

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/02/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	5	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	5	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	5	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	0	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	0	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	165	210.00	6.00	2.00	0.00	260.00	37.00	4.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	10	340.00	6.00	2.00	0.00	240.00	72.00	5.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/02/2026								
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	10	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00
Fruit, Zee Zees Aloha Diced Pears, Fruit Cup, I/W, 4.5 oz., National Food Group, F - SR111141 (4 1/2 ounces)	100	90.30	0.00	0.00	0.00	5.02	24.08	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	165	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Tuesday - ServingDate: 11/03/2026								
Bacon Egg and Cheese Roll - LR100396 (1 sandwich)	155	252.86	10.86	4.21	0.00	796.43	23.36	13.07
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	25	220.00	6.00	0.00	0.00	340.00	43.00	3.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Tuesday - ServingDate: 11/03/2026								
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	15	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	25	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	20	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Pop-Tarts, Frosted Blueberry Pop-Tarts, WGR, Kellanova, 38000 -17196, 1.69oz, Single Pack, 1 WGR - SR110843 (1 pastry)	5	170.00	2.50	1.00	0.00	115.00	36.00	2.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	5	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Tuesday - ServingDate: 11/03/2026								
Applesauce - LR100181 (4 1/2 oz.)	200	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	265	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	50	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	175	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Wednesday - ServingDate: 11/04/2026								
Bar, BeneFIT, Cocoa Chip, 2.5oz, J&J Snack Foods, 40406, WGR - SR108661 (1 Bar)	20	260.00	7.00	2.50	0.00	220.00	46.00	5.00
Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5oz, J&J Snack Foods, 40401, 2 WGR - SR102962 (1 Bar (2.5oz)	70	270.00	9.00	3.00	0.00	250.00	46.00	5.00
Cereal Bar, Read-Bake Benefit Bar Celebration 2.5oz, J&J Snack Foods Corp, 40409,2WG - SR110598 (1 Bar)	20	280.00	9.00	3.00	0.00	190.00	47.00	4.00
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	15	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	25	220.00	3.00	0.00	0.00	230.00	47.00	3.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Wednesday - ServingDate: 11/04/2026								
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	10	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	35	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	15	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	15	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	15	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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2026 Trimmer Breakfast, October, Wednesday - ServingDate: 11/04/2026								
Mixed Fruit, Extra Light Syrup, Canned, USDA, 100212, F - SR109113 (1/2 c.)	60	63.00	0.00	0.00	0.00	3.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	175	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Thursday - ServingDate: 11/05/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	0	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	20	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	10	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	10	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00

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2026 Trimmer Breakfast, October, Thursday - ServingDate: 11/05/2026								
Donut Holes, Super Stars Mini Blueberry Glazed Donut Holes, 3 oz, Super Bakery, 9301, 2WG - SR110452 (1 serv.)	60	270.00	10.00	4.00	0.00	220.00	41.00	4.00
Donut Holes, Super Stars Mini Chocolate Glazed Donut Holes, 3 oz, Super Bakery, 9302, 2WG - SR110517 (1 serv.)	60	270.00	11.00	4.50	0.00	230.00	41.00	4.00
Donut Holes, Super Stars Mini Powdered Donut Holes, 3 oz, Super Bakery, 9300, 2WG - SR110453 (1 serv.)	60	280.00	11.00	4.50	0.00	230.00	42.00	4.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	10	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	225	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	165	150.00	2.50	1.50	0.00	220.00	24.00	8.00

