BREAKFAST

NOVEMBER 2026

West Canada Valley Elementary

All Complete Meals are Free

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cold Cereal	3 Apple Cinnamon Nutri Grain Bar	4 Whole Grain Chocolate Chip Muffin Top	5 Yogurt with Graham Crackers	6 Warm Cinni Mini
9 Apple Cinnamon Oatmeal Round	10 Cold Cereal	11 Veteran's Day No School	12 Cereal Breakfast Bar	13 Mini French Toast
16 Whole Grain Blueberry Muffin Top	17 Cereal Breakfast Bar	18 Strawberry Cream Cheese Stuffed Bagel	19 Yogurt with Graham Crackers	20 Apple Frudel
23 Stuffed Cinnamon Toast Crunch Bar	24 Mini Waffles	25 Thanksgiving Break No School	26 Thanksgiving Break No School	27 Thanksgiving Break No School
30 Cold Cereal				

Available Daily: Fresh and Chilled Fruits, 100% Fruit Juices,
Ice Cold NY Milk, Peanut Butter & Jelly Sandwiches, Deli Sandwich of The Day
Hummus Cups & Veggie Sticks available daily

Snacks, Beverages, and other
A la Carte items are available
for purchase

MY SCHOOL BUCKS
PAY FOR MEALS ONLINE
MySchoolBucks.com

BREAKFAST

NOVEMBER 2026

West Canada Valley HS/MS

All Complete Meals are Free

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal Variety	3 Tony's Turkey Bacon Breakfast Pizza	4 Whole Grain Chocolate Chip Muffin Top	5 Breakfast Sandwich	6 Warm Cinni Mini
9 Apple Cinnamon Oatmeal Round	10 Breakfast Pizza	11 Veteran's Day No School	12 Breakfast Sandwich	13 Mini French Toast
16 Whole Grain Blueberry Muffin Top	17 Breakfast Pizza	18 Strawberry Cream Cheese Stuffed Bagel	19 Breakfast Sandwich	20 Apple Frudel
23 Sausage Stuffed Pancake on a Stick	24 Mini Waffles	25 Thanksgiving Break No School	26 Thanksgiving Break No School	27 Thanksgiving Break No School
30 Cereal Variety				





Available Daily: Fresh and Chilled Fruits, 100% Fruit Juices, Ice Cold NY Milk, Peanut Butter & Jelly Sandwiches, Deli Sandwich of The Day Hummus Cups & Veggie Sticks available daily

Snacks, Beverages, and other A la Carte items are available for purchase

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LUNCH

NOVEMBER 2026

West Canada Valley Elementary

All Complete Meals are Free

Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey Sub w/Lettuce and Tomato Mini Pretzels Carrot Sticks	**3** Crunchy Tacos w/Toppings Buttered Corn	**4** Macaroni & Cheese Steamed Broccoli WG Dinner Roll	**5** Tony's Personal Pizza Chopped Romaine Salad	**6** Chicken Tenders WG Dinner Roll Tater Tots
9 Mini Pancakes Sausage Link Hash Brown Patty Baby Carrots	**10** Soft Shell Tacos w/Toppings Streamed Corn	**11** Veteran's Day No School	**12** Big Daddy Pizza Tossed Salad w/Dressing	**13** Popcorn Chicken WG Dinner Roll Steamed Cauliflower
16 Grilled Cheese w/Tomato Soup Green Peas	**17** Chicken Wrap With Lettuce & Cheese Tater Tots	**18** Roasted Turkey Mashed Potatoes w/Gravy Buttered Corn WG Dinner Roll Fruit Pie	**19** Big Daddy Pizza Tossed Salad w/Dressing	**20** Crispy Chicken Sandwich On a WG Roll Steamed Carrots
23 Parent Teacher Conference Day No Lunch	**24** Parent Teacher Conference Day No Lunch	**25** Thanksgiving Break No School	**26** Thanksgiving Break No School	**27** Thanksgiving Break No School
30 Popcorn Chicken WG Dinner Roll Steamed Broccoli				

Available Daily: Fresh and Chilled Fruits, 100% Fruit Juices,
Ice Cold NY Milk, Peanut Butter & Jelly Sandwiches, Deli Sandwich of The Day
Hummus Cups & Veggie Sticks available daily

