coolcaf
FOOD • FUN • FRIENDS

LISD aramark

BREAKFAST MENU

November 2026

Offered Daily: Assorted Cereal, Cheese, Toast (V)
All meals offered with a choice of fruit and milk (1% white and skim chocolate)
(V) Denotes made without meat item (P) Denotes pork item
Bolded items indicate high-protein breakfast option

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Sausage Breakfast Pizza** Confetti Mini Pancakes (V) Strawberry Parfait with Cinnamon Toast (V)	3 **No School**	4  Glazed Cinnamon Roll (V) **Egg & Cheese Croissant** (V) Strawberry Parfait with Cinnamon Toast (V)	5 **Country Chicken Biscuit** Dutch Waffle (V) Strawberry Parfait with Cinnamon Toast (V)	6 **Sausage & Cheese Melt** French Toast Sticks (V) Strawberry Parfait with Cinnamon Toast (V)
 9 Donut Day Pumpkin Spice Donut Holes (V) **Turkey Pancake Wrap** Vanilla Yogurt & Goldfish Grahams (V)	10 **Sausage & Cheese Kolache** Pumpkin Chocolate Chip Muffin (V) Vanilla Yogurt & Goldfish Grahams (V)	 11 Waffle Wednesday **Egg & Cheese English Muffin** (V) Eggoji Waffles (V) Vanilla Yogurt & Goldfish Grahams (V)	12 **Tex Mex Chorizo Frittata** Caramel Mini Cinnis (V) Vanilla Yogurt & Goldfish Grahams (V)	13 *Parfait Day* Strawberry Trix Yogurt Parfait (V) **Sausage Breakfast Pizza** Pancakes (V)
16 **Egg & Cheese Croissant** (V) French Toast Sticks (V) Strawberry Yogurt & Goldfish Grahams (V)	17 **Turkey Pancake Wrap** Banana Chocolate Muffin (V) Strawberry Yogurt & Goldfish Grahams (V)	18 **Country Chicken Biscuit** Dutch Waffle (V) Strawberry Yogurt & Goldfish Grahams (V)	19 **Bacon & Egg English Muffin** Chocolate Crescent (V) Strawberry Yogurt & Goldfish Grahams (V)	 20 Glazed Cinnamon Roll (V) **Sausage Kolache** Strawberry Yogurt & Goldfish Grahams (V)
23	24	25	26	27
No School – Thanksgiving Break				
 30 Donut Day Pumpkin Spice Glazed Donut (V) Turkey Pancake Wrap Vanilla Yogurt & Goldfish Grahams (V)				

For questions about allergens and ingredients, contact your cafeteria manager or district dietitian at 469-948-2012

This institution is an equal opportunity provider.