Say hello to your personal nurse advocate*

Support at no additional cost to you.



Cigna Healthcare® may reach out to offer you the services of a personal nurse advocate, who can help:

- Answer your questions and help you understand what comes next
- Find in-network care and explain your coverage
- Help coordinate appointments and services
- Connect you to programs and support available through your plan
- Be your go-to contact, so you don't have to start over each time

Working with your health care providers

Your personal nurse advocate can work with your health care providers and your health benefits to help coordinate your care more smoothly and efficiently.

Why it matters

You'll have an advocate in your corner, dedicated to understanding your (and your family's) unique situation and helping you move forward with confidence – for as long as you need.

Prefer to call us instead?

You can connect with us when it works for you.

Call XXX.XXX.XXXX (TTY 711), Monday-Friday, XX:XX am–XX:XX pm EST

If you see "Cigna Care Team," please answer.

It could be our care team, reaching out to get you started.

*These nurse advocates hold current nursing licensure in a minimum of one state but are not practicing nursing or providing medical advice in any capacity as a health advocate.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, contact a Cigna Healthcare representative.

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