

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 1, Monday - ServingDate: 11/02/2026								
Bacon Egg and Cheese (HS) - LR100394 (1 serv.)	75	365.00	20.10	8.60	0.00(M)	770.00	30.00	15.30
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	5	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Cycle menu cold alternate - LR100183 (1 serv.)	50	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	60	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	5	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	125	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	5	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Sausage Egg and Cheese (HS) - LR100393 (1 serv.)	75	560.00	39.60	14.10	0.00	1040.00	31.00	19.30
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	150	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Hash Brown Patty - SR101441 (1 patty)	250	110.00	6.00	1.00	0.00	280.00	12.00	0.96
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	300	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	300	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	300	150.00	2.50	1.50	0.00	220.00	24.00	8.00

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2026 HS Lunch, November, Week 1, Monday - ServingDate: 11/02/2026								
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	200	6.67	0.00	0.00	0.00	103.33	1.33	0.00
2026 HS Lunch, November, Week 1, Tuesday - ServingDate: 11/03/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	3	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Chicken Tender Spicy Tyson 70344 WYASD - LR100072 (3 piece)	295	254.01	14.65	2.44	0.00	381.01	15.63	14.65
Cycle menu cold alternate - LR100183 (1 serv.)	15	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	100	380.00	11.50	2.00	0.00	740.00	41.00	28.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	85	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	5	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - SR108000 (1 sandwich)	5	590.00	32.00	7.00	0.00	530.00	64.00	18.00
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	175	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	375	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Vegetable, Scalloped Potatoes, Veg-S - SR104429 (1/2 c.)	375	196.00	4.90	1.75	0.11	712.13	35.75	4.32

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 1, Tuesday - ServingDate: 11/03/2026								
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	400	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Strawberries, Diced, Cups, Frozen, 4.5 oz., USDA, 100256, F - SR109098 (1 Container)	380	80.00	0.00	0.00	0.00	1.00	21.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	30	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	325	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	350	6.67	0.00	0.00	0.00	103.33	1.33	0.00
Condiments, Barbeque Sauce Americana BBQ, Portion Pac, Heinz,7627810, Non-Credible - SR100988 (1 packet)	300	15.00	0.00	0.00	0.00	85.00	4.00	0.00
Sauce, Hot, 7 gram packet, Texas Pete, 75500-00003 - SR108538 (1 packet)	350	0.00	0.00	0.00	0.00	115.00	0.00	0.00
2026 HS Lunch, November, Week 1, Wednesday - ServingDate: 11/04/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	5	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Chicken Caesar Wrap - LR100355 (1 wrap)	0	540.00	29.00	6.00	0.00(M)	1230.00	43.50	31.50
Cycle menu cold alternate - LR100183 (1 serv.)	50	421.19	18.84	5.65	0.00	745.13	42.92	22.21

Menu Calendar Nutrient Analysis Report - November, 2026

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 1, Wednesday - ServingDate: 11/04/2026								
HS chicken patty sandwich - LR100329 (1 sandwich)	45	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	15	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	110	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	10	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Sandwich, Toasted Cheese, MMA, WG - LR100004 (1 sandwich)	125	318.81	12.06	5.20	0.00	810.55	38.87	16.13
Carrots, Frozen, Steamed, Veg-RO - SR100812 (3/4 cup servin)	350	78.67	1.45	0.26	0.00(M)	358.25	16.44	1.23
Tomato soup WYASD - LR100094 (1 c.)	250	128.33	1.95	1.07	0.00(M)	770.25	23.60	5.06
Applesauce - LR100181 (4 1/2 oz.)	350	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Fruit Cup, Peaches, Diced in 100% Fruit Juice, 4oz, Del Monte Foods, 2005442, 1/2F - SR110659 (1 c.)	300	50.00	0.00	0.00	0.00	5.00	12.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	30	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	260	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	170	6.67	0.00	0.00	0.00	103.33	1.33	0.00
2026 HS Lunch, November, Week 2, Monday - ServingDate: 11/09/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	35	405.00	22.50	9.25	0.00	490.00	26.00	23.50

