This is the KES Way
Kindness Effort Safety

Killingworth Elementary School

November 2026

Regional School District #17



Dennis Reed
Principal



Important Dates

1	Daylight Saving Time ends
2	Picture Retakes
3	Election Day—**No School**
4	PTO Meeting 7pm
10	Veterans Day Assembly
10	Third Grade Book Club
11	Veterans Day—**No School**
12	Third Grade Book Club
17	Third Grade Book Club
18	BOE Meeting
18	PTO Family Fun Night Bingo 6pm
19	Third Grade Book Club
24	PTO Meeting ~ 7pm
25	Minimum Day (**No Preschool**)
26-27	Thanksgiving Recess– **No School**



Safety Reminder

If KES ever needs to be evacuated in case of an emergency, the students will be transferred by bus to the H-K Intermediate/Middle School. Their main office phone number is 860-663-1241.
WWW.RSD17.ORG

Dear KES Families,

As we move into November, I want to take a moment to reflect on what a wonderful start we have had to the school year and to share some exciting updates from around our school community.

Veterans Day Celebration
We are looking forward to honoring our local Veterans with a special program on November 10th. Each grade level will take part by performing or sharing a tribute to express our appreciation for those who have served our country. It is always a meaningful and memorable event for our students and Veterans.

Parent-Teacher Conferences
Thank you to all who attended **Parent-Teacher Conferences** this month! We had excellent participation, and our teachers truly enjoyed connecting with families to discuss student progress. We are so proud of the growth our students have already made in such a short amount of time and look forward to continued learning and success throughout the year.

Attendance Matters
We are pleased to share that our **attendance data is strong** so far this year. Regular attendance is one of the most important factors in a child's academic success. If you are ever unsure whether your child should come to school due to illness, please reach out to Mrs. Griswold, who can help you decide what's best.

Season of Thanks
As we head into the **Thanksgiving season**, we want to extend our gratitude to all of our families for your continued support and partnership. We are thankful for our wonderful students, dedicated staff, and the caring KES community that makes our school such a special place to learn and grow.

Wishing everyone a Happy Thanksgiving!

Dennis Reed
Principal



KILLINGWORTH ELEMENTARY SCHOOL NOVEMBER 2026

BREAKFAST NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Cereal, Applesauce, Juice, Milk	3. **Professional Development Day No school for students** 	4. Muffin Peaches, Juice, Milk	**5.** WG Apple Frudel Strawberries, Juice, Milk	**6.** WG Bagel Applesauce, Juice, Milk
9. Cereal, Applesauce, Juice, Milk 	10. WG Sweet Potato Roll, Sliced Apples, Juice, Milk	11 **VETERANS DAY NO SCHOOL** 	12 WG Apple Frudel Strawberries, Juice, Milk	13. WG Bagel Applesauce, Juice, Milk
16. Cereal, Applesauce, Juice, Milk	17. WG Sweet Potato Roll, Sliced Apples, Juice, Milk	18 Muffin Peaches, Juice, Milk	19. WG Apple Frudel Strawberries, Juice, Milk	20. WG Bagel Applesauce, Juice, Milk
23. Cereal, Applesauce, Juice, Milk	24. WG Sweet Potato Roll, Sliced Apples, Juice, Milk	25 Muffin Peaches, Juice, Milk	26. 	27 **THANKSGIVING BREAK**
30. Cereal, Applesauce, Juice, Milk				

BREAKFAST IS FREE FOR ALL STUDENTS



This institution is an equal opportunity provider."

