

November 2026



WEEK 1 2nd-6th

Fresh apples, oranges, and bananas offered at every meal.

Fresh baby carrots, and assorted vegetables offered everyday at lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey hot dog Gluten Free Bun Fries Baked beans	No School!	Gluten Free Sweet Chili chicken & rice bowl Broccoli Diced pineapple	Chicken Tacos Hard Corn shells Corn Sliced Cucumbers Diced Peaches	Bacon Chicken Ranch Sandwich On a gluten free bun Red Pepper Strips Coleslaw Diced pears

Applesauce

Diced pineapple

Fresh from New York Dairy Farms! Choose Your Favorite Milk:

WEEK 2 9th-13th

 2% White,  Fat-Free Chocolate,  Lactose-Free White,

 **Lactose-Free Chocolate** Every carton proudly supports New York dairy farmers!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Gluten Free Chicken Alfredo Steamed Broccoli Tomato salad	Beef Nachos Refried beans Broccoli Salad Diced Pineapple	No School!	Country Chicken bowl Mashed potatoes Corn Applesauce cup	Gluten Free In out Pasta Spinach side salad Celery Sticks

Diced Pineapple

Diced Peaches

Great News! Every student in New York state receives Free

WEEK 3 16th- 20th

Breakfast and Lunch your day with delicious, healthy meals on us.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grilled Cheese Sandwich on Gluten Free bread Soup Fries Grapes	Limited Time Offer Gluten free Pepperoni pizza c Quesadilla Garden Side Salad Diced pears	Gluten Free Chicken Tenders Garden Side Salad Glazed Carrots Mandarin Oranges	Brunch for lunch Gluten Free waffles Chicken Sausages Hashbrown patty Cauliflower Mandarin Oranges	Friends Giving Roasted Turkey Mashed Potatoes Green beans Cranberry sauce

WEEK 4 23rd – 27th

For questions about the menu, or any dietary or allergy concerns please contact: Kerri Sanders ksanders@gfsd.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Nachos Black Beans Corn Applesauce cup	Gluten Free Orange Chicken bowl Brown rice Stir fry vegetables Sliced cucumbers Diced pears	No School!	No School!	No School!

Gluten free menu Gluten free menu Gluten free menu Gluten free menu Gluten free menu