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2026 HS Lunch, November, Week 2, Monday - ServingDate: 11/09/2026								
Chicken, Golden Crispy Whole Grain Popcorn, Tyson Foods Inc, 70368 -928, MMA, WGR - SR105302 (12 piece)	160	261.82	14.18	3.27	0.00	534.54	16.36	15.27
Cycle menu cold alternate - LR100183 (1 serv.)	11	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	123	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	15	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	160	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	15	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	425	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Corn, No Salt Added, Frozen, yellow, cooked, drained - SR105269 (1 c.)	450	134.00	2.00	0.00	0.00	2.00	32.00	4.00
Potatoes, Mashed Potato Pearls, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR109800 (1 c.)	300	140.00	2.00	0.00	0.00	620.00	28.00	4.00
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	80	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Peaches, diced in light syrup - LR100308 (1/2 c.)	475	60.00	0.00	0.00	0.00	0.00	16.00	1.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	75	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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2026 HS Lunch, November, Week 2, Monday - ServingDate: 11/09/2026								
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	125	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	75	6.67	0.00	0.00	0.00	103.33	1.33	0.00
Gravy, Chicken Mix - Trio, Nestle, Prepared - SR100422 (1/4 c.)	175	35.09	1.00	0.00	0.00	262.30	7.02	0.00
2026 HS Lunch, November, Week 2, Tuesday - ServingDate: 11/10/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	5	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Cycle menu cold alternate - LR100183 (1 serv.)	37	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	103	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	5	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	110	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	0	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Walking Taco Nacho Dorritos - LR100402 (1 serv.)	240	357.08	19.23	5.00	0.00	476.86	28.95	15.99
Black Beans and Corn Mix - LR100038 (1 c.)	400	240.35	5.98	2.12	0.00(M)	224.93	41.29	9.25
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	300	60.00	0.00	0.00	0.00	10.00	13.00	0.00

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2026 HS Lunch, November, Week 2, Tuesday - ServingDate: 11/10/2026								
Fruit Cup, Peaches, Diced in 100% Fruit Juice, 4oz, Del Monte Foods, 2005442, 1/2F - SR110659 (1 c.)	450	50.00	0.00	0.00	0.00	5.00	12.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	75	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	150	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	75	6.67	0.00	0.00	0.00	103.33	1.33	0.00
Condiment, Salsa, 3.0 oz. portion cup, Red Gold, REDSC2ZC84, VEG-RO - SR108992 (1 Container)	175	25.00	0.00	0.00	0.00	195.00	5.00	1.00
Shredded Lettuce and Tomato, Veg-O - SR105405 (1 c.)	230	26.08	0.28	0.04	0.00	9.19	5.62	1.34
Sour Cream, Regular, Single Serve Packets, 1 oz., Daisy, IDP100 - SR108475 (1 packet)	175	56.00	4.67	3.27	0.00	14.00	0.93	0.93
2026 HS Lunch, November, Week 2, Wednesday - ServingDate: 11/11/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	15	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Cycle menu cold alternate - LR100183 (1 serv.)	14	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	44	380.00	11.50	2.00	0.00	740.00	41.00	28.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	152	360.00	16.00	7.00	0.00	490.00	35.00	21.00

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2026 HS Lunch, November, Week 2, Wednesday - ServingDate: 11/11/2026								
Pizza, Cheese Crunchers Whole Grain, Rich's Foodservice, 65225, WGR, MMA - SR100373 (4 ea.)	148	430.00	20.00	8.00	0.50	780.00	42.00	20.00
Protein pack meal - LR100252 (1 serv.)	2	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Bread, Individually Wrapped 55% Dinner Roll, 807, Morabito, WGR - SR110351 (1 ea.)	325	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Vegetable, Broccoli, No Salt Added, Frozen, USDA Foods, 110473, VEG-DG - SR108822 (1 c.)	350	52.00	0.00	0.00	0.00	44.00	10.00	6.00
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	325	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Strawberries, Diced, Cups, Frozen, 4.5 oz., USDA, 100256, F - SR109098 (1 Container)	375	80.00	0.00	0.00	0.00	1.00	21.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	100	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	175	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	75	6.67	0.00	0.00	0.00	103.33	1.33	0.00
Sauce, Marinara Sauce, 2.5 oz. cups, Red Gold, REDNA2ZC168, VEG-RO - SR108770 (1 Container)	140	40.00	1.00	0.00	0.00	170.00	7.00	1.00

