RAYTOWN CSD #2

Scheduled Menu Plans

CM **Raytown Central Middle School**

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/4/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,005 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A102	CHICKEN TENDERS 6-12	1	4 TENDERS	45
	Nutrient: Carbohydrate — Value: 25.6541 — Units: g		Nutrient — Value — Units	
1343	ROLL WG DINNER	1	Roll	45
	Nutrient: Carbohydrate — Value: 15.0000 — Units: g		Nutrient — Value — Units	
A022	CHEESEBURGER 6-12	1	1 SANDWICH	40
	Nutrient: Carbohydrate — Value: 31.2680 — Units: g		Nutrient — Value — Units	
A255	PBJ UNCRUSTABLE MEAL MS-HS	1	1 MEAL	10
	Nutrient: Carbohydrate — Value: 47.0000 — Units: g		Nutrient — Value — Units	
A079	SALAD ENTREE K-8	1	1 SALAD	4
	Nutrient: Carbohydrate — Value: 37.8469 — Units: g		Nutrient — Value — Units	
A080	SALAD ENTREE 9-12	1	1 SALAD	1
	Nutrient: Carbohydrate — Value: 40.0548 — Units: g		Nutrient — Value — Units	
A004	BAKED BEANS K-8	1	3/4 CUP	50
	Nutrient: Carbohydrate — Value: 45.5968 — Units: g		Nutrient — Value — Units	
A005	BAKED BEANS 9-12	1	1 CUP	5
	Nutrient: Carbohydrate — Value: 60.7958 — Units: g		Nutrient — Value — Units	
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient: Carbohydrate — Value: 5.1978* — Units: g		Nutrient — Value — Units	
1107	ORANGES MANDARIN	1	1/2 CUP	60
	Nutrient: Carbohydrate — Value: 28.5000 — Units: g		Nutrient — Value — Units	

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1107	ORANGES MANDARIN		1	CUP	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	56.9999 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/5/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,015 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A216	TANGERINE CHICKEN	1	1 Serving 3.9oz	60
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 25.0000 g			
A078	RICE BROWN K-8	1	1/2 CUP	55
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 21.5942 g			
A278	RICE BROWN 9-12	1	1 CUP	5
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 43.1884 g			
A117	TACO TRIANGLES	1	1 SERV	30
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 32.0000 g			

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A038	SUB SANDWICH 6-12		1	1 SANDWICH	5

Nutrient	Value	Units
Carbohydrate	40.0000	g

A079	SALAD ENTREE K-8		1	1 SALAD	4

Nutrient	Value	Units
Carbohydrate	37.8469	g

A080	SALAD ENTREE 9-12		1	1 SALAD	1

Nutrient	Value	Units
Carbohydrate	40.0548	g

A013	BROCCOLI K-8		1	3/4 CUP	50

Nutrient	Value	Units
Carbohydrate	6.2719	g

A014	BROCCOLI 9-12		1	1 CUP	10

Nutrient	Value	Units
Carbohydrate	8.3625	g

E-25	SALAD BAR 6-12		1	1 CUP	30

Nutrient	Value	Units
Carbohydrate	5.1978*	g

9091	APPLESAUCE		1	1/2 CUP	50

Nutrient	Value	Units
Carbohydrate	14.9999	g

9091	APPLESAUCE		1	CUP	5

Nutrient	Value	Units
Carbohydrate	29.9999	g

1027	JUICE 4OZ APPLE		1	EACH	20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

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1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	12.0000	g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/6/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,016 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A157	MASHED POTATO BOWL 6-12	1	1 BOWL	50