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LUNCH

NOVEMBER 2026

West Canada Valley HS/MS

All Complete Meals are Free

Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey Sub w/Lettuce and Tomato Mini Pretzels Carrot Sticks	**3** Crunchy Tacos w/Toppings Fiesta Corn	**4** Macaroni & Cheese Steamed Broccoli WG Dinner Roll	**5** Tony's Personal Pizza Chopped Romaine Salad	**6** Chicken Tenders WG Dinner Roll Tater Tots
9 Mini Pancakes Sausage Link Hash Brown Patty Baby Carrots	**10** Soft Shell Tacos w/Toppings Streamed Corn	**11** Veteran's Day No School	**12** Homemade Pizza Tossed Salad w/Dressing	**13** Popcorn Chicken WG Dinner Roll Steamed Cauliflower
16 Grilled Cheese w/Tomato Soup Green Peas	**17** Chicken Wrap With Lettuce & Cheese Tater Tots	**18** Roasted Turkey Mashed Potatoes w/Gravy Buttered Corn WG Dinner Roll Fruit Pie	**19** Tony's Personal Pizza Tossed Salad w/Dressing	**20** Crispy Chicken Sandwich On a WG Roll Steamed Carrots
23 Hot Meatball Sub Tossed Salad w/Dressing	**24** Ham & Cheese Melt On a WG Roll French Fries	**25** Thanksgiving Break No School	**26** Thanksgiving Break No School	**27** Thanksgiving Break No School
30 Popcorn Chicken WG Dinner Roll Steamed Broccoli				

Available Daily: Fresh and Chilled Fruits, 100% Fruit Juices,
Ice Cold NY Milk, Peanut Butter & Jelly Sandwiches, Deli Sandwich of The Day
Hummus Cups & Veggie Sticks available daily

Snacks, Beverages, and other
A la Carte items are available
for purchase

MY SCHOOL BUCKS
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MySchoolBucks.com

NOVEMBER 2026

West Canada Valley Pre-K Breakfast & Lunch

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cold Cereal Turkey Sub Mini pretzels Carrot sticks	**3** Nutri Grain Bar Taco Beef w/toppings Tortilla Chips Corn	**4** Blueberry Muffin Top Macaroni & Cheese Steamed Broccoli WG Dinner Roll	**5** Mini Waffles English Muffin Pizza Sliced Cucumbers	**6** Yogurt &Graham Crackers Chicken Tenders WG Dinner Roll Tater Tots
9 Cold Cereal French Toast Stick Hash Brown Patty Baby Carrots	**10** Nutri Grain Bar Turkey Rolls + Cheese Stick Goldfish Pretzels Green Beans	**11** Veteran's Day No School	**12** Mini French Toast English Muffin Pizza Sliced Cucumbers	**13** Yogurt &Graham Crackers Popcorn Chicken WG Dinner Roll Cauliflower
16 Cold Cereal Grilled Cheese Green Beans	**17** Nutri Grain Bar Chicken Wrap w/Lettuce & Cheese Green Peas	**18** Mini Pancakes Turkey with Gravy Mashed Potatoes Buttered Corn	**19** Mini Waffles English Muffin Pizza Sliced Cucumbers	**20** Yogurt &Graham Crackers Chicken Tenders WG Dinner Roll Steamed Broccoli
23 Cold Cereal	**24** Plain Bagel with Cream Cheese	**25** Thanksgiving Break No School	**26** Thanksgiving Break No School	**27** Thanksgiving Break No School
30 Cold Cereal Popcorn Chicken WG Dinner Roll Buttered Corn				

All Complete Meals are Free of Charge for All Pre-K Students

Fruit Served daily with Lunch

Complete Meals Include: Breakfast Meals: ¾ c. 1% Milk, ½ c.100% Juice or Fruit, ½ Serving Grain Lunch Meals: ¾ c. 1% Milk, 1.5– 3 oz. Meat/meat alt, ¼ c. Vegetable, ¼ c. Fruit, ½ serving Grain All Pre-K students will be offered the meals each day.