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2026 HS Lunch, November, Week 2, Thursday - ServingDate: 11/12/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	200	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Cycle menu cold alternate - LR100183 (1 serv.)	20	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	50	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	5	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	100	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	5	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Baked Beans WYASD - LR100107 (1 c.)	300	125.90	0.56	0.00	0.00(M)	238.62	25.97	2.61
Potatoes, Ovations Reduced Sodium Crinkle Cut French Fries, 2.07 oz., McCain, MCF03761,Veg-S - SR104149 (2.06 oz.)	375	79.61	2.99	0.00	0.00	24.88	13.93	0.99
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	200	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Fruit, Pears, Halves, Extra Light Syrup, Canned, USDA, 100226, F - SR109109 (1/2 c.)	375	60.00	0.00	0.00	0.00	10.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	75	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	145	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	75	6.67	0.00	0.00	0.00	103.33	1.33	0.00

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2026 HS Lunch, November, Week 2, Friday - ServingDate: 11/13/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	15	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Cycle menu cold alternate - LR100183 (1 serv.)	10	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	75	380.00	11.50	2.00	0.00	740.00	41.00	28.00
Italian Cold Cut Sub - LR100209 (1 sandwich)	135	253.33	7.83	3.50	0.00	970.00	24.67	20.33
P.B. jelly protein pack - LR100330 (1 ea.)	5	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	110	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	5	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Chips, Sunchips Harvest Cheddar Multigrain Snacks, 1 oz Bag, Pepsico Foodservice, 11152, WGR - SR107356 (1 pkg.)	275	140.00	6.00	0.50	0.00	170.00	18.00	2.00
Broccoli, Fresh, Cooked, Veg-DG - SR101974 (1 Cup (8 oz)	300	65.80	0.72	0.22	0.00	63.87	12.85	5.46
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	300	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	300	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Peaches, diced in light syrup - LR100308 (1/2 c.)	300	60.00	0.00	0.00	0.00	0.00	16.00	1.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	75	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	165	150.00	2.50	1.50	0.00	220.00	24.00	8.00

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2026 HS Lunch, November, Week 2, Friday - ServingDate: 11/13/2026								
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	100	6.67	0.00	0.00	0.00	103.33	1.33	0.00
The Works, VRO, VO - LR100016 (1 serv.)	350	24.29	0.14	0.03	0.00	5.79	5.50	0.92
2026 HS Lunch, November, Week 3, Monday - ServingDate: 11/16/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	2	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Cycle menu cold alternate - LR100183 (1 serv.)	15	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	8	380.00	11.50	2.00	0.00	740.00	41.00	28.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	45	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	5	610.00	21.00	7.50	0.00	670.00	81.00	27.00
WG Pasta w/ Meat Sauce, MMA, WG, VRO - LR100007 (1 serv.)	300	296.06	10.02	3.80	0.00(M)	799.10	34.88	17.48
Bake Crafter Garlic Breadstick - LR100283 (1 piece)	400	160.00	4.50	1.00	0.00	140.00	25.00	4.00
BEAN, GREEN, REGULAR, CUT, GRADE A - LR100398 (1 serv.)	400	35.00	0.00	0.00	0.00	0.00	6.00	2.00
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	375	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Strawberries, Diced, Cups, Frozen, 4.5 oz., USDA, 100256, F - SR109098 (1 Container)	400	80.00	0.00	0.00	0.00	1.00	21.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 3, Monday - ServingDate: 11/16/2026								
Swiss 1% White Milk - LR100274 (8 fl. oz.)	100	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	325	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	400	6.67	0.00	0.00	0.00	103.33	1.33	0.00
2026 HS Lunch, November, Week 3, Tuesday - ServingDate: 11/17/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	3	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Chicken Caesar Wrap - LR100355 (1 wrap)	0	540.00	29.00	6.00	0.00(M)	1230.00	43.50	31.50
Chicken, General Tso's Whole Grain, International Food Solutions, 72003, MMA, WGR - SR106073 (3.96 ounces)	257	213.23	7.11	1.02	0.00	446.77	26.40	12.18
Cycle menu cold alternate - LR100183 (1 serv.)	15	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	75	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	40	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	100	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	10	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Asian Rice WYASD - LR100106 (1 c.)	400	140.26	0.73	0.02	0.00(M)	296.84	26.83	5.08
Vegetable, Broccoli, No Salt Added, Frozen, USDA Foods, 110473, VEG-DG - SR108822 (1 c.)	400	52.00	0.00	0.00	0.00	44.00	10.00	6.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 3, Tuesday - ServingDate: 11/17/2026								
Applesauce - LR100181 (4 1/2 oz.)	400	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Juice, Fruit, Rosati Ice, 4.4oz, Juice - SR110629 (1 c.)	450	99.00	0.00	0.00	0.00	15.00	25.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	75	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	400	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	375	6.67	0.00	0.00	0.00	103.33	1.33	0.00
2026 HS Lunch, November, Week 3, Wednesday - ServingDate: 11/18/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	5	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Chicken Caesar Wrap - LR100355 (1 wrap)	1	540.00	29.00	6.00	0.00(M)	1230.00	43.50	31.50
Cycle menu cold alternate - LR100183 (1 serv.)	10	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	50	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	40	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	50	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Pork Rib BBQ sandwich WYASD - LR100114 (1 sandwich)	188	220.00	5.50	2.00	0.00	510.00	26.00	16.00
Protein pack meal - LR100252 (1 serv.)	30	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Wrap, Buffalo Chicken Wrap, MMA, WG - SR104872 (1 wrap)	1	257.44	9.02	2.00	0.00	994.06	26.01	19.06

