

November

Lunch Price:
\$3.45

Please be prepared at the register with your student ID number

- Available Daily**
- Cereal Grab & Go**
(Cereal, String Cheese, Yogurt, Goldfish, Fruit, Veggie, Milk)
 - Sun Butter & Jelly Sandwich**
(Sandwich, String Cheese, Yogurt, Goldfish, Fruit, Veggie, Milk)

PA Harvest of the Month
Winter Squash

“Squash” comes from the Native American word askutasquash which means “eaten raw or uncooked” Squashes are one of the oldest known crops - 10,000 years by some estimates. An average pumpkin weighs 10-20 pounds, the Atlantic Giant variety can weigh 400-600 pounds

For more information, menus, payment options, low balance alerts, and applications for free/reduced meals please visit SchoolCafe.com or scan the QR code below



SCAN ME

Any further questions can be directed to Sadia Sultana at ssultana@gvgsd.org

A la Carte
Snacks and
Drinks Available
for Purchase
Daily


= Vegetarian/
Ask for it
Vegetarian

Every student can select one *main entree and their choice of 2 fruits and 2 vegetables daily. 1% White Milk, Whole Milk and Fat Free Flavored Milk are also offered with each meal.				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Breaded Ravioli w/ Garlic Bread Fresh Vegetables  w/ Dip Fruit & Milk 2	 3	Boneless Chicken Wings w/ Dipping Sauce Biscuits Celery Fruit & Milk 4	All Beef Hotdog Baked Beans French Fries Fruit Milk 5	Pizza Party Broccoli & Carrots Fruit Milk 6
Chicken Nuggets Broccoli Fruit Milk 9	Chicken Taco Roll-ups Sweet Potato Fries Mix Berries Milk 10	Mini Chicken Corndogs Sweet Tater Tots Carrots w/ Ranch Fruit & Milk 11	Turkey w/ Gravy Green Beans  Stuffing Cornbread / Club Roll Mashed/Sweet Potatoes Special Dessert Fruit & Milk 12	Pizza Party Celery & Carrots Fruit Milk 13
Mac n Cheese Broccoli Grapes Milk 16	Cheesy Breadsticks w/ Tomato Soup Assorted Fruits Milk 17	Patriot Bowl Mashed Potatoes Club Roll Orange Smiles Milk 18	Cheeseburger Potato Smiles Apple Sauce Milk 19	Pizza Party Carrots & Cauliflower Fruit Milk 20
 23	 24	 25	HAPPY THANKSGIVING 26	THANKSGIVING BREAK 27
Butternut Squash Soup Grilled Cheese Sandwich Fruit & Milk  30		Look out for Our “Thanksgiving Special” Meal on November 12th!		