Labatt Produce

FRESH FRUIT AND VEGETABLE PROGRAM

Nutritional Education

LEMONADE APPLES

ABOUT:

- Lemonade apples have a tangy-sweet flavor with a hint of effervescence. They have a crisp texture and are great for snacking or using in recipes!
- The apples' yellow color comes from their Golden Delicious grandparent, which is also a parent variety of Gala apples

NUTRITIONAL INFORMATION:

Like other yellow apples, the variety is a source of potassium, fiber, and vitamin C. Yellow apples also provide small amounts of copper, magnesium, calcium, vitamin E, and other nutrients, including zinc, vitamin K, manganese, and iron!

*This institution is an equal opportunity provider.