

November 2026

Eastchester Elementary School | LUNCH MENU

EUFSD EASTCHESTER UNION FREE SCHOOL DISTRICT

FIRST FREE MEAL OF THE DAY INCLUDES:

Fruit/Vegetable: *Fresh fruits, vegetables offered daily (Baby Carrots, Apple slices, and Applesauce)*

Juice: *100% Fruit Juice- Apple, Orange or Fruit Punch*

Milk: *Hormone/Antibiotic Free Skim,1%,Whole, and Low-Fat Chocolate*

Sandwich Meals:

Boars Head cold cuts: Ham, Turkey, Salami, American cheese, SunButter and Jelly, Cheese Sandwich
Choice of WG Bread

Bagel Meal: *Cream Cheese or Butter, yogurt, cheese stick*

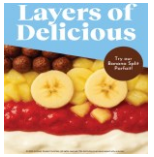
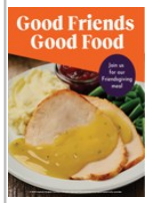
Salad Meal:

Chicken Caesar ,Garden

Pre-order Gluten Free Vegetarian Options upon Request (Contact FSD)

Local Farm Fruit and Vegetables Based on Availability

Non-High Fructose Corn Syrup

MON	TUES	WED	THURS	FRI
2 Boneless Chicken Wings Bread Stick Roasted Sprouts Apple Slice	3 No School Election Day and Superintendent's Conference	4  Waffle Egg Bites Hash Brown Red Pepper 100% Fruit Juice Parfait Day	5 Pasta ,Grilled Chicken Roasted Broccoli Dinner Roll Garbanzo Salad Tangerine	6 Pizza Day Cheese or Pepperoni Spinach Salad Carrot Sticks Applesauce
9 Chicken Teriyaki Fried rice Broccoli Edamame Pineapple	10 Beef Taco Soft tortilla Pinto Beans,Cheddar Cheese Lettuce, Salsa, Sour Cream Cucumber Slice Cantaloupe	11 No School Veteran's Day	12 French Toast Stick Egg Bits Tots Spinach Salad Pear	13 Pizza Day! Cheese or Pepperoni Caesar Salad Baby Carrot Apple Slice
16 Mac and Cheese Broccoli Dinner Roll Cucumber Slice Honeydew	17  Roasted Turkey Breast or Breaded Chicken Drumstick Mashed Potato's, Dinner Roll, Green Beans Orange slice	18 Pizza Day! Cheese or Pepperoni Baby Carrot Tomatoes Cucumber Salad Apple Slice	19 No Lunch Parent/Teacher Conferences	20 No Lunch Parent/Teacher Conferences
23 Chicken Tenders Donuts Holes Green Beans Tomatoes Wedge Grapes / Applesauce	24 Pizza Day! Cheese or Pepperoni Garden Salad Baby Carrot Peach cup	25 No Lunch Early Dismissal	26 	27 
30 				

Yogurt Parfait w/ Fresh Fruit topping and Granola -$3
Fresh Fruit cup 9oz - $2.50
Variety of Healthy Snacks (Veggie sticks, Skinny pop, vegan choices, Annie's Organic bunnies, goldfish, pretzels, pirates' booty, sun chips, baked Chips) $2.00 - $2.75
Gluten Free and Low Sugar Cereal Variety - $2-$3

Beverages:
Small Water - $1 / Large Water - $2
Tropicana Juice- $3.00 Capri sun $2
Horizon Organic milk / Soy milk - $2.50

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234





aramark STUDENT NUTRITION

This institution is an equal opportunity provider.

Menus are subject to change.