

November 2026

North Salem Middle & High School

BREAKFAST MENU

Variety of Seasonal Fruit & Vegetables Offered Daily
100% Fruit Juice, 1% Fat Free, Skim, or Chocolate Milk

All Breakfasts Must Include

Choice Of:
Fruit, 100% Juice

And May Include:
1% Low Fat Milk Or Skim Milk
Hormone Free, No High Fructose Corn Syrup

Available Daily
Whole Grain Assorted Muffins & Cereals, Whole Grain Bagels, Home Made Egg Sandwiches, Yogurt Parfaits, Whole Grain Cereal Bars, Whole Grain Donuts, Pillsbury & Eggo Grab & Go Hot Breakfast

Assorted Fresh Fruit & Fruit Cups

Student First Lunch Free
If student wishes to purchase an additional meal:
Breakfast: $2.25
Lunch: $3.75
Adult Breakfast: $3.05 +tax
Adult Lunch: $5.50 + tax

Food Service Director
Kaycee Czyzak
Foodservice@
northsalemschools.org
914-669-5415 ext:2030

Powering potential.

MON	TUES	WED	THURS	FRI
2 Whole Grain Bagel with Butter or Cream Cheese Fresh Apple 100% Fruit Juice 8 Oz Milk	3 Sausage (Pork), Egg & Cheese on Whole Grain Kaiser Roll Fresh Orange 100% Fruit Juice 8oz Milk	4 Whole Grain French Toast Sticks w Maple Syrup Fresh Pear 100% Fruit Juice 8oz Milk	5 Vanilla Yogurt & Fresh Fruit Parfait Graham Crackers Fresh Banana 100% Fruit Juice 8 oz milk	6 Bacon (Pork), Egg & Cheese On Whole Grain Kaiser Roll Fresh Pear 100% Fruit Juice 8oz Milk
9 Whole Grain Bagel with Butter or Cream Cheese Fresh Apple 100% Fruit Juice 8 Oz Milk	10 Sausage (Pork), Egg & Cheese on Whole Grain Kaiser Roll Fresh Orange 100% Fruit Juice 8oz Milk	11 **Schools Closed Veterans Day** 	12 Vanilla Yogurt & Fresh Fruit Parfait Graham Crackers Fresh Banana 100% Fruit Juice 8 oz milk	13 Bacon (Pork), Egg & Cheese On Whole Grain Bagel Apple Sauce Cup 100% Fruit Juice 8oz Milk
16 Whole Grain Bagel with Butter or Cream Cheese Fresh Apple 100% Fruit Juice 8 Oz Milk	17 Sausage (Pork), Egg & Cheese On Whole Grain Bagel Fresh Orange 100% Fruit Juice 8oz Milk	18 Whole Grain French Toast Sticks w Maple Syrup Fresh Pear 100% Fruit Juice 8oz Milk	19 Vanilla Yogurt & Fresh Fruit Parfait Graham Crackers Fresh Banana 100% Fruit Juice 8 oz milk	20 Bacon (Pork), Egg & Cheese On Whole Grain Wrap Apple Sauce Cup 100% Fruit Juice 8oz Milk
23 Whole Grain Bagel with Butter or Cream Cheese Fresh Apple 100% Fruit Juice 8 Oz Milk	24 Sauage (Pork), Egg & Cheese on Whole Grain Kaiser Roll Fresh Apple 100% Fruit Juice 8oz Milk	25 Whole Grain French Toast Sticks w Maple Syrup Fresh Pear 100% Fruit Juice 8oz Milk	26 **Thanksgiving Day Schools Closed**	27 
30 Whole Grain Bagel With Butter or Cream Cheese Fresh Apple 100% Fruit Juice 8oz Milk				

Menus are subject to change.

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-669-5414 ext 2030



****Need to add money to your Childs account**
*Log on to – ***MySchoolBucks.com***
Or Pay w cash or a check made out to North Salem School Lunch Fund

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This institution is an equal opportunity provider.

All Complete Meals Must Include a Choice of:
Fresh Fruit/Vegetable or 100% Juice
And May Include:
1% Low Fat Milk or Skim Milk

Entrée, Bread/Grain, Vegetable, Fruit/Juice (e.g. Fresh, Cup of Fruit or Juice) and Choice of 1% White or Fat-Free White or Chocolate Milk.

