



RAMAPO HIGH SCHOOL

Weekly Bulletin
November 2-6, 2026



Monday November 2nd	Tuesday November 3rd	Wednesday November 4th	Thursday November 5th	Friday November 6th
Day 2	Day 3	Day 4	School Closed	School Closed
PER 2: 8:20 - 9:16 AM	PER 3: 8:20 - 9:16 AM	PER 4: 8:20 - 9:16 AM		
PER 3: 9:20 - 10:18 AM	PER 4: 9:20 - 10:18 AM	PER 1: 9:20 - 10:18 AM		
PER 4: 10:22 - 11:18 AM	PER 1: 10:22 - 11:18 AM	PER 2: 10:22 - 11:18 AM		
Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am		
UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM		
Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm		
PER 8: 12:14 - 1:10 PM	PER 5: 12:14 - 1:10 PM	PER 6: 12:14 - 1:10 PM		
PER 7: 1:14 - 2:10 PM	PER 8: 1:14 - 2:10 PM	PER 5: 1:14 - 2:10 PM		
PER 6: 2:14 - 3:10 PM	PER 7: 2:14 - 3:10 PM	PER 8: 2:14 - 3:10 PM		



Mark Your Calendar

- **NOVEMBER 2-15:** Class of 2030-Clothing Sale
- **NOVEMBER 2:** Italian Pie Fundraiser



LATEST NEWS

Don't forget to
check out other
RHS news in
RAMPAGE
Click: Rampage

**ATHLETIC
SCHEDULES: Click
Athletics**



Follow Ramapo
Athletics on IG

Click: RHS Athletics





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Sophomore Class BAKE SALE

Support the Sophomore Class!

 Monday, November 2nd

 3:10 - 3:30 pm

Bring Cash



Winter sports physicals will be due by November 2nd, 2026

- Parents must register their child through Genesis.
- Please hand in physicals/eligibility forms to the school nurse.
- Physicals must be within 365 days of the sport start date.

Ramapo's MAD4KIDS Club

NEW Hat/Glove/Mitten Drive

We are collecting for 200 children from Roberto Clemente School in Paterson.

Our goal is to give each child a NEW set of gloves and a hat at Ramapo's Holiday Festival!

Drop off in bin at Front Entrance
10/26-11/24

?s Email Katie Mainwald
KMainwald27@student.RIH.org

Thank you for your generosity!



RAMAPO HIGH SCHOOL SOPHOMORE CLASS WINTER HAT SALE



\$25

POM POM HAT



\$20

BLACK HAT



\$25

POM POM HAT

HATS ON SALE NOW AT
HOME GAMES
OR SEE A SOPHOMORE CLASS OFFICER

\$ CASH ONLY \$

STAY WARM • SHOW YOUR RAMAPO PRIDE!



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NEED A TUTOR? WE CAN HELP!

Need help studying?
Want someone to read
over an essay?
Looking for help with an assignment?

Students scan the QR Code to
request a tutor.

Parents/guardians email
mferro@rih.org.



SUPPORT RAMAPO'S ITALIAN CLUB

SCAN TO ORDER!
Complete the form + payment



\$20 per pie



PIE PICKUP

Tuesday, November 24th @ Dismissal
Ramapo High School, Front Lobby
Orders must be placed & paid for by
November 2nd!

shiv's third eye

MINDSPEAK ESSAY COMPETITION

• Middle School (Grades 6-8)
• High School (Grades 9-12)

Calling ALL young creative minds and compassionate hearts to explore and openly discuss the topic of "YOUTH MENTAL HEALTH & WELLNESS" and make your voice heard!

SUBMISSION WINDOW: OCT 26 - DEC 16, 2026 (11:59 PM)

A Letter of Recognition from New Jersey Governor Mikie Sherrill
+ Cash Prizes for ALL winners

HIGH SCHOOL Grades 9-12		MIDDLE SCHOOL Grades 6-8	
GOLD	\$500	GOLD	\$300
SILVER	\$300	SILVER	\$200
BRONZE	\$100	BRONZE	\$100

TOPICS, RULES & FREE SUBMISSION
For essay guidelines and FAQs visit
shivsthirdeye.org/mindspeak-essay-competition-2026
Winners to be announced on Jan 24, 2027 at the Youth Mental Wellness Fair, Livingston NJ



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**Ramapo APTS Parent Memberships
2026-2027**

<https://my.chaddarup.com/c/2026-2027-aps-memberships-copy-2627/items>

Join the APTS! Click Here

SEPTEMBER IS SUICIDE PREVENTION MONTH TEXT 988

988 Suicide & Crisis Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

It's okay to ask for help



Ms. Mantashian, SAC & Mrs. Cornell, SAC
jmantashian@rih.org & rcornell@rih.org

RIH SENIOR BUDDY PROGRAM

SENIORS: BE A PART OF THIS LUNCHTIME PROGRAM DEDICATED TO BUILDING MEANINGFUL CONNECTIONS WITH SPECIAL EDUCATION STUDENTS!