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	32.7893	g			

A225	PIZZA CHEESE QUESADILLA		1	1 SLICE	30

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	32.9999	g			

A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	15

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	47.0000	g			

A079	SALAD ENTREE K-8		1	1 SALAD	4

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	37.8469	g			

A080	SALAD ENTREE 9-12		1	1 SALAD	1

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	40.0548	g			

A119	CORN FROZEN K-8		1	3/4 CUP	60

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	21.2820	g			

A122	CORN FROZEN 9-12		1	1 CUP	5

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	28.3760	g			

E-25	SALAD BAR 6-12		1	1 CUP	30

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	5.1978*	g			

9060	PEARS DICED		1	1/2 CUP	50

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	16.0000	g			

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9060	PEARS DICED		1	CUP	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	31.9999 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/9/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,008 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A281	MS CHICKEN AND WAFFLES	1	1 SERV	49
	Nutrient	**Value Units**	**Nutrient**	**Value Units**
	Carbohydrate	60.0001 g		
A283	HS CHICKEN AND WAFFLES	1	1 SERV	1
	Nutrient	**Value Units**	**Nutrient**	**Value Units**
	Carbohydrate	65.0000 g		
A097	CORNDOG	1	1 CORNDOG	30
	Nutrient	**Value Units**	**Nutrient**	**Value Units**
	Carbohydrate	36.9000 g		
A255	PBJ UNCRUSTABLE MEAL MS-HS	1	1 MEAL	15
	Nutrient	**Value Units**	**Nutrient**	**Value Units**
	Carbohydrate	47.0000 g		

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A079	SALAD ENTREE K-8		1	1 SALAD	4
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	37.8469 g			
A080	SALAD ENTREE 9-12		1	1 SALAD	1
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	40.0548 g			
A144	OVEN POTATO FRIES K-8		1	3/4 CUP	80
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	22.0546 g			
A145	OVEN POTATO FRIES 9-12		1	1 CUP	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	30.1735 g			
E-25	SALAD BAR 6-12		1	1 CUP	30
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	5.1978* g			
9052	MIXED FRUIT CANNED		1	1/2 CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	17.8800 g			
9052	MIXED FRUIT CANNED		1	CUP	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	35.7601 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

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Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/10/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,009 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A109	GENERAL TSO CHICKEN	1	1 SERVING (3.9OZ	55
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 26.0000 g			
A078	RICE BROWN K-8	1	1/2 CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 21.5942 g			
A278	RICE BROWN 9-12	1	1 CUP	5
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 43.1884 g			
A056	JACKED BURGERS	1	1 SANDWICH	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 28.4137 g			
A038	SUB SANDWICH 6-12	1	1 SANDWICH	5
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0000 g			
A079	SALAD ENTREE K-8	1	1 SALAD	5
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 37.8469 g			
A013	BROCCOLI K-8	1	3/4 CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 6.2719 g			
A014	BROCCOLI 9-12	1	1 CUP	5
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 8.3625 g			
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 5.1978* g			
1113	PINEAPPLE TIDBITS	1	1/2 CUP	60
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 22.0000 g			

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1113	PINEAPPLE TIDBITS		1	CUP	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	44.0000 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/11/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,010 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A010	BOSCO STICKS K-8	1	1 STICK	45
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 28.6879 g			
A241	BOSCO STICKS 9-12	1	2 STICK	5
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 55.5317 g			
A026	CHICKEN NUGGETS 6-12	1	6 NUGGETS	30
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 17.7290 g			
1343	ROLL WG DINNER	1	Roll	30
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 15.0000 g			

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A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	15
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	47.0000 g			
A079	SALAD ENTREE K-8		1	1 SALAD	4
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	37.8469 g			
A080	SALAD ENTREE 9-12		1	1 SALAD	1
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	40.0548 g			
A245	MIXED VEGS FROZEN K-8		1	3/4 CUP	40
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	10.7607 g			
A245	MIXED VEGS FROZEN K-8		1	3/4 CUP	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	10.7607 g			
E-25	SALAD BAR 6-12		1	1 CUP	30
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	5.1978* g			
9060	PEARS DICED		1	1/2 CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	16.0000 g			
9060	PEARS DICED		1	CUP	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	31.9999 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			

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1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	12.0000	g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/12/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,011 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
F-20	CARNITAS NACHOS	1	1 SERVING	50

