RALLY CAFE BREAKFAST

LISD aramark

November 2026

Offered Daily: Waffle Bar, Bagel & Cream Cheese, Assorted Cereal, Cheese, & Toast (V)
All meals offered with choice of fruit, juice, and milk (1% white or skim chocolate)
(V) Denotes vegetarian item (P) Denotes pork item
Bolded items indicate high-protein breakfast option

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Sausage Breakfast Pizza** Glazed Donut (V) Strawberry Parfait with Cinnamon Toast (V)	3 **No School**	4 **Egg & Cheese Croissant** (V) Glazed Cinnamon Roll (V) Strawberry Parfait with Cinnamon Toast (V)	5 **Country Chicken Biscuit** Dutch Waffle (V) Strawberry Parfait with Cinnamon Toast (V)	6 **Sausage & Cheese Melt** French Toast Sticks (V) Strawberry Parfait with Cinnamon Toast (V)
9 Pumpkin Spice Donut Holes (V) **Turkey Pancake Wrap** Blueberry Parfait with Cinnamon Toast (V)	10 **Sausage & Cheese Kolache** Pumpkin Chocolate Chip Muffin (V) Blueberry Parfait with Cinnamon Toast (V)	11 **Egg & Cheese English Muffin** (V) French Toast Sticks (V) Blueberry Parfait with Cinnamon Toast (V)	12 **Tex Mex Chorizo Frittata** Caramel Mini Cinnis (V) Blueberry Parfait with Cinnamon Toast (V) (V)	13 *Parfait Day* Strawberry Trix Yogurt Parfait (V) Sausage Breakfast Pizza Pancakes (V)
16 **Egg & Cheese Croissant** (V) Glazed Donut (V) Strawberry Parfait with Cinnamon Toast (V)	17 **Turkey Pancake Wrap** Chocolate Banana Muffin (V) Strawberry Parfait with Cinnamon Toast (V)	18 **Country Chicken Biscuit** Dutch Waffle (V) Strawberry Parfait with Cinnamon Toast (V)	19 **Egg & Bacon English Muffin** French Toast Sticks (V) Strawberry Parfait with Cinnamon Toast (V)	20 **Sausage Kolache** Glazed Cinnamon Roll (V) Strawberry Parfait with Cinnamon Toast (V)
23	24	25	26	27
No School – Thanksgiving Break				
30 **Turkey Pancake Wrap** Pumpkin Spice Glazed Donut (V) Blueberry Parfait with Cinnamon Toast (V)				

For questions about allergens and ingredients ,contact your cafeteria manager or district dietitian at 469-948-2012

This institution is an equal opportunity provider.