MENU

PK-5 LUNCH

NOVEMBER

2 **Meatball Sub** Au Gratin Potatoes Roasted Broccoli	**3** **No School**	**4** **Boneless Chicken Wing & Mozzarella Stick Basket** Crinkle Cut Fries Marinara Sauce Cup Veggie Cup/Side Salad	**5** **Macaroni & Cheese w/Kielbasa Bites** Garlic Breadstick Honey Ginger Green Beans Grape Tomatoes	**6** **Cheese Pizza** Steamed Yellow Corn Fresh Veggie w/ Hummus Cinnamon Applesauce Cup
9 **Chicken Nuggets** Dinner Roll Cheesy Mashed Potatoes Yellow Corn Maple Glazed Carrots	**10** **Soft Tacos** **(beef, cheese, lettuce)** Salsa & Sour Cream Cilantro Lime Veggie Pinto Beans	**11** **No School** Veterans Day	**12** **Cherry Blossom Chicken** Fried Rice Broccoli & Cucumbers Fortune Cookie	**13** **Cheese Pizza** NY Peas & Carrots Fresh Veggie w/Hummus Blue Raspberry Applesauce Cup
16 **Cheesy Breadsticks w/Marinara Sauce** Steamed Broccoli Rainbow Pepper Sticks	**17** **French Toast Sticks** Turkey Sausage Links Sweet Potato Bites Apple Juice & Syrup	**18** **Toasted Ham & Cheese Croissant** Tomato Soup	**19** Thanksgiving @ School **Turkey & Gravy** Buttery Mashed Potatoes Dinner Roll, Green Beans, Craisins, Apple Crisp	**20** **Cheese Pizza** Pizza Green Beans Fresh Veggie w/ Hummus Mango Peach Applesauce Cup
23 **Crispy Chicken Tenders** w/ sauces Pesto Parmesan Pasta Yellow Corn Fries	**24** **Cheese Pizza** Green Beans Fresh Veggie w/ Hummus Assorted Applesauce Cup	**25** **No School** Thanksgiving Break	**26** **No School** Thanksgiving	**27** **No School** Thanksgiving Break
30 **Cheeseburger** Sweet Potato Wedges Rainbow Pepper Sticks Winter Berry Salad				

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

In collaboration with CAPITAL REGION BOCES SHARED FOOD SERVICE PROGRAM



This institution is an equal opportunity provider.