MENU

9-12 LUNCH

NOVEMBER

2 Crispy Chicken Sandwich Chilled Corn & Black Bean Salad Baby Carrots	**3** No School	**4** Ultimate Nachos Salsa & Sour Cream Guacamole, Olives Jalapenos Yellow Corn & Tex Mex Beans	**5** Gen Tso Chicken Fried Rice & Veg Egg Roll Broccoli Florets Fresh Grape Tomatoes Fortune Cookie	**6** Chicken Wing Basket Crispy Potato Wedges Green Beans Warm Garlic Knot
9 Crispy Chicken Tenders with assorted dipping sauces Seasoned Curly Fries Pesto Parmesan Rotini Fresh Veggie w/ Hummus	**10** Bistro Burger (plain or cheese) NY Breaded Onion Rings Baby Carrots w/Hummus Winter Berry Salad	**11** No School Veterans Day	**12** Macaroni & Cheese Bar W/BBQ Seasoned Chicken Garlic Breadstick Parmesan Peas Fresh Grape Tomatoes	**13** Grilled Cheese Fries South West Chicken Soup Veggie Sticks
16 Cheesy Beef Quesadillas Salsa, Sour Cream Mexican Street Corn Salad Rainbow Pepper Sticks	**17** Breakfast for Lunch (Chicken Drumstick & NY Sunrise Waffles) Hashbrowns Apple Juice Cup & Syrup	**18** Hot Ham & Cheese on Pretzel Roll Glazed Roasted Carrots	**19** Thanksgiving @ School Turkey Gobbler Sandwich Buttery Mashed Potatoes Green Beans & Apple Pie	**20** Tortellini Alfredo With Chicken Garlic Breadstick Roasted Broccoli
23 Popcorn Chicken Bowl Dinner Roll Sweet Yellow Corn Fresh Veggie w/Hummus	**24** Cheese Pizza Caesar salad Rainbow Pepper Sticks Assorted Applesauce Cup	**25** No School Thanksgiving Break	**26** No School Thanksgiving Day	**27** No School Thanksgiving Break
30 Chicken Parm Sandwich Buffalo Cauliflower Bites Grape Tomatoes Fresh Veggie w/Hummus				

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

In collaboration with CAPITAL REGION BOCES SHARED FOOD SERVICE PROGRAM

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

This institution is an equal opportunity provider.