November

Lunch Price: $3.70-$3.95

Please be prepared at the register with your student ID number

Available Daily

Cereal Grab & Go
(Cereal, String Cheese, Yogurt, Goldfish, Fruit, Veggie, Milk)

Sun Butter & Jelly Sandwich

Yogurt Parfait

Assorted Grill Items

Assorted Salads and Deli Sandwiches/Wraps

Pizza
Available: Monday, Wednesday & Friday

PA Harvest of the Month

Winter Squash

"Squash" comes from the Native American word askutasquash which means "eaten raw or uncooked" Squashes are one of the oldest known crops - 10,000 years by some estimates. An average pumpkin weighs 10-20 pounds, the Atlantic Giant variety can weigh 400-600 pounds

For more information, menus, payment options, low balance alerts, and applications for free/reduced meals please visit SchoolCafe.com or scan the QR code below

SCAN ME

Any further questions can be directed to Sadia Sultana at ssultana@gvsd.org

A la Carte Snacks and Drinks Available for Purchase Daily

= Vegetarian/ Ask for it Vegetarian

This institution is an equal opportunity provider. Menus are subject to change.

5/6 CENTER LUNCH MENU

*Every student can select one *main entree and their choice of 2 fruits and 2 vegetables daily. 1% White Milk, Whole Milk and Fat Free Flavored Milk are also offered with each meal.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Toast Sticks w/ Syrup Turkey Sausage Hash Browns Fruit & Milk 2	ELECTION DAY 3	Pasta with Meatballs Broccoli Garlic Knot Fruit & Milk 4	Chicken Drumstick Mashed Potatoes Green Beans WW Dinner Roll Fruit & Milk 5	3 Cheese Cavatappi Pasta Breadstick Caesar Salad Fruit & Milk 6
Mini Calzone with Marinara Sauce Veggies with Ranch Fruit Milk 9	Hot Honey Chicken Sandwich on a Biscuit Tater Tots Side Salad Fruit & Milk 10	BBQ Beef Sliders Coleslaw Sweet Tots Fruit & Milk 11	Turkey w/ Gravy Green Beans Stuffing Cornbread / Club Roll Mashed/Sweet Potatoes Special Dessert Fruit & Milk 12	Mini Meatball sub w/ Sauce & Cheese Sweet Potato Fries Fruit & Milk 13
Lasagna Rolls Roasted Zucchini Garlic Knot Fruit Milk 16	Chicken Eggrolls Sweet Chili Sauce Vegetable Fried Rice Broccoli Fruit & Milk 17	Burrito Bowl with Cheese, Lettuce & Salsa Fiesta Black Beans Seasoned Corn Fruit & Milk 18	Garlic Sesame Popcorn Chicken Noodles with Broccoli & Edamame Fortune Cookie Fruit & Milk 19	BBQ Boneless Rib Sandwich Coleslaw Sweet Potato Fries Fruit & Milk 20
CLOSED 23	CLOSED 24	CLOSED 25	HAPPY THANKS GIVING 26	THANKSGIVING BREAK 27
Cheese Ravioli w/ Marinara Sauce Veggies w/ Ranch Fruit & Milk 30		Look out for Our "Thanksgiving Special" Meal on November 12th!		