November 2026 Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Turkey and Cheese Grinder, Sweet Potato Fries, Fruit of the Day, Milk	3. **Professional Development Day No school for students** 	4. Chicken and Waffles, Hash brown Patty Fruit of the Day Milk	5 Mini Corn Dogs, Smiley Fries, Fruit of the Day, Milk	6. Bosco Sticks, Marinara Sauce, Chef Vegetable Choice Fruit of the Day, Milk
9. Cheeseburger, Oven Fries, Fruit of the Day, Milk	10. Grilled Cheese, Tomato Soup, Broccoli, Apple Crisp Milk,	11. **VETERANS DAY NO SCHOOL** 	12. Pasta w/ Meat sauce, Caesar Salad, Roll Fruit of the Day Milk	13. Pizza Taste Test- 2 kinds of Cheese Pizza Mixed Vegetables, Fruit, Milk
16. Chicken Patty Sandwich Sweet Potato Fries, Fruit of the Day Milk	17. Mozzarella Sticks, Marinara Sauce, Caesar Salad, Fruit of the Day Milk	18. Sausage, Egg and Cheese Sandwich, Hash Brown Patty, Fruit, Milk	19. Chicken Rice Bowl, Vegetables, Fortune Cookie, Fruit of the Day, Milk	20. Pizza Chef Vegetable Choice, Fruit of the Day Milk 
23. Chicken Tenders, Mashed Potatoes, Fruit of the Day Milk	24 Beef Nacho's, Lettuce, **Local Salsa,** Cheese, Black Bean and Corn Salad, Fruit of the Day Milk	25. Pizza Chef Vegetable Choice, Frozen Yogurt Bark, Fruit of the Day Milk	26. 	27 **THANKSGIVING BREAK**
30. Hotdog, Baked Beans, Fruit of the Day Milk				**Lunch Prices- $4.25 Reduced FREE Milk-$0.65**



A MEAL IS HOT ENTRÉE LISTED ON LEFT

B MEAL IS A SUNBUTTER AND JELLY SANDWICH, CHEESE STICK, VEGETABLES, FRUIT OF THE DAY AND MILK

THE MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider."



Thank you to the Killingworth Volunteer Fire Department for visiting our school for October Fire Prevention Week

November Reminders



Wednesday, November 25th is an early dismissal day.
Dismissal is at 1:05.
There are no preschool classes on Wednesday, November 25th.

There is no school on:



Tuesday, November 3 (Election Day)

Wednesday, November 11 (Veterans Day)

Thursday, November 26 and Friday, November 27
(Thanksgiving/Thanksgiving Recess)



You can utilize two of our emails to cut down on paper and telephone calls. To report your child absent, please use this email: **kesattendance@rsd17.org**. To relay dismissal information, please use this email: **kesdismissal@rsd17.org**. Please remember to include your child's teacher in these emails as well.
Thank you!





Please save the date for the upcoming PTO Family Bingo night taking place on Wednesday, November 18th at 6:00. A flyer will be coming home soon!



Notes from the Health Office

Notes from the Health Office:

As respiratory infections are expected to swell during the winter months, many parents debate whether to send children to school when they are fighting off illness. If students are experiencing mild symptoms such as *infrequent cough, a runny or stuffy nose, or a mild sore throat, they can attend if feeling well enough to participate in their school activities. In addition, if they are fever-free without medication for 24hrs., and have not had a vomiting episode in 24hrs., attendance is advisable.*

When debating whether or not to send your student to school, you may find it helpful to use the following tool: Go to www.healthychildren.org, and browse under "Healthy Children > Tips & Tools > KidsDoc Symptom Checker". Of course, I am always glad to consult and am available to answer any questions you may have.

If you do visit with a pediatrician for illness, please request a note to excuse the absence. You may send this in with your child when they return to school, have the office fax it to 860-663-3827, or send a copy to lgriswold@rsd17.org. Thank you for notifying the office when your child is absent, it is appreciated.

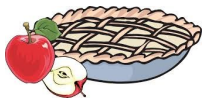
Pre-K Parents: Please note that students who are registered in the program must be vaccinated against the flu no later than December 31st in order to be eligible to return to school on January 4, 2027. Proof of immunization is required, and can be faxed to the number listed above, or sent to my gmail (listed above).

As the weather turns colder, please be sure to have your child dress in layers. In Scandinavia, there is the saying, "There is no bad weather, only bad clothing!" An extra pair of pants, some mittens, and a hat in the backpack are good planning measures this time of year, as we try to have outside time in the fresh air as much as possible.

