RAYTOWN CSD #2

Scheduled Menu Plans

RH **Raytown High**

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/4/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,053 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A102	CHICKEN TENDERS 6-12	1	4 TENDERS	30
	Nutrient: Carbohydrate — Value: 25.6541 — Units: g		Nutrient — Value — Units	
1343	ROLL WG DINNER	1	Roll	30
	Nutrient: Carbohydrate — Value: 15.0000 — Units: g		Nutrient — Value — Units	
A022	CHEESEBURGER 6-12	1	1 SANDWICH	50
	Nutrient: Carbohydrate — Value: 31.2680 — Units: g		Nutrient — Value — Units	
A255	PBJ UNCRUSTABLE MEAL MS-HS	1	1 MEAL	20
	Nutrient: Carbohydrate — Value: 47.0000 — Units: g		Nutrient — Value — Units	
A080	SALAD ENTREE 9-12	1	1 SALAD	10
	Nutrient: Carbohydrate — Value: 40.0548 — Units: g		Nutrient — Value — Units	
A005	BAKED BEANS 9-12	1	1 CUP	50
	Nutrient: Carbohydrate — Value: 60.7958 — Units: g		Nutrient — Value — Units	
1107	ORANGES MANDARIN	1	CUP	60
	Nutrient: Carbohydrate — Value: 56.9999 — Units: g		Nutrient — Value — Units	
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient: Carbohydrate — Value: 5.1978* — Units: g		Nutrient — Value — Units	
A210	GRAPE TOMATOES & RANCH	1	1/2 CUP	0
	Nutrient: Carbohydrate — Value: 4.9140 — Units: g		Nutrient — Value — Units	
1027	JUICE 4OZ APPLE	1	EACH	20
	Nutrient: Carbohydrate — Value: 15.9999 — Units: g		Nutrient — Value — Units	

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1028	JUICE 4OZ FRUIT PUNCH	1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE	1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE	1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE	1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/5/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,054 21-22 HS LUNCH W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A216	TANGERINE CHICKEN	1	1 Serving 3.9oz	60

Nutrient	Value	Units
Carbohydrate	25.0000	g

A278	RICE BROWN 9-12	1	1 CUP	60

Nutrient	Value	Units
Carbohydrate	43.1884	g

A117	TACO TRIANGLES	1	1 SERV	30

Nutrient	Value	Units
Carbohydrate	32.0000	g

A038	SUB SANDWICH 6-12	1	1 SANDWICH	5

Nutrient	Value	Units
Carbohydrate	40.0000	g

A080	SALAD ENTREE 9-12	1	1 SALAD	5

Nutrient	Value	Units
Carbohydrate	40.0548	g

A014	BROCCOLI 9-12	1	1 CUP	50

Nutrient	Value	Units
Carbohydrate	8.3625	g

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E-25	SALAD BAR 6-12		1	1 CUP	30
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	5.1978* g			
A210	GRAPE TOMATOES & RANCH		1	1/2 CUP	1
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	4.9140 g			
9091	APPLESAUCE		1	CUP	60
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	29.9999 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1520	JUICE 4OZ ORANGE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.9999 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/6/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,055 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A157	MASHED POTATO BOWL 6-12	1	1 BOWL	50
	Nutrient	**Value Units**	**Nutrient**	**Value Units**
	Carbohydrate	32.7893 g		

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A225	PIZZA CHEESE QUESADILLA		1	1 SLICE	20
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	32.0704	g			
A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	20
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	47.0000	g			
A080	SALAD ENTREE 9-12		1	1 SALAD	10
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	40.0548	g			
A121	CORN 9-12		1	1 CUP	60
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	47.9438	g			
E-25	SALAD BAR 6-12		1	1 CUP	30
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	5.1978*	g			
A210	GRAPE TOMATOES & RANCH		1	1/2 CUP	1
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	4.9140	g			
9060	PEARS DICED		1	CUP	50
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	31.9999	g			
1027	JUICE 4OZ APPLE		1	EACH	20
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	15.9999	g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	14.0000	g			
1029	JUICE 4OZ GRAPE		1	EACH	5
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	21.0000	g			
1017	MILK CHOC FAT FREE		1	CARTON	50
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	24.0000	g			
1019	MILK WHITE FAT FREE		1	CARTON	10
Nutrient	**Value**	**Units**		**Nutrient**	**Value Units**
Carbohydrate	12.0000	g			

