Local Wellness Policy Progress Report

School Name: North Scott Community School District (High School Grades 9-12)

Wellness Policy Contact: Jason Schroeder

Date Completed: 5/20/26

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Schools will provide nutrition education and engage nutrition promotion to help students develop lifelong healthy eating behaviors	Principal and/or classroom teachers.	X			An elective culinary arts nutrition course is offered to students. The course includes topics on tools for healthy eating. Nutrition labels and data is available online menu software.	.
2. Promote healthy food using Smarter Lunchroom techniques.	Amy Guerrero (Food Service Director)	X			Daily menus/posters are posted with the food category identified. A variety of colorful fresh fruits and vegetables are offered daily from each subgroup. Reimbursable meal signs are posted to show what is included in the meal. Lower	

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					calorie/sodium condiments are offered.	
3. Students will be able to analyze their current food intake and create a revised plan based on nutritional needs.	Principal and/or classroom teachers.	X			Students have access to menus online that list all nutritional and allergens in menu items.	

Physical Activity Goals -Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Develop a comprehensive, school-based physical activity program that includes the following components: -Physical Education -Classroom-based physical activity -Walk to school - After school activities	Principal/Classroom Teachers	X			Students participate in PE or Strength Training one semester per year. Students have various units for PE to encourage high activity. During PE time students are provided options such as working in the LAB with weights or cardio machines. They are offered a wide range of physical activities to promote physical activity.	
2.Encouraging classroom teachers to provide short physical activity breaks between lessons or classes ,as appropriate	Principal and/or classroom teachers.		X		Teachers take the classroom on breaks to go for a quick walk or walk outside.	Encouraging more teachers to take breaks to walk when appropriate.

3. Promote the benefits of a physically active lifestyle and help students develop skills to engage in lifelong health habits.	Principal and/or classroom teachers.	X			Health class is required for all students and provides a baseline of nutritional information, as well as life skills.	

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.Meals served through the NSLP and NSBP will be appealing and meet, at a minimum, nutrition requirements established by the State and Federal law.	Amy Guerrero (Food Service Director)	X			Meals undergo Nutrient Analysis annually to ensure they meet the minimum requirements of NSLP and NSBP. Nutrition labels and data is available online menu software.	SFA attends continuing education events and vendor food shows to keep menus up to current standards and popularity. Develop new ways for student feedback. Google form surveys.
2. Schools providing access to healthy foods outside the reimbursable meal programs before, during and thirty minutes after school shall meet the United States Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through ala carte sales, vending machines, student stores and fundraising activities.	Amy Guerrero (Food Service Director) Principal and/or classroom teachers.	X			Annual building administration training every August. All food sold to students goes through the Smart Snack Calculator to verify compliance. Documentation is kept in the kitchen.	Continue work with making all teachers/coaches aware. Continue work on new fundraising ideas that are non food based.

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.Snacks provided to students during the school day without charge (e.g.class parties, daily snacks) will meet Safe Snack standards set by the district. The district will provide a list of acceptable classroom snacks for parents to reference.	Principal and/or classroom teachers.	X			The Safe Snack list is updated/revised by the nurses annually, or as needed, to verify safety of all products.	

Policies for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Schools will only allow marketing and advertising of foods and beverages that meet the Smart Snacks in Schools nutritional standards on campus during the school day.	Amy Guerrero (Food Service Director) Principal	X			All vending machines in the high school accessible to students during the school day meet Smart Snack requirements.	Work with beverage vendors to keep up to date on all nutrition requirements and if there are new products that meet the standards.
2.						

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