Oct 29, 2026 | SWAC Meeting #1

Attendees: Andrew Arki, Christine Borning, Christopher Cushman, Jordan Geist, Kari MacRae, Rebecca Esip, Monice Maurice

Notes

- Team members introduced themselves
- Jordan Geist provided an overview of research and resources supporting the strong connection between nutrition, health, and strong academic performance.
- Goals of SWAC committee are connected to our strategic plan
- Team reviewed current wellness policy, which was revised 2 years ago.
- Reviewed various assessment tools

Action items

- [ ] Next meeting - December 10, 2026 3:45
- [ ] Team will engage in Alliance for a Healthier Generation assessment at the December meeting.
- [ ] Team will consider sending Family Survey as part of future actions.