November 2 - November 30 **ALC**

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 W/G Mini Cheese Quesadillas Plantains Fruit Milk - 8oz	**3** W/G Macaroni & Cheese Mixed Vegetables Wheat Dinner Roll Fruit Milk - 8oz	**4** Beef Tacos Shredded Cheddar Cheese W/G Flour Tortillas Vegetarian Beans Fresh Pear Milk -8oz	**5** School Closed	**6** School Closed
9 BBQ Grilled Chicken Fillet on Wheat Bun Seasoned Diced Potatoes Fruit Milk - 8oz	**10** All Beef Hamburger on Wheat Hamburger Bun Sweet Potato Fries Fresh Apple Milk - 8oz	**11** Cheese Lasagna with Spaghetti Sauce Green Beans Whole Wheat Dinner Roll Fresh Pear Milk -8oz	**12** **BREAKFAST FOR LUNCH** French Toast Sticks with Syrup Turkey Sausage Patty Black Bean & Corn Salad Fresh Banana Milk - 8oz	**13** Whole Wheat 3x5 Cheese Pizza Romaine Salad with Dressing Fresh Orange Milk - 8oz
16 Sliced Turkey with Gravy Mashed Potatoes Wheat Dinner Roll Fruit Milk - 8oz	**17** W/G Popcorn Chicken w/ Sweet & Sour Sauce Vegetarian Beans Whole Grain Bread Fresh Apple Milk - 8oz	**18** Beef Meatballs Parmigiana on Wheat Sub Diced Carrots Fresh Pear Milk -8oz	**19** Beef Nachos with Cheddar Cheese Sauce W/G Tortilla Scoops Sliced Cucumbers with Dip Fresh Banana Milk - 8oz	**20** Whole Wheat 3x5 Cheese Pizza Romaine Salad with Dressing Fresh Orange Milk - 8oz
23 W/G Chicken Fingers Vegetarian Beans Whole Grain Bread Fruit Milk - 8oz	**24** W/G Cheese Ravioli with Spaghetti Sauce Corn Whole Grain Bread Fresh Apple Milk - 8oz	**25** All Beef Italian Wheat Sub (Beef Bologna, Beef Salami & American Cheese Sub) Sliced Cucumbers with Dip Fresh Pear Milk-8oz	**26** School Closed Thanksgiving	**27** School Closed
30 W/G Breaded Chicken Patty on Wheat Bun Vegetarian Beans Fruit Milk - 8oz				

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EL USDA es un proveedor y empleador que ofrece igualdad de oportunidades.