Gettysburg Area School District
Vida Charter School

November 2026
Lunch Carb Counts

Monday	Tuesday	Wednesday	Thursday	Friday
11/2 1.Hamburger **29** or Cheeseburger **30** 2. Italian Dunkers w/Sauce **49** 3. Turkey and Cheese Sub **39** **Sides:** BBQ Baked Beans **37** Side Salad **3,** Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12** 1% **Choc** Milk **24**	**11/3** 1.Sweet and Sour Chicken w/Steamed Rice **50.85** 2. Cheese Bites w/Sauce **28** 3. Chef Salad w/Dressing **8** **Sides:** Vegetable Egg Roll **21,** Fresh Broccoli **2,** Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12** 1% **Choc** Milk **24**	**11/4** 1.. Tacos- Beef Soft Shell **24** 2.Ham and Cheese Pretzel Melt **34** 3. Donut and Berry Parfait **37.5** **Sides:** Steamed Corn **16**, Fresh Pepper Strips **2** Chilled Fruit, **15** 100% Fruit juice, **15,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**11/5** 1.French Toast w/Sausage **65.6** 2.Fish Sandwich **41** 3. Popcorn Chicken Salad **36** **Sides:** Sweet Potato Tots **23** Roasted Squash **21** Chilled Fruit **15**, 100% Fruit Juice **15**, **1%** Milk **12**, 1% **Choc** Milk **24**	**11/6** 1.Salisbury Steak w/Bread Slice **32** 2.WG Cheese Pizza **37** 3.Corn Dog Nuggets **35** **Sides:** Mashed Potatoes **16**, Steamed Peas **12**, Chilled Fruit **15**,100% Fruit Juice **15**, 1% Milk **12** 1% **Choc** Milk **24**
11/9 1.General Tso's w/Steamed Rice **42** 2. Cheesy Breadstick **42** 3. Anytimers Lunch Kit **41** **Sides:** Steamed Broccoli **2,** Fresh Celery **3,** Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12** 1% **Choc** Milk **24**	**11/10** 1.Toasted Cheese Sandwich **34** 2. Chicken Nuggets w/Goldfish **28** 3. Chef Salad w/Dressing **8** **Sides:** Tomato Soup **16,** Side Salad **3,** Chilled Fruit **15**, 100% Fruit Juice **15**, 1% Milk **12** 1% **Choc** Milk **24**	**11/11** 1.. Tacos- Walking **24** 2.Cheeseburger Bites **27** 3. Fish Stick w/Dinner Roll **46** **Sides:** Steamed Corn **16**, Fresh Carrots **7,** Chilled Fruit, **15** 100% Fruit Juice, **15,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**11/12** 1.Roast Turkey w/Gravy **3** 2.Yogurt w/Graham Crackers **29.3** **Sides:** Mashed Potatoes **16**, Bread Stuffing **22.7**, Seasoned Corn **16**, Green Beans **3**, Chilled Fruit **15**, Fresh Whole Fruit **24,** 1 % Milk **12,** 1 % **Choc** Milk **24**	**11/13** 1.WG Cheese Pizza **37** 2.Bacon, Egg and Cheese Croissant **28** 3.Beef Hot Dog **28** **Sides:** Oven Baked Fries **10,** BBQ Baked Beans **37**, Chilled Fruit **15**,100% Fruit Juice **15**, 1% Milk **12** 1% **Choc** Milk **24**
11/16 1.Chicken Parmesan over Pasta **48** 2. Sweet and Sour Meatballs **23** w/Garlic Knot **27** 3. Fish Sandwich **41** **Sides:** Green Beans **3**, Side Salad **3,** Chilled Fruit **15**, 100% Fruit Juice **15**, **1%** Milk **12**, 1% **Choc** Milk **24**	**11/17** 1.Breaded Chicken Sandwich **27.5** 2. WG Cheese Pizza **37** 3. Chef Salad w/Dressing **8** **Sides:** BBQ Baked Beans **37**, Fresh Cauliflower **7,** Chilled Fruit **15**, 100% Fruit Juice **15**, **1%** Milk **12**, 1% **Choc** Milk **24**	**11/18** 	**11/19** 	**11/20** 
11/23 1.Mac and Cheese w/Dinner Roll **35** 2. Meatball Sub **39** 3.Corn Dog Nuggets **35** **Sides:** Steamed Broccoli **2**, Sweet Potato Fries **24,** Chilled Fruit **15**, 100% Fruit Juice **15**, **1%** Milk **12**, 1% **Choc** Milk **24**	**11/24** 1.Chicken and Waffles **34** 2. WG Cheese Pizza **37** 3. Turkey and Cheese Sub **39** **Sides:** BBQ Baked Beans **37**, Oven Baked Fries **10,** Chilled Fruit **15**, 100% Fruit Juice **15**, **1%** Milk **12**, 1% **Choc** Milk **24**	**11/25** 	**11/26** 	**11/27** 
11/30 				

***All Menu Items are Pork Free**