Good Health to You in this Season of Gratitude ~

Liza Griswold, RN, AD, BA







November is almost upon us, and the students have been busy creating all kinds of spooky and colorful artwork in the art room! Across the grade levels, we have enjoyed drawing haunted houses, pumpkins, monster minions, and beautiful fall leaves. As we move into November, we will continue exploring our fall theme through a variety of exciting art projects. **Kindergarten** students will be painting pumpkins while learning about shape, color, and texture. **First Grade** students will be exploring layering colors with fall leaves, using watercolors and Twistables to create interesting textures. **Second Grade** students will be finishing their creative bubble-lettering projects and beginning to explore landscapes. **Third Grade** students will start their large landscape projects, focusing on color, space, and composition. As Thanksgiving approaches, families in the younger grades can also look forward to some festive turkey drawings coming home. *Happy Creating!*

~Mrs. Kelsey



We are getting busy in our music world here at KES.

Kindergarten and first grade music classes are filled with songs and singing games. Kids are working hard on keeping a steady beat, finding their singing voices, and moving expressively to different musical compositions. It is always a great idea to ask your children to share a song they have learned in music class. They would love to perform.

Second graders are getting introduced to rhythmic notation and are already creating rhythms that they can perform on various classroom instruments.

Third graders have learned notes B, A & G on their recorders and have quite a few songs they can practice at home. Please make sure that your child brings all the materials needed for music class every week.

We are also getting ready for the Veterans Day program. It's a wonderful program that has been our tradition at KES. The whole school will gather together for an assembly where each grade level will be presenting a special performance for our guests.

~ Mrs. Rubalsky





There's been a lot going on in the Library this month! AM Preschool wrapped up Steve Antony's Mr. Panda series and PM is almost done with Anna Kang's *(Not) bears. Both will be starting to work on story sequencing with books about fall and seasonal holidays. Kindergarten has been talking about the concepts of character, setting, problem, and solution using wordless books by Bill Thomson (Chalk, Typewriter, and Fossil). First graders are discussing the differences between realistic fiction and fantasy using books such as Rosie and the Pre-loved Dress, I Want My Hat Back, This is Not My Hat, and The Invisible Boy. Second graders are talking about the differences between fairy tales and fables (spoiler alert: fables teach a lesson) using books such as The Clever Tortoise, That is NOT a Good Idea, and Goldilocks and the Three Dinosaurs. Ever wonder why the remote gets lost or one string of your hoodie gets stuck inside the hood? It's because of a bunch of annoying creatures who love to cause tiny problems. Third graders are learning all about them by reading The Mischievians; they've also started creating their own. So it's really not your child's fault if their shin guards go missing or toothpaste is all over the outside of the tube… Not sure when your child has Library? Check out the table on the Library website, which can be accessed from KES's website. Want to see what books are available in the Library? There's a link to Destiny, our catalog, on the website as well. While you're there, you can also click the link to our Goodreads page to learn more about the books each grade has been reading. Until next month, happy reading!*

~ Mrs. Hosking and Mrs. Murphy



Hello KES friends and families:

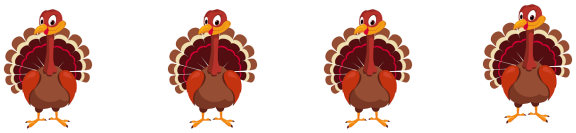
I hope everyone is enjoying the wonderful fall weather. We are moving along and developing very quickly. We have spent the month of October working on our fitness abilities, social and emotional wellbeing, and cooperative games. We start off every class with a dynamic warm up, stretches, pushups, and sit ups. We then move into different tag games to have fun and get our heart rates up. We also learned how to kick and throw a ball. The last week of October we finished up with a fun Halloween game called Ghostbusters.

I look forward to the month of November! We will finish working on throwing overhand and underhand. During the throwing unit, we will also be practicing catching a ball with a partner or in small groups. We will also be playing a few fun classic games like fishy fishy cross my ocean and wax museum. Every month we will be doing some sort of team building activity, this month we will be playing a game called giant jump rope challenge. Students will accomplish a common goal with the entire class working together as a single unit. We will also be learning how to jump rope individually.

Our KES students are extremely kind, safe, and fun! I am having an absolute blast teaching at KES! Remember, go outside and have fun!

Safety reminders for physical education class:
- Please wear running sneakers.
- Please wear bike shorts or leggings underneath a beautiful dress.
- Please no crocks, sandals, slippers, or high heeled shoes.