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 3, Wednesday - ServingDate: 11/18/2026								
Chips, RF Doritos Tortilla Chips - Nacho Cheese, 1 oz Bag, PepsiCo, 31748, 1.5WGR - SR106484 (1 bag, singl)	375	130.00	5.00	1.00	0.00	140.00	19.00	2.00
Broccoli, Fresh, Cooked, Veg-DG - SR101974 (1 Cup (8 oz)	300	65.80	0.72	0.22	0.00	63.87	12.85	5.46
Applesauce - LR100181 (4 1/2 oz.)	375	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	300	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	75	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	300	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	350	6.67	0.00	0.00	0.00	103.33	1.33	0.00
2026 HS Lunch, November, Week 3, Thursday - ServingDate: 11/19/2026								
P.B. jelly protein pack - LR100330 (1 ea.)	75	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Turkey, Breast and Thigh Turkey Roast, Fully Cooked, 3.29 oz, Jennie-O, 317004, MMA - SR102610 (3.29 ounces)	425	80.00	4.00	1.00	0.00	479.99	0.00	12.00
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	400	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Stuffing, Bread, Seasoned, Bake Crafters, 12062, WGR - SR108135 (1 serv.)	400	70.00	0.00	0.00	0.00	110.00	15.00	2.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 3, Thursday - ServingDate: 11/19/2026								
Potatoes, Mashed Potato Pearls, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR109800 (3/4 c.)	400	105.00	1.50	0.00	0.00	465.00	21.00	3.00
Vegetable, Cut Green Beans, Frozen, 3/4 cup, Hanover, 760751, Veg- O - SR111012 (1/2 c.)	400	23.33	0.00	0.00	0.00	0.00	4.00	1.33
Applesauce - LR100181 (4 1/2 oz.)	400	59.80	0.00	0.00	0.00	9.97	12.96	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	400	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	75	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	125	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	275	6.67	0.00	0.00	0.00	103.33	1.33	0.00
Gravy, Turkey Gravy, Mix, Instant, Add Water, Trio, 11250194, Condiment - SR110371 (1/4 Cup (Prepa)	400	212.63	0.00	0.00	0.00	1488.38	42.52	0.00
Chocolate Ice Cream Sundae - SR109345 (1 ea.)	250	80.00	1.00	0.50	0.00	60.00	16.00	2.00
Vanilla Ice Cream Cup - SR109355 (1 ea.)	200	70.00	1.00	0.50	0.00	55.00	14.00	2.00
2026 HS Lunch, November, Week 3, Friday - ServingDate: 11/20/2026								
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	23	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Cycle menu cold alternate - LR100183 (1 serv.)	20	421.19	18.84	5.65	0.00	745.13	42.92	22.21