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Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/9/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,063 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A283	HS CHICKEN AND WAFFLES	1	1 SERV	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 65.0000 g			
A097	CORNDOG	1	1 CORNDOG	20
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 36.9000 g			
A255	PBJ UNCRUSTABLE MEAL MS-HS	1	1 MEAL	20
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 47.0000 g			
A080	SALAD ENTREE 9-12	1	1 SALAD	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0548 g			
A145	OVEN POTATO FRIES 9-12	1	1 CUP	60
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 30.1735 g			
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 5.1978* g			
A210	GRAPE TOMATOES & RANCH	1	1/2 CUP	1
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 4.9140 g			
9025	PEACHES DICED	1	1/2 CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 14.0000 g			
1027	JUICE 4OZ APPLE	1	EACH	20
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH	1	EACH	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 14.0000 g			

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1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/10/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,064 21-22 HS LUNCH W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A109	GENERAL TSO CHICKEN	1	1 SERVING (3.9OZ	55
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 26.0000 g			
A278	RICE BROWN 9-12	1	1 CUP	55
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 43.1884 g			
A056	JACKED BURGERS	1	1 SANDWICH	35
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 28.4137 g			
A038	SUB SANDWICH 6-12	1	1 SANDWICH	5
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 40.0000 g			
A080	SALAD ENTREE 9-12	1	1 SALAD	5
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 40.0548 g			
A014	BROCCOLI 9-12	1	1 CUP	50
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 8.3625 g			
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 5.1978* g			

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A210	GRAPE TOMATOES & RANCH	1	1/2 CUP		1

Nutrient	Value	Units
Carbohydrate	4.9140	g

1113	PINEAPPLE TIDBITS	1	CUP		50

Nutrient	Value	Units
Carbohydrate	44.0000	g

1027	JUICE 4OZ APPLE	1	EACH		20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH	1	EACH		10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE	1	EACH		5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1520	JUICE 4OZ ORANGE	1	EACH		5

Nutrient	Value	Units
Carbohydrate	12.9999	g

1017	MILK CHOC FAT FREE	1	CARTON		50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE	1	CARTON		10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/11/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,065 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A241	BOSCO STICKS 9-12	1	2 STICK	40

Nutrient	Value	Units
Carbohydrate	55.5317	g

A026	CHICKEN NUGGETS 6-12	1	6 NUGGETS		30

Nutrient	Value	Units
Carbohydrate	17.8443	g

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1343	ROLL WG DINNER		1	Roll	30
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.0000 g			
A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	47.0000 g			
A080	SALAD ENTREE 9-12		1	1 SALAD	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	40.0548 g			
A248	MIXED VEGS FROZEN 9-12		1	1 CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	13.8352 g			
E-25	SALAD BAR 6-12		1	1 CUP	30
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	5.1978* g			
A210	GRAPE TOMATOES & RANCH		1	1/2 CUP	1
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	4.9140 g			
9060	PEARS DICED		1	CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	31.9999 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

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Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/12/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,066 21-22 HS LUNCH W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
F-20	CARNITAS NACHOS	1	1 SERVING	60
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 39.5791 g			
A029	CHICKEN SANDWICH 6-12	1	1 SANDWICH	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 41.5255 g			
A038	SUB SANDWICH 6-12	1	1 SANDWICH	5
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0000 g			
A080	SALAD ENTREE 9-12	1	1 SALAD	5
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0548 g			
A077	REFRIED BEANS 9-12	1	1 CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 29.4231 g			
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 5.1978* g			
A210	GRAPE TOMATOES & RANCH	1	1/2 CUP	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 4.9140 g			
9025	PEACHES DICED	1	CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 28.0000 g			
1027	JUICE 4OZ APPLE	1	EACH	20
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH	1	EACH	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 14.0000 g			

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1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/13/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,067 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A111	K-12 PIZZA CHEESE CRUNCHERS	1	4 CRUNCHERS	25

