Avonworth School District

MIDDLE/HIGH SCHOOL MENU

November 2026

Melissa Schad, Food Service Director
mschad@avonworth.k12.pa.us

Eat Right, Future Bright!

This institution is an equal opportunity.

Menu Subject to Change

NEW BREAKFAST MENU

BREAKFAST IS FREE TO ALL STUDENTS!

Featured Breakfast Offerings:

Monday: Sausage, Egg & Cheese Croissant
Tuesday: Toasted Bagel with Cream Cheese
Wednesday: Chicken Biscuit
Thursday: Breakfast Pizza
Friday: Donut Day
Daily Feature: Uncrustable Varieties

In addition to the daily offering, the following alternate choices are available daily for breakfast

Students may choose the daily feature or
(1) item from LIST A and/or
(1) item from LIST B in addition to fruit and/or juice and milk for a complete breakfast.

LIST A	LIST B
Assorted Cereal	Hard Cooked Egg
Toaster Pastry	Yogurt Cup
Fruit & Grain Bars	Sunflower Seeds
Assorted Muffins	String Cheese
Straw Mini Loaf	Chicken Stick
Soft Baked Bar	No Nut Butter

Adult Breakfast Price $2.60

wake up! to School Breakfast

ENTREES AVAILABLE DAILY- FRUIT, VEGETABLE & MILK ARE INCLUDED IN MEAL PRICE

Italian Hoagie $3.45 Uncrustable $3.45	Salad of the Month $3.95	Premium Breaded or Spicy Breaded Chicken Sandwich $3.95	Tortilla Chips w/ Hummus, cheese dip and Salsa $3.45	Breakfast Bundle Cereal, Yogurt & Egg $3.45	Grilled, Breaded or Spicy Chicken Salad w/ Roll $3.95

WEEKLY GRAB-N-GO ENTREES- FRUIT, VEGETABLE & MILK ARE INCLUDED IN MEAL PRICE-$3.45

Provide menu feedback & ideas! Send to: mschad@avonworth.k12.pa.us

Order a plant based entrée by 3pm (1) day in advance. Here

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheeseburger	Bacon, Egg & Cheese Croissant	Grilled Cheese Sandwich	BBQ Rib Sandwich	Fish Sandwich
Chicken Nuggets & Goldfish	Mini Corn Dog Bites	Chicken Strips & Goldfish	Mozzarella Cheese Sticks & Sauce	Cook's Choice Panini or Wrap
PLANT BASED ENTREES AVAILABLE DAILY – must be ordered (1) day in advance				
Plant Based Tenders	Chipotle Black Bean Burger	Rebellyous Plant Based Patty Sandwich	Rebellyous Spicy Plant Based Patty Sandwich	Asian Shaker Salad w/ Edamame, Rice and Veggies

	November 2	November 3	November 4	November 5	November 6
Main Entrée (Select 0 or 1) **Did you remember to turn the clock back?**	**Chicken & Waffles** Chicken Drumstick & Waffle ($3.35) **National Stress Awareness Day**	Mandarin Chicken Served with Fried Rice & Egg Roll ($3.85)	**PA Beef to Schools** Scratch Made Sloppy Joe on a Bun w/ Curly Fries ($3.35)	**Korean Cuisine Day!** Bulgogi Beef & Rice Bowl ($3.85)	Big Daddy's Pizza ($($3.35) Quesadilla Pizza ($3.85)
Veggie Choice ***(Select 0, 1 or 2)***	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame Salad Vegetable Juice	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame Salad Vegetable Juice	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame Salad	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame Salad **Korean Kimchi**	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame Salad
Fruit Choice **AMS (Select 0 or 1) AHS (Select 0,1 or 2) Juice -limit 1**	Fresh Grapes Juicy Pineapple Dried Cranberries Applesauce	Fresh Grapes Juicy Pineapple Dried Cranberries Applesauce	Fresh Grapes Juicy Pineapple Dried Cranberries Applesauce 100% Fruit Juice	Fresh Grapes Juicy Pineapple Dried Cranberries Applesauce	Fresh Grapes Juicy Pineapple Dried Cranberries Applesauce 100% Fruit Juice
Milk Choice (Select 0 or 1)	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request

Avonworth School District

MIDDLE/HIGH SCHOOL MENU

November 2026

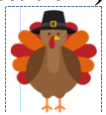
Melissa Schad, Food Service Director

mschad@avonworth.k12.pa.us

This institution is an equal opportunity.

Eat Right, Future Bright!

