Ready to make the most of your health plan?



Stay on top of your benefits with myCigna, Rated #1 for Member Satisfaction with Commercial Health Plan Digital Experiences

MyCigna® makes it easier than ever to understand your plan and take care of your health.[1]

Getting started

- Learn about your plan through guided onboarding and easily invite your spouse to register
- Personalize your profile, including Spanish language preference
- View, print and send ID cards

Finding and accessing care

- Find in-network doctors, dentists, hospitals and medical services
- Compare quality of care information, including verified patient reviews from CignaHealthcare® customers
- View status and track progress of prior authorizations
- Access virtual care directly from your phone or tablet[2]
- See cost estimates for medical procedures
- Compare prescription drug prices for retail and home delivery pharmacies

Managing health and wellness

- Manage and track claims
- View summary of deductibles and out-of-pocket maximums
- Pay bills online and submit claims
- Discover extra savings, wellness programs, and helpful services — all in one place with Perks & Programs
- Set up direct deposit for out-of-network reimbursement
- Order prescriptions and get home delivery, view order history, and more
- Track your spending account balances
- Submit receipts for reimbursement from your Cigna Healthcare HRA and/or FSA
- The Cigna Healthcare wellness experience helps you track progress, complete personalized activities, and earn incentives designed to support your overall well-being

Have a question?

- **Use the AI Assistant.** it has intelligent technology that knows you and your plan.
- **Chat with us live.** Our online representatives are ready to answer your questions.[3]
- **Call us.** Call the number on the back of your ID card 24/7/365.

Visit myCigna today.

Not registered yet? Start Here.

Children under age 13 are not permitted to register for a personal profile at myCigna.com

Download on the App Store | GET IT ON Google Play

Download the myCigna App for your mobile device.[4]
Disponible en Español.

1. Actual myCigna features may vary depending on your plan and customer profile.

2. Cigna Healthcare provides access to virtual care through national telehealth providers as part of your plan. This service is separate from your health plan's network and may not be available in all areas or under all plans. Referrals are not required. Video may not be available in all areas or with all providers. Refer to plan documents for complete description of virtual care services and costs.

3. Chat feature can be accessed through the AI assistant. Live chat is available in English for customers enrolled in certain products or services. Available Mon - Fri, 9am-8pm, ET.

4. The downloading and use of the myCigna Mobile App is subject to the terms and conditions of the App and the online store from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

JD Power 2025 & 2026 U.S. Healthcare Digital Experience Study of customers' overall satisfaction with healthcare websites and mobile apps. Visit jdpower.com/awards for more details.

The Apple logo is a trademark of Apple Inc., registered in the U.S. and other countries. App Store is a registered service mark of Apple Inc. Android and Google Play are trademarks of Google LLC. Amazon, Kindle, Fire and all related logos are trademarks of Amazon.com, Inc., or its affiliates.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group including Cigna Health and Life Insurance Company (Bloomfield, CT), or its affiliates. In Utah, all products and services are provided by Cigna Health and Life Insurance Company (Bloomfield, CT).

cigna healthcare

Offered by Cigna Health and Life Insurance Company or its affiliates.
In Utah, plans are offered by Cigna Health and Life Insurance Company.

999487 06/26 © 2026 Cigna Healthcare. Some content provided under license. SR 70513120-161081197