Menu



Monday	November 2, 2026
Alarm Clock Breakfast	Free Range Scrambled Eggs, Center Cut Bacon, Country Potatos
Taste Of Italy	Pappardelle Pasta, Pesto Cream Sauce, Free Chicken, Chef's Salad
Kitchen Table	Beouf Borguignon, Grass Fed Beef, Yukon Gold Potatos, Garlic Bread
Panini	Turkey Hogie, Lettuce, Tomato, Red Onion, Mayo, Mustard, Kettle Chips

Tuesday	November 3, 2026
Alarm Clock Breakfast	Chocolate Chip Pancakes, Breakfast Sausage, Whipped Cream, Maple Syrup
Kitchen Table	Cheese Burger, Lettuce, Tomato, Onion, Wedge Cut fries
Global Adventure	Rosemary Roasted Chicken Breast, Mashed Yukon Gold Potatos, Seasonal Steamed Vegetables
Seasonal Soup And Bread	Loaded Potato Leak Soup, Bacon Bits, Cheddar Cheese, Scallions, Baguette

Wednesday	November 4, 2026
Alarm Clock Breakfast	Denver Frittata, Cage Free Eggs, Black Forest Ham, Bell Peppers, Onion, Cheddar Cheese
Taste Of Home	Linguini Alla Vodka, Fresh Basil, Free Range Chicken Breast, Garlic Bread, Chefs Salad
Market Grill	Grilled Tritip, Mashed Potatos, Rosted Cauliflower
Flat Breads and More	BBQ Chicken Flat Bread, Bacon, Cheddar Cheese, Free Range Chicken, Ranch Dressing

Thursday	November 5, 2026
Alarm Clock Breakfast	Belgian Waffels, Cinnamon Whipped Cream, Pumpkin Compound Butter, Sausage Patties
Passage of India	Chicken Tikka Masala, Jasime Rice, Roasted Seasonal Vegetables, Naan
Izakaya	Beef Udon, Scallion, Soy Marinated Egg, Sauteed Bok Choy
Panini	Grilled Salami And Cheese with Kettle Chips

Friday	November 6, 2026
Alarm Clock Breakfast	Chocolate Overnight Oats, House Made Granola, Fresh Berries
Taste of Italia	Mom's Lasagna, Bolognese, Mozzarella Cheese, Caesar Side Salad
Kitchen Table	Fried Chicken Tenders and Wedge Cut Fries, Seasonal Roasted Vegetables
Flatbread	Crispy Potato Flatbread, Bacon, Garlic Butter, Parmesan

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Isaiah Cortright

707-655-3963

Café/Catering Manager: Evelyn Barela

(916) 737-5062

Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

Today's Grab and Go Special

Monday:

Mixed Green, Cucumber, Tomato, Balsamic Vinegarette

Tuesday:

Spinach and Strawberry Salad, Poppyseed Vinegarette, Free Range Chicken

Wednesday:

Ancient Grains And Greens, Mixed Green Lettuce, Farro, Black Beans, Pomegranite Arils, Citrus Vinegarette

Thursday:

Cobb Salad, Romaine Lettuce, Grilled Chicken, Bacon Bits, Turkey, Boiled Egg, Carrots, Tomatoes, Cucumbers, Bleu Cheese Dressing

Friday:

Chef's Choice Salad

Promotions



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

TOP 50 CONTRACT MANAGEMENT COMPANIES 2023

GREEN CALIFORNIA GREEN BUSINESS NETWORK

EPICUREAN GROUP fresh. honest. local.