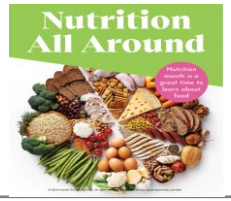
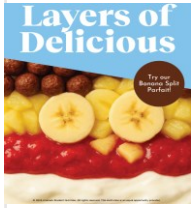
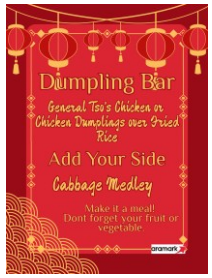
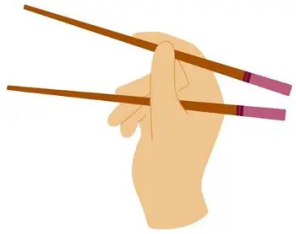
November 2026

Eastchester High School LUNCH MENU [11/2-11/6]

EASTCHESTER UNION FREE SCHOOL DISTRICT
SOARING TO EXCELLENCE



	MON	TUES	WED	THURS	FRI
	BBQ or Hot n' Spicy Boneless Wings Breadstick Brussel Sprouts Celery Stick Apples		Pasta and Meatballs Texas Toast Broccoli Rabe Oranges	Beef Taco Soft Tortilla Salsa, Sour Cream, Guacamole Pinto Beans Celery Sticks Pineapple	Breaded Chicken Sandwich Waffle Fries Spinach Salad Applesauce
GRILL	Chicken and Cheese Or Cheese Quesadilla		Chicken and Cheese Or Cheese Quesadilla	Grilled Cheese	Chicken and Cheese Or Cheese Quesadilla
DELI/ MTO SALAD BAR	Egg Salad on a Roll Chicken Cesear Salad	No School Election Day/ Superintendent Conference	 Parfait Day	Buffalo Chicken Wrap Greek Salad	Chicken Cutlet Pesto Pasta Salad
WEEKLY SPECIAL	Dumpling Bar Protein: General Tso's Chicken or Chicken Dumplings over Fried Rice Side: Cabbage Medley			Dumpling Bar Protein: General Tso's Chicken or Chicken Dumplings over Fried Rice Side: Cabbage Medley	
GRAB-N-GO	Falafel on Pita Veggie of the Day		Chicken and Waffle Veggie of the Day	Philly Cheesesteak Veggie of the Day	Chicken Fries with Chipotle Mayo Dinner Roll Veggie of the Day

FREE MEAL INCLUDES:
Fruit/Vegetable: *Fresh fruits Basket , vegetables of the day and Baby Carrot available daily*
Milk: *Hormone/Antibiotic Free Skim,1%,Whole, and Low-Fat Chocolate,*
Juice: *100% Fruit Juice*

Deli Bar: MTO
Boars Head Ham, Turkey, Salami, Buffalo Chicken, Breaded or Grilled Chicken,
Tuna Salad, American, Cheddar, Provolone,
Swiss and Pepperjack Cheese
Bread: *Variety WG bread Selection Bagel/Roll- Cream Cheese or Butter*

Premade Salads
Meals
Pizza Meal: Cheese or Pepperoni or specialty WG Pizza
Salad Bar: MTO
Grill Meal:
Burger/Cheeseburger, Chicken Patty on WG Bun

A La Carte items:
Yogurt Parfait w/ Fresh Fruit topping and Granola/Overnight Oats
Fresh Fruit cup 9oz
Variety of Healthy Snacks
Variety of Gluten Free and Low Sugar Cereal

Beverages:
Small/Large
Water
Sparkling water
Tropicana
Juice
Gatorade

Gluten Free Options Available
Local Farm Fruit and Vegetables Based on Availability
Non-High Fructose Corn Syrup

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information, please contact your food service director at 914-793-6130 ex. 4234

aramark STUDENT NUTRITION

This institution is an equal opportunity providers

Menus are subject to change