



Indian Hills High School

Weekly Bulletin

October 26-30



YOUR WEEK AHEAD

Monday 11-02	Tuesday 11-03	Wednesday 11-04	Thursday 11-05	Friday 11-06
DAY 2	DAY 3	DAY 4	Schools Closed	Schools Closed





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MINDSPEAK ESSAY COMPETITION

- Middle School
(Grades 6-8)
- High School
(Grades 9-12)

Calling ALL young creative minds and compassionate hearts to explore and openly discuss the topic of "YOUTH MENTAL HEALTH & WELLNESS" and make your voice heard!

SUBMISSION WINDOW: OCT 26 - DEC 16, 2026 (11:59 PM)

A Letter of Recognition from New Jersey Governor Mikie Sherrill
+ Cash Prizes for ALL winners

HIGH SCHOOL Grades 9-12

1 GOLD	\$500
2 SILVER	\$300
3 BRONZE	\$100

MIDDLE SCHOOL Grades 6-8

1 GOLD	\$300
2 SILVER	\$200
3 BRONZE	\$100

TOPICS, RULES & FREE SUBMISSION

For essay guidelines and FAQs visit

shivsthirdeye.org/mindspeak-essay-competition-2026
Winners to be announced on Jan 24, 2027 at the Youth Mental Wellness Fair, Livingston NJ



RAMAPO INDIAN HILLS REGIONAL HIGH SCHOOL
SCHOOL COUNSELING DEPARTMENT

CLASS OF 2028 RIH COLLEGE INFORMATION NIGHT



**November
11th
6:00 P.M.**

The Class of 2028 RIH College Information Night will provide families with valuable insight into the college search and application process, and the many ways the RIH School Counseling Department support students and families along the way.



**Indian Hills
High School
Auditorium**

Mrs. Kate Robinson, the District Supervisor of School Counseling will be hosting the event. All presentation materials will be shared with students and parents following the event.



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**INDIAN HILLS
HIGH SCHOOL
Braves**

**FENCING TEAM
INTEREST MEETING**

BOYS & GIRLS TEAMS!

**THURSDAY,
NOVEMBER 3** | **3:15 PM** | **ROOM 205
INDIAN HILLS
HIGH SCHOOL**

Come learn about the Indian Hills High School fencing program, meet the coaches, and find out how to get involved!

**BUILD
CONFIDENCE** | **DEVELOP
SKILLS** | **BE PART OF A
GREAT TEAM** | **CHALLENGE
YOURSELF**

Go Braves!

**Greenhouse
CLUB**

INTEREST MEETING

**Day 2 Lunch
Monday, 11/2**

**Come to 808
if interested!**

Learn • Grow • Get Involved



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**RELAY
FOR LIFE®**

CLUB MEETING

11-3-2026

Join us **TUESDAY** @ Hills
(Wellness Room) 7 P.M.
for a **club** meeting!

**Please bring a
charged computer!**

Email: leannlebov@gmail.com with any questions! ALL
are welcome!

Schoology Code: DWKCS-RNWF3

NEXT WEEK'S SCHEDULE

Monday 11-09	Tuesday 11-10	Wednesday 11-11	Thursday 11-12	Friday 11-13
DAY 1	DAY 2	DAY 3	DAY 4	DAY 1