~ Mr. Weeks





Hello Families,

Our preschool friends have enjoyed exploring the season of Fall and learning all about pumpkins and leaves. We have observed the leaves on the trees and noticed the beautiful changing colors. It has been exciting to watch the leaves fall from their branches and investigate the different characteristics closer with a magnifying glass. One of our favorite read alouds this month was Chicka, Chicka Boom Boom! After listening to the story, we had the chance to create our own coconut trees focusing on the letters that make up our name. In our Number Corner this month, we have learned and practiced matching sets and numerals to 6, comparing sets of objects and determining which has more and sorting objects by color and shape!

During the month of November we will continue our Tree Study focusing on how trees change throughout the seasons and what foods come from trees. As you grocery shop together, have conversations about the various fruits you see and discuss whether or not it comes from a tree? This month we will also participate in some turkey fun and discuss how our families celebrate Thanksgiving this month! As a reminder the temperature is getting colder. Please send your child into school with a jacket. The weekends are a great opportunity to allow your child to build their independence by putting on their own jacket!

~ Mrs. Golas and Mrs. Roby



Kindergarten students are enjoying the beautiful fall weather and are ready to take on new learning in November! We will be starting our second module in Wit & Wisdom—Once Upon a Farm. In this module, the students will be answering the essential question "What makes a good story?" Through this unit, students will learn the elements of a story, how to retell a story, and eventually be able to write their own. To start the unit, we will develop our background knowledge about farm animals by learning about real farm animals. This will help students to learn the difference between informational texts and stories. In math, we will be starting Unit 3 and learning how to add and subtract within five. Kindergarteners will use objects and pictures to help them develop the understanding that when we add we join groups together and when we subtract we take some away. We will also learn about 2D shapes and their attributes. As the weather changes in November, we will take the time to learn about weather and its impact on our lives as well as the sun's effect on earth. November will be full of new learning opportunities for our growing students.

~ Mrs. Jacobs, Mrs. McKenzie & Mrs. Pommer









In November, first graders will start Wit & Wisdom module 2 called Creature Features. In this module, we will study the unique features of animals through a variety of rich informational and fictional texts while also learning the components of an informative paragraph as writers. In word work, we will learn to spell words with diagraphs, bonus letters and glued sounds. In math, we're completing Unit 1 and starting Unit 2 focusing on addition and subtraction within 20 while continuing to learn strategies to build our fact fluency within 10. In social studies, we will learn about community helpers and what makes a good citizen while exploring a variety of diverse texts. For social emotional learning, we're learning how to recognize others' feelings and build empathy.

~ Mrs. Lomazzo, Mrs. Rich & Mrs. Williams



Second grade teachers continue to be impressed by all of our students and their flexibility with getting used to routines and working hard to learn a new curriculum.

As we begin November, we begin to wrap up our first module in our Wit and Wisdom program, A Season of Change. We are gearing up to start our second module, The American West. In this module, students will work towards answering our essential question, ' What was life like in the West for early Americans?' Please keep your eyes out for more detailed information on our focuses within this module that will help us to answer this question, from our Wit and Wisdom Newsletter.

In math, we have begun our second unit, Numbers within 100, Addition and Subtraction. In this unit, we have started using base ten blocks to help build knowledge of how we can add and subtract two-digit numbers. Students will be learning how to regroup ones into a ten and how to decompose a ten into ones. As students continue to build their understanding, they will also be introduced to using expanded form, as well as how to use an open number line to show their work.

As you can see, second graders have some really important work ahead of us this month, but we know our students' knowledge will grow immensely as a result!



As always, we thank you for your continued support!

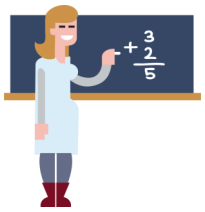
~ Mrs. Esposito, Mrs. Heil ~



Happy Fall, Third Grade Families! Thank you so much for joining us at parent-teacher conferences! It was a pleasure to meet with you and discuss your child's progress! During English Language Arts lessons, students will be using the texts Shark Attack! by Cathy East Dubowski and Giant Squid: Searching for a Sea Monster by Mary M. Cerullo and Clyde F. E. Roper to develop ideas about why and how scientists explore sea creatures. Students will also be using these texts to practice determining the main idea and supporting details and writing paragraphs with a topic sentence, evidence, and elaboration. In math, students will continue to work on multiplication and division skills, as well as the properties. Additionally, students will begin to dive into fractions to gain a basic understanding of them. In science, we'll be wrapping up our stability and motion unit with our final project that involves building a compound machine to solve a problem. This month we have the Veterans' Day assembly. Thank you for your continued support!