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	39.5791	g			

A029	CHICKEN SANDWICH 6-12		1	1 SANDWICH	35

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	41.5179	g			

A038	SUB SANDWICH 6-12		1	1 SANDWICH	5

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	40.0000	g			

A079	SALAD ENTREE K-8		1	1 SALAD	4

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	37.8469	g			

A080	SALAD ENTREE 9-12		1	1 SALAD	1

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	40.0548	g			

A076	REFRIED BEANS K-8		1	3/4 CUP	50

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	23.0072	g			

A077	REFRIED BEANS 9-12		1	1 CUP	5

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	29.4231	g			

E-25	SALAD BAR 6-12		1	1 CUP	30

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	5.1978*	g			

9025	PEACHES DICED		1	1/2 CUP	50

Nutrient	Value	Units	Nutrient	Value	Units
Carbohydrate	14.0000	g			

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9025	PEACHES DICED		1	CUP	5

Nutrient	Value	Units
Carbohydrate	28.0000	g

1027	JUICE 4OZ APPLE		1	EACH	20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/13/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,012 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A111	K-12 PIZZA CHEESE CRUNCHERS	1	4 CRUNCHERS	50

Nutrient	Value	Units
Carbohydrate	41.0000	g

A094	CHICKEN ALFREDO		1	1 CUP	25

Nutrient	Value	Units
Carbohydrate	29.1906	g

A049	GARLIC TOAST		1	1 SLICE	25

Nutrient	Value	Units
Carbohydrate	11.9998	g

A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	20

Nutrient	Value	Units
Carbohydrate	47.0000	g

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A079	SALAD ENTREE K-8		1	1 SALAD	5

Nutrient	Value	Units
Carbohydrate	37.8469	g

A080	SALAD ENTREE 9-12		1	1 SALAD	1

Nutrient	Value	Units
Carbohydrate	40.0548	g

A019	CARROTS GLAZED K-8		1	3/4 CUP	50

Nutrient	Value	Units
Carbohydrate	17.2109	g

A020	CARROTS GLAZED 9-12		1	1 CUP	5

Nutrient	Value	Units
Carbohydrate	23.1337	g

E-25	SALAD BAR 6-12		1	1 CUP	30

Nutrient	Value	Units
Carbohydrate	5.1978*	g

9091	APPLESAUCE		1	1/2 CUP	50

Nutrient	Value	Units
Carbohydrate	14.9999	g

9091	APPLESAUCE		1	CUP	5

Nutrient	Value	Units
Carbohydrate	29.9999	g

1027	JUICE 4OZ APPLE		1	EACH	20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

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Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/16/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,014 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
F-13	BUFFALO CHICKEN	1	4.5 OZ	60
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 26.8374 g			
1343	ROLL WG DINNER	1	Roll	60
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 15.0000 g			
A066	PIZZA FIESTA	1	1 PIZZA	25
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0179 g			
A255	PBJ UNCRUSTABLE MEAL MS-HS	1	1 MEAL	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 47.0000 g			
A079	SALAD ENTREE K-8	1	1 SALAD	4
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 37.8469 g			
A080	SALAD ENTREE 9-12	1	1 SALAD	1
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0548 g			
A150	SWEET POTATOES OVEN ROAST K-8	1	3/4 CUP	40
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 25.7860 g			
A151	SWEET POTATOES OVEN ROAST 9-12	1	1 CUP	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 33.8902 g			
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 5.1978* g			
9060	PEARS DICED	1	1/2 CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 16.0000 g			

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9060	PEARS DICED		1	CUP	5

Nutrient	Value	Units
Carbohydrate	31.9999	g

1027	JUICE 4OZ APPLE		1	EACH	20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/17/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,017 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A211	TURKEY CREAMED PREMADE	1	1 SERVING	50