Menu Subject to Change

Meal/Snack Prices			November 9	November 10	November 11	November 12	November 13
		Main Entrée (Select 0 or 1) 	(10) Pancake & Sausage Bites ($3.35)	**Holiday Meal! We are Thankful for You!** Oven Roasted Turkey Stuffing, Mashed Potatoes & Dinner Roll Holiday Cookie ($3.35)	**Veteran's Day** Nacho Cheese Doritos w/ Seasoned Beef, Shredded Lettuce & Cheddar ($3.35)	**PA Beef to Schools** Rotini w/ Meat Sauce & a Breadstick ($3.35)	Stuffed Crust Pizza ($3.35) or Chicken Cheesesteak Pizza ($3.85) **Celebrate World Kindness Day!**
Paid Lunch	$3.45	***Veggie Choice (Select 0, 1 or 2)***	Baby Carrots Romaine Salad Sliced Cucumbers Cowboy Caviar	Baby Carrots Romaine Salad Sliced Cucumbers Cowboy Caviar Vegetable Juice	Baby Carrots Romaine Salad Sliced Cucumbers Cowboy Caviar	Baby Carrots Romaine Salad Sliced Cucumbers Cowboy Caviar Vegetable Juice	Baby Carrots Romaine Salad Sliced Cucumbers Cowboy Caviar
Premium Lunch	$3.95						
Reduced Lunch	FREE						
Adult Lunch	$4.85						
Milk	$.80	***Fruit Choice*** **AMS (Select 0 or 1) AHS (Select 0,1 or 2) Juice -limit 1**	Fresh Orange Strawberries Raisins Applesauce	Fresh Orange Strawberries Raisins Applesauce	Fresh Orange Strawberries Raisins Applesauce **Patriotic Frozen Juice**	Fresh Orange Strawberries Raisins Applesauce	Fresh Orange Strawberries Raisins Applesauce 100% Fruit Juice
Bottled Water -Large	$1.00						
4oz Juice	$.80						
Switch/Snapple Juiced	$1.75	***Milk Choice (Select 0 or 1)***	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request	1% White Milk Choc, Van & Straw Chocolate Soy Milk Available by Request	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request
Gatorade Zero 12 oz	$2.00						
Propel / Snapple Tea	$2.00		**November 16**	**November 17**	**November 18**	**November 19**	**November 20**
Polar Ades/Seltzer	$.80	***Main Entrée (Select 0 or 1)***	French Tost Sticks w/ Yogurt & Sausage ($3.35)	General Tso Chicken Fried Rice Chicken Pot Stickers ($3.85)	BBQ Pulled Pork Sandwich w/ Pirate Booty! ($3.35) **Apple Cider Day!**	Nashville Hot Chicken Chunks w/ Side of Mac & Cheese & Pickle Chips ($3.85) or Macaroni & Cheese w/ Garlic Breadstick ($3.35)	Big Daddy's Pizza ($3.35) Fiestada Pizza ($3.85)
Turner Tea	$1.00						
Fudge/Confetti/ Grandma Cookies	$1.25	***Veggie Choice (Select 0, 1 or 2)***	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame Vegetable Juice	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame Vegetable Juice	Baby Carrots Romaine Salad Sliced Cucumbers Corn & Edamame **Butternut Crumble**
Kettle Chips/P.Booty	$1.75						
Baked Chips	$1.25	***Fruit Choice*** **AMS (Select 0 or 1) AHS (Select 0,1 or 2) Juice -limit 1**	Apple Slices Mandrin Oranges Dried Mixed Fruit Applesauce	Apple Slices Mandrin Oranges Dried Mixed Fruit Applesauce	Apple Slices Mandrin Oranges Dried Mixed Fruit Applesauce **Local Apple Cider!**	Apple Slices Mandrin Oranges Dried Mixed Fruit Applesauce	Apple Slices Mandrin Oranges Dried Mixed Fruit Applesauce 100% Fruit Juice
Rice Krispie Treat	$1.25						
Fruit Snacks	$.75						
Lunch Entree	$2.70						
		Milk Choice (Select 0 or 1)	1% White Milk 1% Chocolate Milk	1% White Milk 1% Chocolate Milk	1% White Milk 1% Chocolate Milk	1% White Milk 1% Chocolate Milk	1% White Milk 1% Chocolate Milk

Avonworth School District

MIDDLE/HIGH SCHOOL MENU

November 2026

Melissa Schad, Food Service Director

mschad@avonworth.k12.pa.us

This institution is an equal opportunity.

Eat Right, Future Bright!

Menu Subject to Change

		Chocolate Soy Milk Available by Request	Chocolate Soy Milk Available by Request	Chocolate Soy Milk Available by Request	Chocolate Soy Milk Available by Request	Chocolate Soy Milk Available by Request
		November 23	**November 24**	**November 25**	**November 26**	**November 27**
	Main Entrée (Select 0 or 1)	Hot Dog on a Bun w/ Smile Fries ($3.35)	Big Daddy's Pizza ($3.35) Manager's Choice Specialty Pizza ($3.85)			
	Veggie Choice (Select 0, 1 or 2)	Baby Carrots Romaine Salad Sliced Cucumbers Fava Bean Crisps Vegetable Juice	Baby Carrots Romaine Salad Sliced Cucumbers			
	Fruit Choice (Select 0 or 1)	Fresh Fruit Canned Fruit Dried Fruit Applesauce	Fresh Fruit Canned Fruit Dried Fruit Applesauce 100% Fruit Juice			
	Milk Choice (Select 0 or 1)	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request	1% White Milk 1% Chocolate Milk Chocolate Soy Milk Available by Request			



NOVEMBER-WINTER SQUASH

Try our homemade Butternut Squash Crumble on Nov 20th!

PA Beef to Schools Days are

November 4th, 11th &12th!



Thanksgiving Break!

November 25-30