

Middle School Menus November 2026

Reminders For Families

All students eat meals at no cost again this year.

Every complete meal we serve comes with choice of entree, garden bar, and your choice of low fat white or nonfat chocolate milk.

To make a lunch, choose at least one fruit/juice or veggie, and 3 to 5 items (grain, milk, protein, fruit/juice, veggie) total.



Instead of canned cranberry sauce, try making your own!



It's quick, simple, and gives you the option to add less sugar per serving.



This institution is an equal opportunity provider and employer.

Monday, Nov. 2

Breakfast

Cheesy Breadsticks
or
Hot Oatmeal w/
Berries
or
Continental
Breakfast

Lunch

Breakfast For Lunch
(French Toast,
Hashbrown & Yogurt)
or
Turkey & Cheese
Sandwich
or
Taco Salad

Tuesday, Nov. 3

Breakfast

Egg-Cellent Bites
With Sausage
or
Mini Pancakes
or
Continental
Breakfast

Lunch

Cheese Pizza
or
Beef & Cheese Taco
or
Chef Salad

Wednesday, Nov. 4

Breakfast

Fiesta Breakfast
Burrito
or
Cereal
or
Continental
Breakfast

Lunch

Bean & Cheese
Pupusa
or
Cheeseburger
or
Chicken Caesar Salad

Thursday, Nov. 5

Breakfast

Taquito with Potato
& Cheese
or
Happy Hard Boil
Egg
or
Continental
Breakfast

Lunch

Cheesy Breadsticks
or
Turkey & Gravy
Mashed Potatoes
or
Mediterranean Salad

Friday, Nov. 6

Breakfast

Cinnamon Roll
or
Cereal
or
Continental
Breakfast

Lunch

Bean & Cheese
Burrito
or
Crunchy Fish
Sticks & Chips
or
Asian Chicken Salad

Cookie

Monday, Nov. 9

Breakfast

Sunrise Breakfast
Sandwich
or
Cereal
or
Continental
Breakfast

Lunch

Breakfast For Lunch
(French Toast,
Hashbrown & Yogurt)
or
Beef Chilli & Beans
or
Taco Salad

Tuesday, Nov. 10

Breakfast

Yogurt Parfait
or
Scone
or
Continental
Breakfast

Lunch

Cheese Pizza
or
Chicken Taco
or
Chef Salad

Wednesday, Nov. 11



No School

Thursday, Nov. 12

Breakfast

Egg-Cellent Bites w/
Sausage & Cheese
or
Cinni Minis
or
Continental
Breakfast

Lunch

Cheesy Breadsticks
or
Orange Chiken Rice
Bowl
or
Mediterranean Salad

Friday, Nov. 13

Breakfast

French Toast Sticks
or
Cereal
or
Continental
Breakfast

Lunch

Grilled Cheese
Sandwich
or
Chicken Tenders
or
Asian Chicken Salad

Cookie

Monday, Nov. 16	Tuesday, Nov. 17	Wednesday, Nov. 18	Thursday, Nov. 19	Friday, Nov. 20
<u>Breakfast</u> Cheesy Breadsticks or Hot Oatmeal w/ Berries or Continental Breakfast	<u>Breakfast</u> Egg-Cellent Bites With Sausage or Mini Pancakes or Continental Breakfast	<u>Breakfast</u> Fiesta Breakfast Burrito or Cereal or Continental Breakfast	<u>Breakfast</u> Taquito with Potato & Cheese or Happy Hard Boil Egg or Continental Breakfast	<u>Breakfast</u> Cinnamon Roll or Cereal or Continental Breakfast
<u>Lunch</u> Breakfast For Lunch (French Toast, Hashbrown & Yogurt) or Turkey & Cheese Sandwich or Taco Salad	<u>Lunch</u> Cheese Pizza or Beef & Cheese Taco or Chef Salad	<u>Lunch</u> Bean & Cheese Pupusa or Cheeseburger or Chicken Caesar Salad	<u>Lunch</u> Cheesy Breadsticks or Turkey & Gravy Mashed Potatoes or Mediterranean Salad	<u>Lunch</u> Bean & Cheese Burrito or Crunchy Fish Sticks & Chips or Asian Chicken Salad Cookie

Enjoy your holiday!
Monday, Nov. 23 - Friday, Nov. 27



Monday, Nov. 30				
<u>Breakfast</u> Cheesy Breadsticks or Hot Oatmeal w/ Berries or Continental Breakfast				
<u>Lunch</u> Breakfast For Lunch (French Toast, Hashbrown & Yogurt) or Turkey & Cheese Sandwich or Taco Salad				