Norwell High Breakfast

Norwell High School

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 2 Bagel 2.5 oz WG Breakfast Bun WG Assorted Muffins WG 3.6oz Donut WG Assorted Cereal WG Mango Wango Juice Fresh Fruit Offered Daily Strawberry Cups Hard Boiled Egg MILK,Skim	Nov 3 Bacon,Egg&CheeseBagel Breakfast Bread Sl wgAsst Bagel 2.5 oz WG Mini Cinni Pull Aparts Assorted Cereal WG MILK,Skim Hard Boiled Egg Mango Wango Juice Fresh Fruit Offered Daily Peaches Fresh Strawberries Yoplait Yogurt Assorted	Nov 4 French Toast Sticks wg Bagel 2.5 oz WG Mini Cinni Pull Aparts Assorted Cereal WG Donut WG MILK,Skim Fresh Fruit Offered Daily Orange Juice Peaches Fresh Melon Cups Warm Maple Syrup Hard Boiled Egg Dannon Yogurt	Nov 5 Bacon,Egg&CheeseBagel Breakfast Bread Sl wgAsst Bagel 2.5 oz WG Assorted Cereal WG Assorted Muffins WG 3.6oz MILK,Skim Hard Boiled Egg Orange Juice Mango Wango Juice Pears Warm Maple Syrup	Nov 6 Dutch Waffle Bagel 2.5 oz WG Assorted Muffins WG 3.6oz Donut WG Assorted Cereal WG Mango Wango Juice Fresh Melon Cups MILK,Skim Warm Maple Syrup
Nov 9 Bagel 2.5 oz WG Breakfast Bun WG Assorted Muffins WG 3.6oz Donut WG Assorted Cereal WG Mango Wango Juice Fresh Fruit Offered Daily Strawberry Cups Hard Boiled Egg MILK,Skim	Nov 10 Bacon,Egg&CheeseBagel Breakfast Bread Sl wgAsst Bagel 2.5 oz WG Mini Cinni Pull Aparts Assorted Cereal WG MILK,Skim Hard Boiled Egg Mango Wango Juice Fresh Fruit Offered Daily Peaches Fresh Strawberries Yoplait Yogurt Assorted	Nov 11 HOLIDAY	Nov 12 Bacon,Egg&CheeseBagel Breakfast Bread Sl wgAsst Bagel 2.5 oz WG Assorted Cereal WG Assorted Muffins WG 3.6oz MILK,Skim Hard Boiled Egg Orange Juice Mango Wango Juice Warm Maple Syrup	Nov 13 Dutch Waffle Bagel 2.5 oz WG Assorted Muffins WG 3.6oz Donut WG Assorted Cereal WG Mango Wango Juice Fresh Melon Cups MILK,Skim Warm Maple Syrup

Nov 16	Nov 17	Nov 18	Nov 19	Nov 20
Bagel 2.5 oz WG Breakfast Bun WG Assorted Muffins WG 3.6oz Donut WG Assorted Cereal WG Mango Wango Juice Fresh Fruit Offered Daily Strawberry Cups Hard Boiled Egg MILK,Skim	Bacon,Egg&CheeseBagel Breakfast Bread Sl wgAsst Bagel 2.5 oz WG Mini Cinni Pull Aparts Assorted Cereal WG MILK,Skim Hard Boiled Egg Mango Wango Juice Fresh Fruit Offered Daily Peaches Fresh Strawberries Yoplait Yogurt Assorted	French Toast Sticks wg Bagel 2.5 oz WG Mini Cinni Pull Aparts Assorted Cereal WG Donut WG MILK,Skim Fresh Fruit Offered Daily Orange Juice Peaches Fresh Melon Cups Warm Maple Syrup Hard Boiled Egg Dannon Yogurt	Bacon,Egg&CheeseBagel Breakfast Bread Sl wgAsst Bagel 2.5 oz WG Assorted Cereal WG Assorted Muffins WG 3.6oz MILK,Skim Hard Boiled Egg Orange Juice Mango Wango Juice Pears Warm Maple Syrup	Dutch Waffle Bagel 2.5 oz WG Assorted Muffins WG 3.6oz Donut WG Assorted Cereal WG Mango Wango Juice Fresh Melon Cups MILK,Skim Warm Maple Syrup
Nov 23	**Nov 24**	**Nov 25**	**Nov 26**	**Nov 27**
Bagel 2.5 oz WG Breakfast Bun WG Assorted Muffins WG 3.6oz Donut WG Assorted Cereal WG Mango Wango Juice Fresh Fruit Offered Daily Strawberry Cups Hard Boiled Egg MILK,Skim	Bacon,Egg&CheeseBagel Breakfast Bread Sl wgAsst Bagel 2.5 oz WG Mini Cinni Pull Aparts Assorted Cereal WG MILK,Skim Hard Boiled Egg Mango Wango Juice Fresh Fruit Offered Daily Peaches Fresh Strawberries Yoplait Yogurt Assorted	French Toast Sticks wg Bagel 2.5 oz WG Mini Cinni Pull Aparts Assorted Cereal WG Donut WG MILK,Skim Fresh Fruit Offered Daily Orange Juice Peaches Fresh Melon Cups Warm Maple Syrup Hard Boiled Egg Dannon Yogurt	HOLIDAY	HOLIDAY
Nov 30				
Bagel 2.5 oz WG Breakfast Bun WG Assorted Muffins WG 3.6oz Donut WG Assorted Cereal WG Mango Wango Juice Fresh Fruit Offered Daily Strawberry Cups Hard Boiled Egg MILK,Skim				

Assorted Milk Offered Daily: 1% White, Skim Milk & FF Chocolate Milk

A variety of fresh fruits and vegetables are offered daily.

Oct 30, 2026