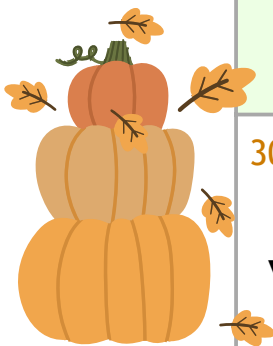


NOVEMBER ELEMENTARY LUNCH



Menu subject to change based on product availability.

Lunch includes an entree, one trip to the garden bar and a choice of lowfat white milk or nonfat chocolate milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Teriyaki Meatball Noodle Bowl (C) Ravioli Dippers with Marinara Cup	3 Turkey & Gravy with Mashed Potatoes (T) Taco Bean & Veggie Crisp Up	4 Smash Burger with Cheese on a Bun (B) Black Bean Burger on a Bun	5 Corn Dog (C) Penne Pasta Alfredo	6 Bean & Cheese Nachos Yogurt, Muffin & String Cheese with Granola
9 Pepperoni Pizza (B, T) Vegan Dumplings with Fried Rice	10 Hot Dog (B, H) on a Bun Mozzarella Pizza Stick with Marinara Cup	11 NO SCHOOL ★ ★ ★ ★ ★ VETERANS DAY <i>November 11th</i>	12 Pulled Pork (P) Mac & Cheese Bowl Bean & Cheese Burrito	13 Fish Sticks (F) with Fries Cheese Pizza
16 Teriyaki Meatball Noodle Bowl (C) Ravioli Dippers with Marinara Cup	17 Turkey & Gravy with Mashed Potatoes (T) Taco Bean & Veggie Crisp Up	18 Smash Burger with Cheese on a Bun (B) Black Bean Burger on a Bun	19 Corn Dog (C) Penne Pasta Alfredo	20 Bean & Cheese Nachos Yogurt, Muffin & String Cheese with Granola
23	24	25	26	27
Thanksgiving Break: November 23 - 27				
30 Pepperoni Pizza (B, T) Vegan Dumplings with Fried Rice		Offered Daily: Sunbutter and Jelly Sandwich Meal		

Students must take 3 of the 5 components offered and a minimum of a half cup of fruit and/or vegetable.

Contains:
Beef (B)
Chicken (C)
Fish (F)
Halal (H)
Pork (P)
Turkey (T)



One lunch is available at NO COST to enrolled students.

Families can complete a school meals application online - from the FCUSD home page, click on Departments, then Food Services.

This institution is an equal opportunity provider.