Buddies will spend one or more lunch periods multiple times a month with students in our special education programs—building genuine connections, breaking down barriers, celebrating differences, and ensuring that every student feels seen, valued, and truly part of our school family.

♦ **Mission-** to create a culture where inclusion is not just encouraged, but lived- one friendship at a time! ♦

[RIH Senior Buddy Program Survey](#)

Scan QR Code or go to link to fill out buddy form

REGISTER FOR BEST BUDDIES!

WHAT IS BEST BUDDIES?

BEST BUDDIES® IS A NONPROFIT 501 (C)(3) ORGANIZATION DEDICATED TO ESTABLISHING A GLOBAL VOLUNTEER MOVEMENT THAT CREATES OPPORTUNITIES FOR ONE-TO-ONE FRIENDSHIPS, INTEGRATED EMPLOYMENT AND LEADERSHIP DEVELOPMENT FOR PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (IDD).

BEST BUDDIES AT RAMAPO HS

THE BEST BUDDIES SCHOOL FRIENDSHIP PROGRAM IS A CLUB THAT PROMOTES INCLUSION ON CAMPUS BY PAIRING STUDENTS WITH AND WITHOUT INTELLECTUAL AND DEVELOPMENTAL DISABILITIES IN ONE-TO-ONE FRIENDSHIPS. EACH MONTH FEATURES FUN ACTIVITIES AND EVENTS, PLUS OPPORTUNITIES FOR LEADERSHIP, CREATIVITY, AND INCLUSION!

HOW CAN I JOIN?!

YOU CAN SIGN UP TODAY!
SCAN THIS QR CODE
OR VISIT WWW.BESTBUDDIES.ORG/JOIN

JOIN OUR SCHOODOLOGY GROUP!
USE THIS CODE TO JOIN: **WRH9 - RTMK-QTQ46**





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**Ramapo School Store**
OPEN AT LUNCH
Located in the Library Media Center

C A S H O N L Y	CLOTHING:		
	• Short Sleeve T-Shirt		\$15
	• Long Sleeve T-shirt		\$25
	• Sweatshirt/Hoodie		\$40
	CANDY:		
	• Candy Bar		\$2
	• Gum	2 for \$1	
	SPECIALTY ITEMS:		
	• Lip Balm		\$1
	• Hair ties		\$1
• Shout Stain Remover		\$1	
• Bracelet		\$5	
• Phone Pocket		\$5	
• Magnets		\$5	
• Spirit Sticks	2 for \$8		

**C
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**LEARN HOW TO
USE THE TV
STUDIO**

**RAMAPO
BROADCASTING**

**HELP PRODUCE THE
MORNING
ANNOUNCEMENTS &
OTHER SCHOOL
PROJECTS**

**EARN COMMUNITY
SERVICE HOURS**

**SEE MRS. EUSTICE IN ROOM 225
OR EMAIL OEUSTICE@RIH.ORG**



Please consider having your club or team host a craft or activity booth at Holiday Fest on December 9th! Your booth does not need to be holiday themed. Sign up ideas can be sent to sprata@rih.org.

**RAMAPO
SCHOOL STORE**

**Improve
people
skills**

**Choose
new
merch**

**Help run
and
manage
the store**

**Help Wanted
EARN COMMUNITY
SERVICE HOURS**

**See Mrs. Eustice
in room 225 or
email oeustice@rih.org**





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SIGN UP TO RACE
RAISE MONEY FOR CLASS OF 2030!

SUNDAY
DECEMBER | 6 | 9:30AM

RACE LOCATION: OVERPECK PARK
RIDGEFIELD PARK, NJ

\$10 PER ENTRY WILL GO TOWARDS
CLASS OF 2030

JOIN TEAM: RAMPAPOHS

FIRST 20 GET A FREE PAIR OF SOCKS



asics



PARENT STUDENT 5K TRAINING PROGRAM
RAISE MONEY FOR RAMAPO CLASS OF 2030

8 WEEK 5K TRAINING PROGRAM

BEGINS: OCT. 12, 2026

RACE DAY: DEC. 6, 2026 OVERPECK
PARK

\$20 PER SIGN FOR TRAINING PROGRAM, \$10 PER SIGN UP FOR RACE

REGISTRATION

BACK TO CLASS OF 2030

SIGN UP HERE



asics



November