# NOVEMBER 2026

## Lunch Menu

**Mount Vernon City School District • 9th–12th Grade Secondary Schools**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **11/02**<br>**Meatball Sub**<br>Seasoned Green Beans<br>Pineapple Tidbits | **11/03**<br><br>**No Students in Session** | **11/04**<br>**Salisbury Steak**<br>Dinner Roll<br>Mash Potatoes<br>Corn on the Cob<br>Fresh Oranges | **11/05**<br>**Jerk Chicken**<br>Brown Rice<br>Steam Broccoli<br>Apple Slices | **11/06**<br>**Beef Nachos**<br>Seasoned Black Beans<br>Tomato and Corn Salsa<br>Fresh Pears<br>**National Nachos Day** |
| **11/09**<br>**Crispy Chicken Sandwich**<br>Baked Potato Wedges<br>Lettuce & Slice Tomatoes<br>Diced Peaches<br>**National Fried Chicken Sandwich Day!** | **11/10**<br>**Pasta w/ Meat sauce**<br>Garlic Herb Carrots<br>Apple Slices | **11/11**<br> | **11/12**<br>**Loaded Tater Tots**<br>Beef and Bean Chili<br>Dinner Roll<br>Steam Broccoli<br>Orange Slices | **11/13**<br>**General Tso Popcorn Chicken**<br>Lo Mein<br>Mixed Vegetables<br>Pineapple Tidbits |
| **11/16**<br>**Breaded Chicken Drumsticks**<br>Warm Biscuit<br>Steam Corn<br>Mash Potatoes<br>Fresh Apples | **11/17**<br>**Tortilla Burger Bowl**<br>Sour Cream<br>Tomato and Corn Salsa<br>Black Beans<br>Fresh Orange | **11/18**<br>**Cajun Chicken Alfredo Pasta**<br>Glazed Carrots<br>Apple Slices | **11/19**<br>**BBQ Beef Burger**<br>On a WG Roll<br>Baked Potato Wedges<br>Coleslaw<br>Fresh Pears | **11/20**<br>**Curry Chicken**<br>Brown Rice<br>Steam Broccoli<br>Diced Peaches |
| **11/23**<br>**Orange Chicken**<br>w/ Chicken Egg Roll<br>Vegetable Fried Rice<br>Steam Carrots<br>Pineapple Tidbits | **11/24**<br>**Mac & Cheese**<br>Glazed Chicken Drumstick<br>Corn Bread Stuffing<br>Sweet Yams<br>Green Beans<br>Cinnamon Baked Apples | **11/25**<br>**Half Day**<br>**Chicken Patty Sandwich**<br>OR Hamburger<br>Carrot Sticks<br>**National Parfait Day** | **11/26**<br> | **11/27**<br>**NO SCHOOL** |
| **11/30**<br>**Chicken Alfredo Pasta**<br>Or LTO: Seoul Street Gricia<br>Steam Broccoli<br>Mandarin Oranges | **AVAILABLE DAILY**<br>ASSORTED PARFAITS, PIZZA<br>BURGER BAR:<br>BEEF & CHICKEN OPTIONS<br>TACO BAR:<br>NACHOS, SOFT & HARD SHELLS | **AVAILABLE DAILY**<br>MADE TO ORDER DELI:<br>PANINI, SANDWICHES, WRAPS,<br>SUBS, & FRESH SALADS | | **Milk is available with all meals**<br>**All grains are whole grain rich**<br>***Please note:***<br>***This menu may change.***<br>***Nurses will be notified.*** |

**Choice of Milk Daily:**
1% Milk, Fat Free, Fat Free Chocolate
100% Fruit Juice Served Mondays, Wednesdays and Fridays

**Lunch Components:**
Take 3 out of 5, one being Fruit or a Vegetable

**FREE Meals for Every Student**
All MVCSD students eat their first serving of breakfast and lunch for free, every day.
This institution is an equal opportunity provider.