warm pool schedule

Nov. 1 - 7, 2026
Pool schedule subject to change.

SUNDAY

POOL HOURS:
8:00 am - 5:30 pm

8:00 - 9:00 am
Adult Only
Guard on Duty

9:00 - 11:55 am
Lessons Only*

11:55 - 4:00 pm
Open Swim

4:00 - 5:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk
+ Private Lessons*

MONDAY

POOL HOURS:
6:00 am - 8:30 pm

6:00 - 10:15 am
Adult Only
Adult 18 and Over
Swim at Your Own Risk

10:15 - 11:10 am
Arthritis Exercise

11:10 - 4:15 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

4:15 - 5:20 pm
Lessons Only*

5:20 - 7:00 pm
Open Swim

7:00 - 8:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk
+ Private Lessons*

TUESDAY

POOL HOURS:
6:00 am - 8:30 pm

6:00 - 8:05 am
Adult Only
Adult 18 and Over
Swim at Your Own Risk

8:05 - 9:00 am
Ai Chi

9:00 - 10:15 am
Adult Only
Adult 18 and Over
Swim at Your Own Risk

10:15 - 11:15 am
Aqua Yoga

11:15 - 4:00 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

4:00 - 6:35 pm
Lessons Only*

6:35 - 8:00 pm
Open Swim

8:00 - 8:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

WEDNESDAY

POOL HOURS:
6:00 am - 8:30 pm

6:00 - 10:15 am
Adult Only
Adult 18 and Over
Swim at Your Own Risk

10:15 - 11:10 am
Arthritis Exercise

11:10 - 12:15 pm
Open Swim

12:15 - 4:15 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

4:15 - 5:20 pm
Lessons Only*

5:20 - 7:00 pm
Open Swim

7:00 - 8:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

THURSDAY

POOL HOURS:
6:00 am - 8:30 pm

6:00 - 8:05 am
Adult Only
Adultt 18 and Over
Swim at Your Own Risk

8:05 - 9:00 am
Ai Chi

9:00 - 10:15 am
Adult Only
Adult 18 and Over
Swim at Your Own Risk

10:15 - 11:15 am
Aqua Yoga

11:15 - 2:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

2:30 - 4:00 pm
Open Swim

4:00 - 6:30 pm
Lessons Only*

6:30 - 8:00 pm
Open Swim

8:00 - 8:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

FRIDAY

POOL HOURS:
6:00 am - 6:30 pm

6:00 - 10:15 am
Adult Only
Adult 18 and Over
Swim at Your Own Risk

10:15 - 11:10 am
Arthritis Exercise

11:10 - 2:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

2:30 - 6:00 pm
Open Swim

6:00 - 6:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

SATURDAY

POOL HOURS:
8:00 am - 5:30 pm

8:00 - 9:00 am
Adult Only
Adult 18 and Over
Swim at Your Own Risk

9:00 - 10:40 am
Lessons Only*

10:40 - 11:30 am
Open Swim

11:30 - 12:15 pm
Lessons Only*

12:15 - 1:30 pm
Private Rental
Pool Closed

1:30 - 3:30 pm
Open Swim

3:30 - 5:30 pm
Adult Only
Adult 18 and Over
Swim at Your Own Risk

(#) = the number in parentheses notes the number of lanes available

** Indicates that there is a fee to participate.*

Children age 12 & under must pass our swim test or wear a lifejacket to participate in open swim.
Visit: oregonjcc.org/poolrules for our full supervision policy and pool rules.