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2026 Trimmer Breakfast, October, Monday - ServingDate: 11/09/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	5	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	5	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	5	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	0	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	0	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	165	210.00	6.00	2.00	0.00	260.00	37.00	4.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	10	340.00	6.00	2.00	0.00	240.00	72.00	5.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/09/2026								
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	10	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00
Fruit, Zee Zees Aloha Diced Pears, Fruit Cup, I/W, 4.5 oz., National Food Group, F - SR111141 (4 1/2 ounces)	100	90.30	0.00	0.00	0.00	5.02	24.08	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	165	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Tuesday - ServingDate: 11/10/2026								
Bacon Egg and Cheese Roll - LR100396 (1 sandwich)	155	252.86	10.86	4.21	0.00	796.43	23.36	13.07
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	25	220.00	6.00	0.00	0.00	340.00	43.00	3.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Tuesday - Serving Date: 11/10/2026								
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	15	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	25	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	20	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Pop-Tarts, Frosted Blueberry Pop-Tarts, WGR, Kellanova, 38000 -17196, 1.69oz, Single Pack, 1 WGR - SR110843 (1 pastry)	5	170.00	2.50	1.00	0.00	115.00	36.00	2.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	5	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00

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2026 Trimmer Breakfast, October, Tuesday - ServingDate: 11/10/2026								
Applesauce - LR100181 (4 1/2 oz.)	200	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	265	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	50	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	175	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Wednesday - ServingDate: 11/11/2026								
Bar, BeneFIT, Cocoa Chip, 2.5oz, J&J Snack Foods, 40406, WGR - SR108661 (1 Bar)	20	260.00	7.00	2.50	0.00	220.00	46.00	5.00
Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5oz, J&J Snack Foods, 40401, 2 WGR - SR102962 (1 Bar (2.5oz)	70	270.00	9.00	3.00	0.00	250.00	46.00	5.00
Cereal Bar, Read-Bake Benefit Bar Celebration 2.5oz, J&J Snack Foods Corp, 40409,2WG - SR110598 (1 Bar)	20	280.00	9.00	3.00	0.00	190.00	47.00	4.00
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	15	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	25	220.00	3.00	0.00	0.00	230.00	47.00	3.00

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2026 Trimmer Breakfast, October, Wednesday - ServingDate: 11/11/2026								
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	10	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	35	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	15	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	15	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	15	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Wednesday - ServingDate: 11/11/2026								
Mixed Fruit, Extra Light Syrup, Canned, USDA, 100212, F - SR109113 (1/2 c.)	60	63.00	0.00	0.00	0.00	3.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	175	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Thursday - ServingDate: 11/12/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	0	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	20	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	10	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	10	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Thursday - Serving Date: 11/12/2026								
Donut Holes, Super Stars Mini Blueberry Glazed Donut Holes, 3 oz, Super Bakery, 9301, 2WG - SR110452 (1 serv.)	60	270.00	10.00	4.00	0.00	220.00	41.00	4.00
Donut Holes, Super Stars Mini Chocolate Glazed Donut Holes, 3 oz, Super Bakery, 9302, 2WG - SR110517 (1 serv.)	60	270.00	11.00	4.50	0.00	230.00	41.00	4.00
Donut Holes, Super Stars Mini Powdered Donut Holes, 3 oz, Super Bakery, 9300, 2WG - SR110453 (1 serv.)	60	280.00	11.00	4.50	0.00	230.00	42.00	4.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	10	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	225	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	165	150.00	2.50	1.50	0.00	220.00	24.00	8.00

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Site: TRIMMER EL SCH
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Friday - ServingDate: 11/13/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	20	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	0	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	5	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	18	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	0	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Muffin, Cheese Streusel, 4 oz, Otis Spunkmeyer, 00200, Non-WGR - SR102072 (1 ea.)	60	450.00	18.00	4.00	0.00	310.00	67.00	6.00
Muffin, Chocolate Chocolate Chip, Whole Grain, 4 oz, Otis Spunkmyer, 10149, WGR - SR106841 (1 ea.)	55	390.00	12.00	4.00	0.00	250.00	63.00	7.00
Muffin, Wild Blueberry, Delicious Essentials, 4 oz, Otis Spunkmeyer, 10147, WGR - SR102145 (1 ea.)	57	380.00	12.00	4.00	0.00	140.00	62.00	6.00