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 3, Friday - ServingDate: 11/20/2026								
Double Dipper - LR100358 (1 serv.)	220	575.00	22.00	7.00	0.00	1215.00	61.00	33.00
HS chicken patty sandwich - LR100329 (1 sandwich)	147	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	5	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	100	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	5	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	450	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Baked Beans WYASD - LR100107 (1 c.)	300	125.90	0.56	0.00	0.00(M)	238.62	25.97	2.61
Vegetables, Broccoli, Steamed, Veg - DG - SR104391 (1 c.)	400	77.11	0.84	0.26	0.00	74.84	15.06	6.40
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	300	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	440	60.00	0.00	0.00	0.00	10.00	14.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	25	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	300	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	200	6.67	0.00	0.00	0.00	103.33	1.33	0.00
Sauce, Marinara Portion Cup 1oz, Red Gold, REDNA1Z, Veg-RO - SR106667 (1 ea.)	200	15.00	0.00	0.00	0.00	120.00	3.00	1.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 5, Monday - ServingDate: 11/23/2026								
Burrito Bowl - LR100388 (1 serv.)	180	623.97	17.15	6.54	0.00(M)	627.90	88.32	32.74
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	5	405.00	22.50	9.25	0.00	490.00	26.00	23.50
Cycle menu cold alternate - LR100183 (1 serv.)	37	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	70	380.00	11.50	2.00	0.00	740.00	41.00	28.00
P.B. jelly protein pack - LR100330 (1 ea.)	5	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	88	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	0	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Black Beans and Corn Mix - LR100038 (1 c.)	300	240.35	5.98	2.12	0.00(M)	224.93	41.29	9.25
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	300	60.00	0.00	0.00	0.00	10.00	13.00	0.00
PEAR, DICED, IN JUICE - LR100390 (1/2 c.)	300	70.00	0.00	0.00	0.00	0.00	16.00	0.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	300	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	120	6.67	0.00	0.00	0.00	103.33	1.33	0.00
Salsa, 103 oz. Salsa, Red Gold, REDSC99, Veg-RO - SR107003 (1/8 c.)	230	10.00	0.00	0.00	0.00	70.00	2.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 5, Monday - ServingDate: 11/23/2026								
Sour Cream, Regular, Single Serve Packets, 1 oz., Daisy, IDP100 - SR108475 (1 packet)	230	56.00	4.67	3.27	0.00	14.00	0.93	0.93
2026 HS Lunch, November, Week 4, Tuesday - ServingDate: 11/24/2026								
Cycle menu cold alternate - LR100183 (1 serv.)	20	421.19	18.84	5.65	0.00	745.13	42.92	22.21
HS chicken patty sandwich - LR100329 (1 sandwich)	50	380.00	11.50	2.00	0.00	740.00	41.00	28.00
low Sodium Hot dog - LR100154 (1 ea.)	275	270.00	13.50	5.00	0.00	610.00	25.00	12.00
P.B. jelly protein pack - LR100330 (1 ea.)	35	816.00	40.50	9.00	0.00	841.33	99.06	21.00
Pizza, Big Daddys16" original - LR100244 (1/8 pizza)	80	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Protein pack meal - LR100252 (1 serv.)	25	610.00	21.00	7.50	0.00	670.00	81.00	27.00
Baked Beans WYASD - LR100107 (1 c.)	400	125.90	0.56	0.00	0.00(M)	238.62	25.97	2.61
Potatoes, Ovations Reduced Sodium Crinkle Cut French Fries, 2.07 oz., McCain, MCF03761,Veg-S - SR104149 (2.06 oz.)	450	79.61	2.99	0.00	0.00	24.88	13.93	0.99
Applesauce, Musselman's Unsweetened Applesauce 4.5oz, Knouse Foods, FFASU1150MUS01, F - SR110395 (1 serv.)	400	60.00	0.00	0.00	0.00	10.00	13.00	0.00
Peaches, Diced, Cups - Frozen - SR109822 (4.4 oz.)	375	89.81	0.00	0.00	0.00	0.00	20.96	1.00
Swiss 1% White Milk - LR100274 (8 fl. oz.)	75	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2026 HS Lunch, November, Week 4, Tuesday - ServingDate: 11/24/2026								
Tru Moo 1% Chocolate Milk - LR100314 (1 Carton)	300	150.00	2.50	1.50	0.00	220.00	24.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 serv.)	350	6.67	0.00	0.00	0.00	103.33	1.33	0.00
Sauerkraut, Canned, Solids And Liquids, Veg-O - SR103154 (1/2 c.)	200	13.49	0.10	0.02	0.00	469.31	3.04	0.65

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: High School
Menu Line: regular
Serving Group: 9-12
Nutrients Option: Expanded