~ Mrs. Brustman, Mr. Cusson & Mrs. Munz





Easy Tips to Support Math Learning at Home

To find new math learning opportunities for your child, look no further than your everyday at-home routine. Below are a few activities that enrich and relate mathematics to everyday life.

- Cooking or baking
- Measure, count, and record
- Talk about math (How many is that? How many would I have if I had another one or took one away? How could I split this equally?
- Set up a family math night with fun math board games (Zingo! 1-2-3 and SMATH are two of my favorites)
- Mix in math to your bedtime reading
- Have your child teach you math



The opportunities are endless. Now, all you have to do is get your child involved in these daily calculations. The next time you're measuring flour for a cookie recipe, call your child over to help you!

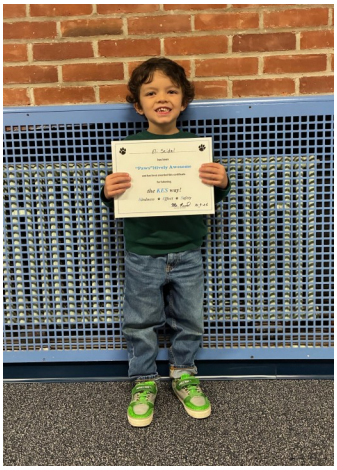


Paws-itively Awesome Students!















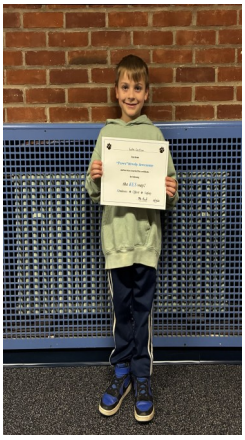






Paws-itively Awesome Students!













Developmental Screening

RSD17 Preschool

Available to all preschool-aged children residing in Haddam or Killingworth

Our preschool screening is designed for families who have questions or concerns about their child's development.

Assessment Includes:

- Cognitive and Readiness skills
- Speech and Language Skills
- Fine & Gross Motor Skills
- Adaptive Skills
- Social Skills

January 13, 2027
9-11 a.m.

To Register Please Call or Email:
rtempleton@rsd17.org
860-663-1121

HK Recreation: Nov./Dec. Youth Programs

Imagine That!
Thursdays 11/12 - 12/10 (no 11/26)
at BES
3:30 - 4:30 pm Gr. K - 5
$65 (NR add $10)

Pre-Season Basketball Clinics
Mondays 11/2 - 11/16 (Boys)
Thursdays 11/5 - 11/19 (Girls)
5:30 - 6:30 pm at HK IMS Small Gym
$34 (NR add $10) Gr. 3 - 6

Minds In Motion - X in 1 Robot Fun
Mondays 11/9 - 12/7 at BES
Wednesdays 11/18 - 12/16 at KES
3:30 - 4:30 pm (1:05 - 2:05 pm 11/25)
$140 (NR add $10) Gr.1 - 5

Play-Well Sports Lab w/ LEGO
Tuesdays 11/10 - 12/8 at KES
3:30 - 5:00 pm (1:05 - 2:35 on 12/8)
$125 (NR add $10) Gr. K - 5

Food Explorers - Holiday Baking
Mondays 11/9 - 11/30 at KES
Fridays 11/13 - 12/11 (No 11/27) at BES
3:30 - 4:30 pm Gr. 2 - 5
$105 (NR add $10)

Indoor Soccer Skills
Tuesdays 11/10 - 12/1 at BES
Fridays 11/13 -12/11 (No 11/27) at KES
3:30 - 5:00 pm
$75 (NR add $10) Gr. K - 2

Creative Art
Tuesdays 11/17 - 12/8 at BES
3:30 - 4:45 pm (1:05 - 2:20 pm on 12/8)
$55 (NR add $10) Gr. K - 5