Nutrient	Value	Units
Carbohydrate	2.2400	g

A197	CHICKEN DRUMSTICK		1	1 DRUMSTICK	40

Nutrient	Value	Units
Carbohydrate	5.0000	g

1343	ROLL WG DINNER		1	Roll	70

Nutrient	Value	Units
Carbohydrate	15.0000	g

A079	SALAD ENTREE K-8		1	1 SALAD	10

Nutrient	Value	Units
Carbohydrate	37.8469	g

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A058	MASHED POTATOES K-8		1	3/4 CUP	70

Nutrient	Value	Units
Carbohydrate	21.2379	g

A051	GRAVY CHICKEN		1	2 OZ	25

Nutrient	Value	Units
Carbohydrate	3.0787	g

A053	GREEN BEANS K-8		1	3/4 CUP	40

Nutrient	Value	Units
Carbohydrate	8.0517	g

E-25	SALAD BAR 6-12		1	1 CUP	30

Nutrient	Value	Units
Carbohydrate	5.1978*	g

A164	APPLE CRISP K-12		1	3/4 CUP	70

Nutrient	Value	Units
Carbohydrate	25.7762	g

1027	JUICE 4OZ APPLE		1	EACH	20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1520	JUICE 4OZ ORANGE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	12.9999	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/18/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,018 21-22 MS LUNCH W3D1
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity
A104	POPCORN CHICKEN K-5	1	1 SERV	40
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 15.7482 g			
A294	POPCORN CHICKEN 6-12	1	1 SERV	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 21.6979 g			
1343	ROLL WG DINNER	1	Roll	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 15.0000 g			
A030	SPICY CHICKEN SANDWICH	1	1 SANDWICH	35
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 43.3893 g			
A255	PBJ UNCRUSTABLE MEAL MS-HS	1	1 MEAL	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 47.0000 g			
A079	SALAD ENTREE K-8	1	1 SALAD	4
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 37.8469 g			
A080	SALAD ENTREE 9-12	1	1 SALAD	1
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0548 g			
A004	BAKED BEANS K-8	1	3/4 CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 45.5968 g			
A005	BAKED BEANS 9-12	1	1 CUP	5
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 60.7958 g			
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 5.1978* g			
9025	PEACHES DICED	1	1/2 CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 14.0000 g			

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9025	PEACHES DICED		1	CUP	10

Nutrient	Value	Units
Carbohydrate	28.0000	g

1027	JUICE 4OZ APPLE		1	EACH	20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE		1	EACH	5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/19/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,013 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A173	CHEESEBURGER HERTZOG	1	1 SANDWICH	60

Nutrient	Value	Units
Carbohydrate	29.9011	g

A067	PIZZA CHEESE		1	1 PIECE	30

Nutrient	Value	Units
Carbohydrate	32.0000	g

A038	SUB SANDWICH 6-12		1	1 SANDWICH	5

Nutrient	Value	Units
Carbohydrate	40.0000	g

A079	SALAD ENTREE K-8		1	1 SALAD	4

Nutrient	Value	Units
Carbohydrate	37.8469	g

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A080	SALAD ENTREE 9-12	1	1 SALAD		1

Nutrient	Value	Units
Carbohydrate	40.0548	g

A245	MIXED VEGS FROZEN K-8	1	3/4 CUP		40

Nutrient	Value	Units
Carbohydrate	10.7607	g

A248	MIXED VEGS FROZEN 9-12	1	1 CUP		10

Nutrient	Value	Units
Carbohydrate	13.8352	g

E-25	SALAD BAR 6-12	1	1 CUP		30

Nutrient	Value	Units
Carbohydrate	5.1978*	g

9052	MIXED FRUIT CANNED	1	1/2 CUP		50

Nutrient	Value	Units
Carbohydrate	17.8800	g

9052	MIXED FRUIT CANNED	1	CUP		10

Nutrient	Value	Units
Carbohydrate	35.7601	g

1027	JUICE 4OZ APPLE	1	EACH		20

Nutrient	Value	Units
Carbohydrate	15.9999	g

1028	JUICE 4OZ FRUIT PUNCH	1	EACH		10

Nutrient	Value	Units
Carbohydrate	14.0000	g

1029	JUICE 4OZ GRAPE	1	EACH		5

Nutrient	Value	Units
Carbohydrate	21.0000	g

1017	MILK CHOC FAT FREE	1	CARTON		50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE	1	CARTON		10

Nutrient	Value	Units
Carbohydrate	12.0000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/20/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,019 21-22 MS LUNCH W3D1
Menu Comments:

