2026-2027 Tomah Middle School Basketball



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- Team Policies
- Schedule (use Bound, hard copy will be handed out in January)
- Clothing order will be sent out in Remind next week
- Remind App (everyone needs to participate player, parent, or both)
- Parent/Athlete Contract
- Beginning of Year Questionnaire

Coaches Contact information

We will be primarily using the Remind app for most of our communications. I suggest that players, parents, and rides all receive these updates and sign up for the app. I will provide that information and give you time to put it in your phone tonight!!

8th Grade

Tom Tardiff
608-548-1703
thomastardiff@tomah.education

Nicole Raboine
608-397-0991
Nicole.raboine@gmail.com

7th Grade

Mark VonHaden
608-633-7588
markvondhaden@gmail.com

Emily Powell
(608)387-5222
EmilyPowell@tomah.education

Team Rules

1. Always Protect the Team
    a. We do not lay blame on each other
    b. We help each other improve
    c. We are accountable to each other
    d. Every member of the team is valuable.
2. No Whining, No Complaining, No Excuses
    a. Our goal is to reach our fullest potential, to reach our perfection, these 3 actions prevent that.
    b. Every drill has a purpose, each player has a role, and we are responsible for the outcome.
    c. Take responsibility for your <u>gear</u> and your <u>behavior</u>.
3. Be Early
    a. Don't be content with being on time, successful groups don't settle for average, neither should we.
    b. Failure to be early hurts the team
    c. Practice should start by 3:45. Do not dawdle in the locker room.
    d. Unexcused absences will be dealt with by conditioning and loss of playing time following the same format as with behavior. You have our contact information, you need to let us know BEFORE a game or practice.

Individual Rules

1. Treat coaches and players with respect
    a. Every adult assisting in our program will be called "Coach"
    b. Fighting/bickering/arguing with a teammate will result in a team punishment.
    c. Disrespectful behavior towards a coach or referee will result in a contact home and the following punishments:
        i. 1st time: 1 half
        ii. 2nd time: 1 game
        iii. 3rd time: Full game and possible removal from the program.
2. Treat referees with respect
    a. Do not question a referee's call and assist referee's when possible (pick up the ball for them, etc.)
    b. If you have a concern to discuss with a referee, do so politely and at an opportune moment. Leave the talking to the officials to your coach.
3. Playing Time

a. Playing time is determined by skill, attitude, and work ethic at all levels. There is fair playing time at each level (A and B) for middle school. By fair playing time means that a player is following the guidelines will be given equal/fair playing time as every player is. If you have a question or concern about playing time, speak with your coach privately outside of the game or practice setting. The district has a 24-hour policy after games. Any questions or concerns can be addressed 24 hours after a game or event has taken place.
b. Being upset on the bench will decrease your playing-time, however being an active participant on the bench will show your coach that you can contribute positively to the team.

- Home Games

  Home games will be held at TMS for 8th grade and LaGrange Elementary for 7th Grade

- Away Games

The bus leaves the middle school at the assigned departure time, not after (to be late, is to be left behind).

Players may ride home with parents. Parents must complete the bus sign out sheet before leaving with their athlete.

We prefer that B and A players stay for each other's games. A player who regularly leaves early will have playing time affected. We play together, therefore we support both teams. (Special circumstances will be considered, but the situation must be brought to the coach's attention).

You are expected to be positive representatives of our school and community at all times. Inappropriate conduct at another school will result in severe punishments.

4. No Candy (gameday), No Pop (period!)
    a. Candy and Pop reduce your stamina, if a coach sees you with candy or pop prior to a game, a team punishment will be enforced during the next practice.
5. Bus Behavior
    a. All players must ride the bus to a competition unless there has been signed consent of parents
    b. The bus will be cleaner when we get off than when we got on or team conditioning will be assigned.

Other Reminders

- Practice cancelations/schedule are subject to change.
- Behavior on the bus is to be 100% perfect. Team Consequences will be enforced.

- The bus will be clean before we get off and all garbage/equipment left will have a conditioning punishment.
- 8th Grade practices at TMS and 7th at LaGrange unless otherwise discussed.
- Phone calls will be made on our way home from away games to assure rides are ready.
- *****We will be timely with practice and games, and we ask your assistance to make sure rides are at the locations at the correct times.******
- Responsibility for uniforms, being on time, and following rules is the responsibility of the PLAYER.
- Appropriate practice attire is required for all practices---jersey/tshirt and shorts. They should be white, black, or gray in color.

****TMS Basketball is governed by the TASD Athletic Code****

Remind

Sign up for important updates from Coach Tardiff.

Get information for **Tomah Middle School** right on your phone—not on handouts.

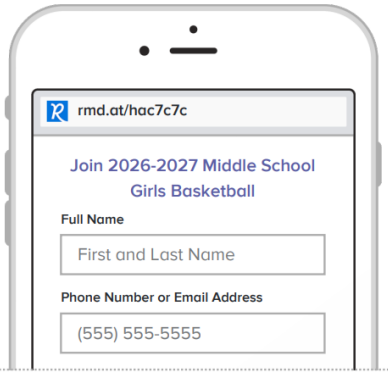
Pick a way to receive messages for **2026-2027 Middle School Girls Basketball**:

A **If you have a smartphone, get push notifications.**

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/hac7c7c

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B **If you don't have a smartphone, get text notifications.**

Text the message @hac7c7c to the number 81010.

If you're having trouble with 81010, try texting @hac7c7c to (415) 813-2646.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/hac7c7c on a desktop computer to sign up for email notifications.

Parent/Athlete Contract

We have read the attached rules and applicable paperwork and understand what is expected in the TMS basketball program.

Parent

Print_____

Sign_____

Athlete

Print_____

Sign_____

Pre-Season Basketball Questionnaire

(Please return ASAP to TMS office)

Name:

Rate your following basketball skills: 1 being low and 10 being high.

Dribbling:

Passing:

Shooting:

Defense:

Rebound:

Basketball knowledge:

Coachability:

Years playing organized basketball: _____

If you had to name a skill that you need improvement on, what would it be?

What is your greatest attribute that you bring to the team?