S.T.E.A.M In Motion II Using LEGO
Thursdays 11/12 - 12/10 (No 11/26) at BES
3:30 - 4:30 pm Ages 5 -9
$115 (NR add $10)

Abrakadoodle - World Monuments
Wednesdays 11/18 - 12/16 (no 11/25) at BES
Fridays 11/13 - 12/11 (No 11/27) at KES
3:30 - 4:30 pm
$75 (NR add $10) Gr. K - 6

Babysitter's Training
Monday & Wednesday 11/16 - 11/23
5:30 - 7:00 pm at HK Old MS
$76 (NR add $10) Ages 10 - 15

RecCare AutumnMania
11/3 & 11/11 (Vac. Days) at BES
8:00 - 4:30 pm *more info tba

Hip Hop Heat
Thursdays 11/12 - 12/10 (No 11/26)
3:30 - 4:30 pm at KES
$95 (NR add $10) Gr. K - 5



Quest Starters: A DnD Journey
Thursdays 11/5 - 12/10 (No 11/26)
3:45 - 5:45 pm at HKIMS
$50 (NR add $10) Gr. 4 & 5

HK RecCreation Stations
Mondays 11/16 - 12/14 (No 11/23)
10:00 - 10:45 am at HK Old MS Gym
$25 (NR add $10) Age 1 - 4

Beyond the Map: DnD Adventures
Mondays 11/9 - 12/7
3:00 - 5:00 pm at HKIMS
$50 (NR add $10) Gr. 6

Gobble & Frost Cupcake Decorating
Monday 11/23 HK HS Cafeteria
5:00 - 6:30 pm Ages 5 +
$45 (NR add $5)

Cookie Decorating
Thursday 12/3 at KES
Monday 12/7 at BES
3:30 - 4:30 pm
$30 (NR add $5) Gr. K - 3

CPR for Babysitter's
Tuesday & Thursday 12/1 & 12/3
5:30 - 7:00 pm at HK Old MS
$60 (NR add $10) Ages 10 - 15



Adult Programs

Fitness Yoga
Mondays (Zoom)
Tuesdays & Thursdays at HKIMS Caf
11/9 - 12/15 (No 11/24, 11/26) 7:00 - 8:15 pm
$126 (14 classes) / $100 (10 classes)
$55 (5 classes) / $12 drop-in
NR add $10 (in-person)

Aqua Aerobics
Mondays & Wednesdays
11/9 - 12/2 (no 11/11, 11/25) $48
12/7 - 12/16 $32
6:30 - 7:30 pm / 6:45 - 7:45 pm
at HK HS Pool NR add $10

Adult / Child CPR, 1st Aid, AED (recert)
Monday & Wednesday 12/14 & 12/16
5:30 - 7:00 pm at HK HS Old MS
$68 (NR add $10)

Adult Coed Volleyball
Wednesdays 10/14 - 12/16 (No 11/25)
7:00 - 9:00 pm at HK HS Fieldhouse
$40 (NR add $10)

Elf on the Shelf To Go Kit
Order by 11/16, ready by 12/4 $26

Men's Fall Basketball
Tuesdays 11/3 - 12/22 (No 12/8)
8:30 - 10:00 pm at HK Old MS Gym
$35 (NR add $10)

Indoor Pickleball
TBD for winter play

Register at www.hkrec.com

KES PTO FAMILY FUN NIGHT BINGO

7 18 34 49 63

Date: November 18th, 2026

Doors open: 6:00pm
Games start: 6:15-8:00pm

Location: KES ALL PURPOSE (AP) ROOM

FREE FOR KES FAMILIES



Pizza and snacks
available to purchase
while supplies last

Cash or Cash App



KES PTO
Parent Teacher Organization

HK Youth Unplugged

YOUTH & FAMILY SERVICES
OF HADDAM-KILLINGWORTH INC.
Strong families equal strong communities

JOIN US

HK Youth Unplugged



HK Craft Fair

Saturday Dec. 5 9am-3pm

Haddam-Killingworth Middle School

vendors, food trucks, activities for kids

YOUTH & FAMILY SERVICES
OF HADDAM-KILLINGWORTH INC.

Watch for Halloween Pictures in The December Newsletter