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* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

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Stock Number	Description	Serving Size	Measure	Projected Quantity
A216	TANGERINE CHICKEN	1	1 Serving 3.9oz	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 25.0000 g			
A078	RICE BROWN K-8	1	1/2 CUP	45
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 21.5942 g			
A278	RICE BROWN 9-12	1	1 CUP	5
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 43.1884 g			
A117	TACO TRIANGLES	1	1 SERV	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 32.0000 g			
A255	PBJ UNCRUSTABLE MEAL MS-HS	1	1 MEAL	15
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 47.0000 g			
A079	SALAD ENTREE K-8	1	1 SALAD	4
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 37.8469 g			
A080	SALAD ENTREE 9-12	1	1 SALAD	1
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 40.0548 g			
A013	BROCCOLI K-8	1	3/4 CUP	50
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 6.2719 g			
A014	BROCCOLI 9-12	1	1 CUP	10
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 8.3625 g			
E-25	SALAD BAR 6-12	1	1 CUP	30
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 5.1978* g			
1113	PINEAPPLE TIDBITS	1	1/2 CUP	60
	Nutrient **Value** **Units**		**Nutrient** **Value** **Units**	
	Carbohydrate 22.0000 g			

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1113	PINEAPPLE TIDBITS		1	CUP	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	44.0000 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1017	MILK CHOC FAT FREE		1	CARTON	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	24.0000 g			
1019	MILK WHITE FAT FREE		1	CARTON	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.0000 g			

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/30/2026 **Feeding Figure:** 100
Base Menu Plan: 1,094,020 21-22 MS LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A010	BOSCO STICKS K-8	1	1 STICK	45
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 28.6879 g			
A241	BOSCO STICKS 9-12	1	2 STICK	5
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 55.5317 g			
A026	CHICKEN NUGGETS 6-12	1	6 NUGGETS	30
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 17.7290 g			
1343	ROLL WG DINNER	1	Roll	30
	Nutrient **Value Units**		**Nutrient** **Value Units**	
	Carbohydrate 15.0000 g			

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A255	PBJ UNCRUSTABLE MEAL MS-HS		1	1 MEAL	15
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	47.0000 g			
A079	SALAD ENTREE K-8		1	1 SALAD	4
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	37.8469 g			
A080	SALAD ENTREE 9-12		1	1 SALAD	1
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	40.0548 g			
A019	CARROTS GLAZED K-8		1	3/4 CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	11.9520 g			
A020	CARROTS GLAZED 9-12		1	1 CUP	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	23.1337 g			
E-25	SALAD BAR 6-12		1	1 CUP	30
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	5.1978* g			
9052	MIXED FRUIT CANNED		1	1/2 CUP	50
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	17.8800 g			
9052	MIXED FRUIT CANNED		1	CUP	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	35.7601 g			
1027	JUICE 4OZ APPLE		1	EACH	20
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	15.9999 g			
1028	JUICE 4OZ FRUIT PUNCH		1	EACH	10
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	14.0000 g			
1029	JUICE 4OZ GRAPE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	21.0000 g			
1520	JUICE 4OZ ORANGE		1	EACH	5
	Nutrient	**Value Units**		**Nutrient**	**Value Units**
	Carbohydrate	12.9999 g			

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1017	MILK CHOC FAT FREE		1	CARTON	50

Nutrient	Value	Units
Carbohydrate	24.0000	g

1019	MILK WHITE FAT FREE		1	CARTON	10

Nutrient	Value	Units
Carbohydrate	12.0000	g

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