Nutrient	Value	Units
Carbohydrate	41.0000	g

A094	CHICKEN ALFREDO		1	1 CUP	25

Nutrient	Value	Units
Carbohydrate	29.1906	g

A049	GARLIC TOAST		1	1 SLICE	25

Nutrient	Value	Units
Carbohydrate	11.9998	g

A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	25

Nutrient	Value	Units
Carbohydrate	47.0000	g

A080	SALAD ENTREE 9-12		1	1 SALAD	10

Nutrient	Value	Units
Carbohydrate	40.0548	g

A020	CARROTS GLAZED 9-12		1	1 CUP	50

Nutrient	Value	Units
Carbohydrate	23.1337	g

E-25	SALAD BAR 6-12		1	1 CUP	30

Nutrient	Value	Units
Carbohydrate	5.1978*	g

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A210	GRAPE TOMATOES & RANCH		1	1/2 CUP	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	4.9140 g			
9091	APPLESAUCE		1	CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	29.9999 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/16/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,079 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
F-13	BUFFALO CHICKEN	1	4.5 OZ	60
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 26.8374 g			
1343	ROLL WG DINNER	1	Roll	60
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 15.0000 g			
A066	PIZZA FIESTA	1	1 PIZZA	25
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 40.0179 g			

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A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	47.0000 g			
A080	SALAD ENTREE 9-12		1	1 SALAD	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	40.0548 g			
A151	SWEET POTATOES OVEN ROAST 9-12		1	1 CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	33.8902 g			
E-25	SALAD BAR 6-12		1	1 CUP	30
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	5.1978* g			
A210	GRAPE TOMATOES & RANCH		1	1/2 CUP	1
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	4.9140 g			
9060	PEARS DICED		1	CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	31.9999 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

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Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/17/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,083 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A211	TURKEY CREAMED PREMADE	1	1 SERVING	40
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 2.2400 g			
A197	CHICKEN DRUMSTICK	1	1 DRUMSTICK	40
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 5.0000 g			
1343	ROLL WG DINNER	1	Roll	80
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 15.0000 g			
A039	SUB SANDWICH K-5	1	1 SANDWICH	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0000 g			
A080	SALAD ENTREE 9-12	1	1 SALAD	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0548 g			
A059	MASHED POTATOES 9-12	1	1 CUP	70
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 26.5474 g			
A051	GRAVY CHICKEN	1	2 OZ	25
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 3.0787 g			
A054	GREEN BEANS 9-12	1	1 CUP	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 10.6626 g			
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 5.1978* g			
A210	GRAPE TOMATOES & RANCH	1	1/2 CUP	1
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 4.9140 g			

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A165	APPLE CRISP 9-12		1	1.25 CUP	60

Nutrient	Value	Units
Carbohydrate	100.8696	g

1027	JUICE 4OZ APPLE		1	EACH	20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/18/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,082 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A294	POPCORN CHICKEN 6-12	1	1 SERV	30

Nutrient	Value	Units
Carbohydrate	21.6979	g

1343	ROLL WG DINNER		1	Roll	30

Nutrient	Value	Units
Carbohydrate	15.0000	g

A030	SPICY CHICKEN SANDWICH		1	1 SANDWICH	40

Nutrient	Value	Units
Carbohydrate	43.3893	g

A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	20

Nutrient	Value	Units
Carbohydrate	47.0000	g

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A080	SALAD ENTREE 9-12		1	1 SALAD	10
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	40.0548	g			
A005	BAKED BEANS 9-12		1	1 CUP	50
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	60.7958	g			
E-25	SALAD BAR 6-12		1	1 CUP	30
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	5.1978*	g			
A210	GRAPE TOMATOES & RANCH		1	1/2 CUP	1
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	4.9140	g			
9025	PEACHES DICED		1	CUP	50
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	28.0000	g			
1027	JUICE 4OZ APPLE		1	EACH	20
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	15.9999	g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	14.0000	g			
1029	JUICE 4OZ GRAPE		1	EACH	5
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	21.0000	g			
1017	MILK CHOC FAT FREE		1	CARTON	50
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	24.0000	g			
1019	MILK WHITE FAT FREE		1	CARTON	10
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	12.0000	g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/19/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,080 21-22 HS LUNCH W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity

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A173	CHEESEBURGER HERTZOG		1	1 SANDWICH	55
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	29.9011	g			
A067	PIZZA CHEESE		1	1 PIECE	30
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	32.0000	g			
A038	SUB SANDWICH 6-12		1	1 SANDWICH	5
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	40.0000	g			
A080	SALAD ENTREE 9-12		1	1 SALAD	5
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	40.0548	g			
A248	MIXED VEGS FROZEN 9-12		1	1 CUP	50
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	13.8352	g			
E-25	SALAD BAR 6-12		1	1 CUP	30
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	5.1978*	g			
A210	GRAPE TOMATOES & RANCH		1	1/2 CUP	6
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	4.9140	g			
9052	MIXED FRUIT CANNED		1	CUP	50
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	35.7601	g			
1027	JUICE 4OZ APPLE		1	EACH	20
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	15.9999	g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	14.0000	g			
1029	JUICE 4OZ GRAPE		1	EACH	5
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	21.0000	g			
1017	MILK CHOC FAT FREE		1	CARTON	50
Nutrient	**Value**	**Units**		**Nutrient**	**Value** **Units**
Carbohydrate	24.0000	g			

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Stock Number	Description	Serving Size	Measure	Projected Quantity
1019	MILK WHITE FAT FREE	1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/20/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,081 21-22 HS LUNCH W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A216	TANGERINE CHICKEN	1	1 Serving 3.9oz	60

Nutrient	Value	Units
Carbohydrate	25.0000	g

Stock Number	Description	Serving Size	Measure	Projected Quantity
A278	RICE BROWN 9-12	1	1 CUP	60

Nutrient	Value	Units
Carbohydrate	43.1884	g

Stock Number	Description	Serving Size	Measure	Projected Quantity
A117	TACO TRIANGLES	1	1 SERV	30

Nutrient	Value	Units
Carbohydrate	32.0000	g

Stock Number	Description	Serving Size	Measure	Projected Quantity
A038	SUB SANDWICH 6-12	1	1 SANDWICH	5

Nutrient	Value	Units
Carbohydrate	40.0000	g

Stock Number	Description	Serving Size	Measure	Projected Quantity
A080	SALAD ENTREE 9-12	1	1 SALAD	5

Nutrient	Value	Units
Carbohydrate	40.0548	g

Stock Number	Description	Serving Size	Measure	Projected Quantity
A014	BROCCOLI 9-12	1	1 CUP	50

Nutrient	Value	Units
Carbohydrate	8.3625	g

Stock Number	Description	Serving Size	Measure	Projected Quantity
E-25	SALAD BAR 6-12	1	1 CUP	30

Nutrient	Value	Units
Carbohydrate	5.1978*	g

Stock Number	Description	Serving Size	Measure	Projected Quantity
A210	GRAPE TOMATOES & RANCH	1	1/2 CUP	1

Nutrient	Value	Units
Carbohydrate	4.9140	g

Stock Number	Description	Serving Size	Measure	Projected Quantity
1113	PINEAPPLE TIDBITS	1	CUP	60

Nutrient	Value	Units
Carbohydrate	44.0000	g

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1027	JUICE 4OZ APPLE		1	EACH	20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1520	JUICE 4OZ ORANGE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	12.9999	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 11/30/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,078 21-22 HS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A241	BOSCO STICKS 9-12	1	2 STICK	50

Nutrient	Value	Units
Carbohydrate	55.5317	g

A026	CHICKEN NUGGETS 6-12		1	6 NUGGETS	20

Nutrient	Value	Units
Carbohydrate	17.7290	g

1343	ROLL WG DINNER		1	Roll	20

Nutrient	Value	Units
Carbohydrate	15.0000	g

A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	20

Nutrient	Value	Units
Carbohydrate	47.0000	g

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A080	SALAD ENTREE 9-12		1	1 SALAD	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	40.0548 g			
A020	CARROTS GLAZED 9-12		1	1 CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	23.1337 g			
A210	GRAPE TOMATOES & RANCH		1	1/2 CUP	1
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	4.9140 g			
E-25	SALAD BAR 6-12		1	1 CUP	30
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	5.1978* g			
9052	MIXED FRUIT CANNED		1	CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	35.7601 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1520	JUICE 4OZ ORANGE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.9999 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

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