federal National School Lunch Program guidelines as specified in the USDA's Food Buying Guide.

FMSD
Preparing All Children as Global Learners

This institution is an equal opportunity provider.