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Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Friday - ServingDate: 11/13/2026								
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	5	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Applesauce - LR100181 (4 1/2 oz.)	220	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	225	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	30	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	180	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/16/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	5	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	5	220.00	3.00	0.00	0.00	230.00	47.00	3.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/16/2026								
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	5	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	0	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	0	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	165	210.00	6.00	2.00	0.00	260.00	37.00	4.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	10	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	10	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/16/2026								
Fruit, Zee Zees Aloha Diced Pears, Fruit Cup, I/W, 4.5 oz., National Food Group, F - SR111141 (4 1/2 ounces)	100	90.30	0.00	0.00	0.00	5.02	24.08	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	165	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Tuesday - ServingDate: 11/17/2026								
Bacon Egg and Cheese Roll - LR100396 (1 sandwich)	155	252.86	10.86	4.21	0.00	796.43	23.36	13.07
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	25	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	15	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	25	210.00	2.00	0.00	0.00	320.00	45.00	5.00

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Site: TRIMMER EL SCH
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Tuesday - ServingDate: 11/17/2026								
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	20	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Pop-Tarts, Frosted Blueberry Pop-Tarts, WGR, Kellanova, 38000 -17196, 1.69oz, Single Pack, 1 WGR - SR110843 (1 pastry)	5	170.00	2.50	1.00	0.00	115.00	36.00	2.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	5	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00
Applesauce - LR100181 (4 1/2 oz.)	200	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	265	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	50	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	175	150.00	2.50	1.50	0.00	220.00	24.00	8.00

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Site: TRIMMER EL SCH
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Wednesday - ServingDate: 11/18/2026								
Bar, BeneFIT, Cocoa Chip, 2.5oz, J&J Snack Foods, 40406, WGR - SR108661 (1 Bar)	20	260.00	7.00	2.50	0.00	220.00	46.00	5.00
Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5oz, J&J Snack Foods, 40401, 2 WGR - SR102962 (1 Bar (2.5oz)	70	270.00	9.00	3.00	0.00	250.00	46.00	5.00
Cereal Bar, Read-Bake Benefit Bar Celebration 2.5oz, J&J Snack Foods Corp, 40409,2WG - SR110598 (1 Bar)	20	280.00	9.00	3.00	0.00	190.00	47.00	4.00
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	15	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	25	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	10	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	35	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00

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Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Wednesday - ServingDate: 11/18/2026								
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	15	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	15	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	15	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Mixed Fruit, Extra Light Syrup, Canned, USDA, 100212, F - SR109113 (1/2 c.)	60	63.00	0.00	0.00	0.00	3.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	175	150.00	2.50	1.50	0.00	220.00	24.00	8.00

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Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Thursday - ServingDate: 11/19/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	0	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	20	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	10	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	10	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Donut Holes, Super Stars Mini Blueberry Glazed Donut Holes, 3 oz, Super Bakery, 9301, 2WG - SR110452 (1 serv.)	60	270.00	10.00	4.00	0.00	220.00	41.00	4.00
Donut Holes, Super Stars Mini Chocolate Glazed Donut Holes, 3 oz, Super Bakery, 9302, 2WG - SR110517 (1 serv.)	60	270.00	11.00	4.50	0.00	230.00	41.00	4.00
Donut Holes, Super Stars Mini Powdered Donut Holes, 3 oz, Super Bakery, 9300, 2WG - SR110453 (1 serv.)	60	280.00	11.00	4.50	0.00	230.00	42.00	4.00

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Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Thursday - ServingDate: 11/19/2026								
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	10	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	225	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	165	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Friday - ServingDate: 11/20/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	20	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	0	220.00	3.00	0.00	0.00	230.00	47.00	3.00