MTO Deli Bar
Choice of Boars Head Ham, Turkey or Buffalo Chicken and Assorted Cheeses on Whole Grain Kaiser, Flat Bread, Tortilla Wrap or Sliced Bread, Assorted Toppings & Dressings

MTO Salads
Romaine or Spring Mix Assorted Toppings & Dressings

Daily Alternate Options
WG Pizza Options, WG Pizza Crunchers, Chicken Patty on WG Roll, Spicy Chicken Patty with Cheese on WG Roll, Cheeseburger on WG Roll, Chicken Nuggets with WG Bread Roll, Yogurt Parfait w Granola, Peanut Butter & Jelly on WG Bread

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Adult Breakfast: $3.05 +tax
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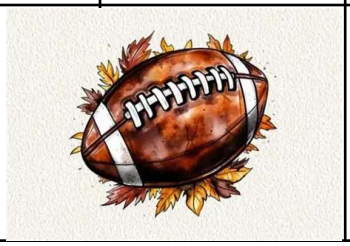
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North Salem Middle & High School

LUNCH MENU

Variety of Seasonal Fruit & Vegetables Offered Daily
100% Fruit Juice, 1% Fat Free, Skim, or Chocolate Milk

MON	TUES	WED	THURS	FRI
2 **Beefy Mac & Cheese** WG Dinner Roll Roasted Broccoli Roasted Cauliflower Fresh Pear	3 **Beef Tacos** Seasoned Ground Beef, WG Soft Shell Tortilla, Salsa, Shredded Cheddar, Salsa, Sour Cream Black Beans Roasted Garbanzo Beans Fresh Apple	4 **Gen Tso Chicken** WG Popcorn Chicken, Vegetable Fried Rice Peas & Carrots Steamed Edamame Fresh Clementine	5 **Brunch For Lunch** Homemade French Toast Pork Sauage, Maple Syrup Hash Browns Baby Carrots Fresh Orange	6 **Meatball Parm** Sandwich on WG Club Roll Marinara Sauce & Melted Mozzarella Steamed Green Beans Roasted Garbanzos Fresh Pear
9 **Crispy Chicken Snack Wrap** Chicken Tenders in WG Wrap, Cheddar Cheese, Shredded Lettuce, Diced Tomatoes & Onion Chipotle Mayo Fresh Clementine	10 **Beef Burrito** Seasoned Ground Beef, Beans, Shredded Cheddar & Rice in WG Tortilla Romaine Salad Fresh Banana	11 **Schools Closed Veterans Day** 	12 **Brunch For Lunch** Homemade Pancakes, Turkey Sausage, Maple Syrup Hash Browns, Cherry Tomatoes Fresh Orange	13 **Chicken Lo Mein** WG Lo Mein Noodle & Grilled Chicken with WG Dinner Roll Roasted Edamame & Broccoli Fresh Orange
16 **"KFC" Popcorn Chicken Bowl** WG Popcorn Chicken, Mashed Potatoes, Sweet Corn, Brown Gravy Fresh Banana	17 **Beef Taco's** Seasoned Ground Beef, Soft Taco Shell, Black Beans, Salsa, Shredded Cheese Sliced Red Peppers Fresh Apple	18 **Pepperoni Calzone featuring Pizza Ranch** Flakey Biscuit Dough Filled w Mozzarella, Parmesan & Pepperoni Side of Pizza Ranch Romaine Salad Apple Slices	19 **Brunch For Lunch** Homemade French Toast Turkey Sauage, Maple Syrup Hash Browns, Cucumber Slices Fresh Strawberries & Fresh Orange	20 **BBQ Pulled Pork Sandwich** WG Bun Siracha Coleslaw Steamed Broccoli Fresh Banana
23 **Chicken Fajitas** Seasoned Chicken Sauteed Peppers & Onions in WG Tortilla Sauteed Zucchini Spicy Corn Fresh Banana	24 **WG Pasta** with Chicken Meatballs in Marinara & WG Dinner Roll Romain Garden Salad Sauteed Carrot Coins Fresh Pear	25 **Half Day** **No Lunch**	26 **Thanksgiving Day** **No School**	27 
30 **Orange Chicken** WG Boneless Chicken With Egg Fried Rice Roasted Green Beans & Cauliflower Fresh Orange				

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All Lunches Include:

Entrée, Bread/Grain, Protein, Choice of Vegetable, Fruit/Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.

All daily fruits & vegetables are available to take with the above cold meals

Food Service Director

Kaycee Czyzak

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