Grade K-5

MENUS

November 2026

Thanksgiving Lunch Service
November 19th.

Happy Thanksgiving!

Did you know?

Staying active helps build strong bones and muscles, relieve stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!

SFE

Questions or Comments?
General Manger: Tedrick Woods
Phone: (480) 541 1665
Web Link for menus:
www.schoolnutritionandfitness.com

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
2 **Breakfast** Fluffy Belgian Waffles **Lunch** Grilled Cheese Sandwich Orange Chicken w/ Rice Sun butter & Jelly Sandwich w/ String Cheese Spiced Green Beans	3 **Breakfast** Stuffed Hash Brown **Lunch** Ground Beef Tacos Bean & Cheese Burrito Turkey & Cheese Sub Pinto Beans	4 **Breakfast** Sweet Cherry Frudel **Lunch** Spaghetti w/Meatballs Crispy Chicken Sandwich Sun butter & Jelly Sandwich w/ String Cheese Spiced Green Beans	5 **Breakfast** Egg & Cheese Biscuit Sandwich **Lunch** Pancakes & Sausage Scrambled Eggs w/Pancakes Sun Butter & Jelly Sandwich Crispy Tater Tots	6 **Breakfast** Fluffy Banana Muffin **Lunch** Cheese Pizza Turkey Ham & Cheese Sliders Queso Blanco Chicken Nachos Zingy Crinkle Fries
9 **Breakfast** Breakfast on a Stick **Lunch** Macaroni & Cheese Popcorn Chicken Turkey & Cheese Sandwich Spiced Green Beans	10 **Breakfast** Turkey Sausage & Cheese Cinnamon Roll Sandwich **Lunch** Beefy Nachos Mozzarella Cheese Quesadilla Elvis Wrap w/ String Cheese Classic Refried Beans	11 Happy Veterans Day	12 **Breakfast** Breakfast Tacos **Lunch** Cinnamon Roll w/ Sausage Sun butter & Jelly Sandwich w/ String Cheese Cheesy Chicken Nachos Crispy Tater Tots	13 **Breakfast** Cinnamon Apple Crunch Parfait **Lunch** Cheese Pizza Pepperoni Pizza Turkey Ham & Cheese Sub Zingy Crinkle Fries
16 **Breakfast** Sweet Apple Frudel **Lunch** Orange Chicken w/ Lo Mein Grilled Cheese Sandwich Turkey Ham & Cheese Sandwich Spiced Green Beans	17 **Breakfast** Breakfast Wrap **Lunch** Ground Beef Flour Tacos Classic Hamburger Vegetarian Garden Salad Crispy Tater Tots	18 **Breakfast** Breakfast Pizza Bagel **Lunch** Breadsticks w/Marinara BBQ Chicken Sandwich Popcorn Chicken Ranch Wrap Peppered Broccoli Florets	19 **Breakfast** Glazed Cinnamon Roll **Lunch** Herb Roasted Turkey w/Stuffing & Roll Garlic Mashed Potatoes Spiced Green Beans	20 **Breakfast** Honey Chicken Biscuit **Lunch** Cheese Pizza Turkey Pepperoni Pizza Sun Butter & Grape Jelly Sandwich Zingy Crinkle Fries
23 **Breakfast** Warm Blueberry Loaf **Lunch** Chicken Tenders w/Roll Rotini Marinara w/Meatballs Turkey Ham & Cheese Sandwich Peppered Broccoli Florets	24 **Breakfast** Cheesy Egg Breakfast Burrito **Lunch** Mini Cheese Quesadillas Cheesy Chicken Tacos Sun Butter & Grape Jelly Sandwich Seasoned Black Beans	HAPPY Thanksgiving		
30 **Breakfast** Fluffy Belgian Waffles **Lunch** Grilled Cheese Sandwich Orange Chicken w/ Rice Sun butter & Jelly Sandwich w/ String Cheese Spiced Green Beans		Daily selection includes full salad bar with the choice of white or chocolate milk. Middle School Weekly Specials: Mon- Grande Nachos Tues- Boneless Wings Wed- Chicken Patty Sandwich Thurs- Cheeseburgers Friday-Spicy Chicken Sand. Middle Schools Specials are only offered as an addition to regular menu for grades 6th-8th		

Breakfast Meal Price: Paid $1.70 **Lunch Meal Price: Paid $3.00** **Adult Meal Price: $3.90**