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Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Friday - Serving Date: 11/20/2026								
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	5	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	18	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	0	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Muffin, Cheese Streusel, 4 oz, Otis Spunkmeyer, 00200, Non-WGR - SR102072 (1 ea.)	60	450.00	18.00	4.00	0.00	310.00	67.00	6.00
Muffin, Chocolate Chocolate Chip, Whole Grain, 4 oz, Otis Spunkmyer, 10149, WGR - SR106841 (1 ea.)	55	390.00	12.00	4.00	0.00	250.00	63.00	7.00
Muffin, Wild Blueberry, Delicious Essentials, 4 oz, Otis Spunkmeyer, 10147, WGR - SR102145 (1 ea.)	57	380.00	12.00	4.00	0.00	140.00	62.00	6.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Friday - ServingDate: 11/20/2026								
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	5	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Applesauce - LR100181 (4 1/2 oz.)	220	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	225	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	30	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	180	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/23/2026								
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	5	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	5	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	5	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	0	210.00	2.00	0.00	0.00	440.00	45.00	5.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/30/2026 10:43:46 AM by Nick Cirko

Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/23/2026								
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	0	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	165	210.00	6.00	2.00	0.00	260.00	37.00	4.00
Pastry, Pop-Tarts, Frosted Blueberry, Whole Grain, 3.3 oz., Kellogg's, 38000 17199, WGR - SR109382 (1 pkg.)	5	340.00	5.00	2.00	0.00	220.00	72.00	4.00
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	10	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	10	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00
Fruit, Zee Zees Aloha Diced Pears, Fruit Cup, I/W, 4.5 oz., National Food Group, F - SR111141 (4 1/2 ounces)	100	90.30	0.00	0.00	0.00	5.02	24.08	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Monday - ServingDate: 11/23/2026								
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	165	150.00	2.50	1.50	0.00	220.00	24.00	8.00
2026 Trimmer Breakfast, October, Tuesday - ServingDate: 11/24/2026								
Bacon Egg and Cheese Roll - LR100396 (1 sandwich)	155	252.86	10.86	4.21	0.00	796.43	23.36	13.07
Cereal, Cinnamon Toast Crunch, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14886000, WGR - SR109943 (1 Container)	25	220.00	6.00	0.00	0.00	340.00	43.00	3.00
Cereal, Cocoa Puffs, 25% Less Sugar, Single Serve, 2 oz., General Mills, 14885000, WGR - SR109942 (1 Container)	15	220.00	3.00	0.00	0.00	230.00	47.00	3.00
Cereal, Honey Nut Cheerios Gluten Free Cereal Single Serve, 2 oz, General Mills, 2WGR - SR109923 (1 Container)	25	210.00	2.00	0.00	0.00	320.00	45.00	5.00
Cereal, Lucky Charms 25% Less Sugar, 2oz, General Mills, 1600022489, WGR - SR110824 (1 Container)	20	210.00	2.00	0.00	0.00	440.00	45.00	5.00
Cereal,Trix Cereal 25% Less Sugar Single Serve 2oz, General Mills, 16000-19567, 2WG - SR110460 (1 bowl)	10	220.00	3.00	0.00	0.00	320.00	47.00	3.00
Pop-Tarts, Frosted Blueberry Pop-Tarts, WGR, Kellanova, 38000 -17196, 1.69oz, Single Pack, 1 WGR - SR110843 (1 pastry)	5	170.00	2.50	1.00	0.00	115.00	36.00	2.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TRIMMER EL SCH
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 Trimmer Breakfast, October, Tuesday - Serving Date: 11/24/2026								
Pop-Tarts, Frosted Fudge, WG, 2 count, 3.3 oz., Kellogg's, 38000 12073 - SR107835 (1 pkg.)	5	340.00	6.00	2.00	0.00	240.00	72.00	5.00
Pop-Tarts, Frosted Strawberry, 2 count, 3.3 oz., Kellogg's, 38000 55133, WGR - SR107119 (1 pkg.)	5	340.00	5.00	1.50	0.00	220.00	72.00	4.00
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463 (1 sandwich)	0	300.00	16.00	3.50	0.00	270.00	32.00	9.00
Applesauce - LR100181 (4 1/2 oz.)	200	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Juice, Apple 100% Juice, 4.23 oz, SunCup, 400309, F - SR111182 (1 Box)	265	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	50	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	175	150.00	2.50	1.50	0.00	220.00	24.00	8.00

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Elementary School
Menu Line: regular
Serving Group: K-5
Nutrients Option: Expanded