What's on the Menu?

Lyme-Old Lyme Middle School

	Monday	Tuesday	Wednesday	Thursday	Friday
November 2-6	Chicken Wings & Pretzels Asstd. Sauces Celery Sticks & Baby Carrots	**No School** Election Day	Mac & Cheese BBQ or Buffalo Chicken Broccoli	BBQ Pulled Chicken Sandwich Chickpea Salad Waffle Fries	Sweet & Sour Chicken Rice Stir Fried Veggies
November 9-13	French Toast Sticks Scrambled Eggs Sausage Tater Tots	Beef & Cheese Nachos Asstd. Toppings Mexican Style Corn	Pasta w/ Italian Meat Sauce Roasted Zuchinni	**Totchos** Tater Tots BBQ or Buffalo Chicken Biscuit	General Tso's Popcorn Chicken, Rice, Broccoli
November 16-20	Mozzarella Stuffed Breadsticks Marinara Sauce	Beef Tacos Lettuce, Tomato, Cheddar Cheese Mexican Style Pinto Beans	Grilled Cheese Sandwich Tomato Soup	Loaded Fries Chicken Fajita Peppers & Onions Biscuit	Philly Cheesesteak Peppers & Onions Spiral Fries
November 23-27	French Toast Sticks Scrambled Eggs Sausage Tater Tots	Chicken & Waffles Tater Tots			
November 30	Mashed Potato Chicken Bowl w/ Gravy Biscuit				

All meals are served with Milk, fresh fruit, and an assortment of fresh vegetables daily.

DID YOU KNOW? A balanced, healthy breakfast is available to ALL students every school morning! Get you day off to a great start with school breakfast.

Please let us know ahead if you have dietary restrictions and would like hot lunch.

chartwells
serving up happy & healthy

Samantha Van Jeune, Director
Director of Dining Services, Region 18 Schools
vanjeunes@region18.org 860-434-4442

Lunch $3.95 Deli $5.50
Adult $5.25 Adult Deli $6.50 Milk $0.75

This institution is an equal opportunity provider.