NOVEMBER 2026

Breakfast Menu

Mount Vernon City School District • K–8 Elementary Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/02 **Trix Cereal Bar** w/ Cinnamon Goldfish Cheese Stick Apple 100% Fruit Juice	**11/03**  **No Students in Session**	**11/04** **Strawberry Pop Tarts** Banana 100% Fruit Juice	**11/05** **Snack'n Maple Waffles** Clementines 100% Fruit Juice	**11/06** **Chocolate Chip Muffin** Granny Smith Apple 100% Fruit Juice
11/09 **Cinnamon Toast Crunch Bar** Graham Crackers Apple 100% Fruit Juice	**11/10** **Banana Bread** Orange 100% Fruit Juice	**11/11**  	**11/12** **Oatmeal Chocolate Chip bar** Banana 100% Fruit Juice	**11/13** **Blueberry Muffin** Orange 100% Fruit Juice
11/16 **Cinnamon Toast Crunch Cereal w/** Cheese Sticks Graham Crackers Orange 100% Fruit Juice	**11/17** **Strawberry Pop Tarts** Apple 100% Fruit Juice	**11/18** **Cinnamon Bun** Orange 100% Fruit Juice	**11/19** **Maple Waffles** Banana 100% Fruit Juice	**11/20** **Chocolate Muffin** Fresh Pears 100% Fruit Juice
11/23 **Coco Puff Cereal** **Cinnamon Goldfish** Apple 100% Fruit Juice	**11/24** **Banana Bread** Pears 100% Fruit Juice	**11/25** **Half Day** **Cinnamon Toast Crunch Cereal Bar** Graham Crackers Oranges 100% Fruit Juice **National Parfait Day**	**11/26**  	**11/27** **NO SCHOOL**
11/30 **Apple Cinnamon Cheerios** w/ Cinnamon Goldfish Cheese Stick Oranges 100% Fruit Juice			**Did you know…** **Breakfast and Lunch are FREE for all students**	**Milk is available with all meals** **All grains are whole grain rich** ***Please note:*** ***This menu may change.*** ***Nurses will be notified.***

Choice of Milk Daily:
1% Milk, Fat Free, Fat Free Chocolate
Juice is 100% Fruit Juice

Students Must Take 3 Breakfast Components:
Grain, Fruit and Milk

FREE Meals for Every Student
All MVCSD students eat their first serving of breakfast and lunch for free, every day.
This institution is an equal opportunity provider.