NOVEMBER 2026

Lunch Menu

Mount Vernon City School District • K–8 Elementary Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/02 **Hamburgers or Veggie Burgers** Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sandwich Seasoned Green Beans Pineapple Tidbits	**11/03**  **No Students in Session**	**11/04** **Baked Penne/ Bread Stick** Meatball Parm Sandwich Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sandwich Steam Corn Fresh Strawberries	**11/05** **Cheese or Turkey Pepperoni Pizza** Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sandwich Oven Baked Fries Garden Salad Apple Slices	**11/06** **Beef Nachos** Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sandwich Black Beans Cherry Tomatoes Slice Oranges **National Nachos Day**
11/09 **Crispy Chicken Sandwich** Cheeseburger Turkey & Cheese Sandwich Strawberry Parfait Sun butter & Jelly Sandwich Baked Potato Wedges Lettuce & Slice Tomatoes Diced Peaches **National Fried Chicken Sandwich Day!**	**11/10** **Mac & Cheese w/ Chicken Nuggets** OR Mac & Cheese Turkey & Cheese Sandwich Strawberry Parfait Sun butter & Jelly Sandwich Sweet Peas Red Pepper Strips Apple Slices	**11/11** 	**11/12** **French Toast Sticks w/Turkey Sausage Links OR** Egg & Cheese on a Bagel Turkey & Cheese Sandwich Strawberry Parfait Sun butter & Jelly Sweet Potato Fries Cucumber Coins Orange Slices	**11/13** **Cheese or Turkey Pepperoni Pizza** OR Hamburger Sun butter & Jelly Sandwich Cheese Sandwich Strawberry Parfait Garden Salad Chickpea Salad Pineapple Tidbits
11/16 **Chicken Nuggets** Biscuits Grilled Cheese Sdw w/ Tomato Soup Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Steamed Broccoli Apple Sauce	**11/17** **Beef & Cheese Nachos** Cheese Quesadillas Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Black Beans Fresh Orange	**11/18** **General Tso Chicken or Vegetable Dumplings** Lo Mein Noodles Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Steamed Carrots Red Bell Pepper Strips Apple Slices	**11/19** **Salisbury Steak w/ Gravy** Dinner Roll Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Mash Potatoes Corn on the Cob Fresh Pears	**11/20** **French Bread Pizza OR** Meatball Hero Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Garden Salad Baby Carrots Diced Peaches
11/23 **Hamburger or Stuffed Cheesy Breadsticks** Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sdw Oven Baked Fries Carrots Pineapple Tidbits	**11/24** **Mac & Cheese** Glazed Chicken Drumstick Corn Bread Stuffing Turkey & Cheese Sandwich Peach Parfait Sun butter & Jelly Sdw Sweet Yam Green Beans Cinnamon Baked Apples	**11/25** **Half Day** **Cheese or Turkey Pepperoni Pizza** Carrot Sticks **National Parfait Day**	**11/26** 	**11/27** **NO SCHOOL**
11/30 **Spaghetti w/ Meatballs or LTO: Shoyu Chicken Potsticker Soup with Corn** Turkey & Cheese Sandwich Strawberry Parfait Sun butter & Jelly Sdw Steam Broccoli Diced Peaches				**Milk is available with all meals** **All grains are whole grain rich** ***Please note: This menu may change. Nurses will be notified.***

Choice of Milk Daily:
1% Milk, Fat Free, Fat Free Chocolate
100% Fruit Juice Served Tuesdays and Thursdays

Lunch Components:
Take 3 out of 5, one being Fruit or a Vegetable

FREE Meals for Every Student
All MVCSD students eat their first serving of breakfast and lunch for free, every day.
This institution is an equal opportunity provider.