BREAKFAST

NOVEMBER 2026

Sailorway Middle School

Breakfast Price SMS & VHS - $2.10 Reduced Price – No Charge
A full breakfast includes: Choice of 2 grains or 1 grain + 1 meat/meat alternate, 2 fruit or juice choices and 1 milk. Students must take 3 of the 4 offered components, one must be a fruit or vegetable.
Menu subject to change - this institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fruit & Yogurt Cup WG Bagel or WG Biscuit Assorted Fruit/Juice Choice of Milk	**3** Egg & Cheese Bagel Sandwich Assorted Fruit/Juice Choice of Milk	**4** Mini Maple Waffles Assorted Fruit/Juice Choice of Milk	**5** Turkey Sausage, Egg & Cheese Stuffed Bagel Sandwich Assorted Fruit/Juice Choice of Milk	**6** Breakfast Burrito Assorted Fruit/Juice Choice of Milk
9 Scrambled Eggs Potato Tots WG Bagel Assorted Fruit/Juice Choice of Milk	**10** Ham & Cheese Croissant Assorted Fruit/Juice Choice of Milk	**11** Cinnamon Glazed French Toast Sticks Assorted Fruit/Juice Choice of Milk	**12** Pancake & Sausage Wrap Assorted Fruit/Juice Choice of Milk	**13** Mini Maple Pancakes Assorted Fruit/Juice Choice of Milk
16 Fruit & Yogurt Cup WG Bagel or WG Biscuit Assorted Fruit/Juice Choice of Milk	**17** Egg & Cheese Bagel Sandwich Assorted Fruit/Juice Choice of Milk	**18** Mini Maple Waffles Assorted Fruit/Juice Choice of Milk	**19** Turkey Sausage, Egg & Cheese Stuffed Bagel Sandwich Assorted Fruit/Juice Choice of Milk	**20** Breakfast Burrito Assorted Fruit/Juice Choice of Milk
23 Scrambled Eggs Potato Tots WG Bagel Assorted Fruit/Juice Choice of Milk	**24** Ham & Cheese Croissant Assorted Fruit/Juice Choice of Milk	**25** No School	**26** No School Happy Thanksgiving	**27** No School
30 Fruit & Yogurt Cup WG Bagel or WG Biscuit Assorted Fruit/Juice Choice of Milk				



Common allergens (milk, egg, tree nuts, wheat, peanuts, soybeans and/or sesame) may be present in several menu offerings that have been prepared in facilities where these items are also processed, please notify staff of allergies and to get more information.

Alternate whole grain breakfast choices: Banana Bread, Pop Tarts, Cereal Bars, Assorted Reduced Sugar Cereals, Mini Donuts and Muffins.