MENU

6-8 LUNCH

NOVEMBER

2 Crispy Chicken Sandwich Chilled Corn & Black Bean Salad Baby Carrots	**3** No School	**4** Maple BBQ Pulled Chicken on Kaiser Au Gratin Potatoes Baby Carrots w/ Hummus	**5** Gen Tso Chicken Fried Rice & Veg Egg Roll Stir Fry Vegetables Fresh Grape Tomatoes Fortune Cookie	**6** Cheese Pizza Slice or Cheese Burger or Chicken Nuggets Broccoli Florets Caesar Salad
9 Crispy Chicken Tenders with assorted dipping sauces Seasoned Curly Fries Pesto Parmesan Rotini Fresh Veggie w/ Hummus	**10** Bistro Burger (plain or cheese) NY Breaded Onion Rings Baby Carrots w/Hummus Winter Berry Salad	**11** No School Veterans Day	**12** Macaroni & Cheese Bar W/BBQ Seasoned Chicken Garlic Breadstick Parmesan Peas Fresh Grape Tomatoes	**13** Cheese Pizza Slice or Cheese Burger or Chicken Nuggets Roasted Corn Caesar Salad
16 Cheesy Beef Quesadillas Salsa, Sour Cream Mexican Street Corn Salad Rainbow Pepper Sticks	**17** Breakfast for Lunch (Chicken Drumstick & NY Sunrise Waffles) Hashbrowns Apple Juice Cup & Syrup	**18** Hot Ham & Cheese on Pretzel Roll Glazed Roasted Carrots	**19** Thanksgiving @ School Turkey Gobbler (Sandwich or Wrap) Buttery Mashed Potatoes Green Beans & Apple Pie	**20** Cheese Pizza Slice or Cheese Burger or Chicken Nuggets Broccoli Florets Caesar Salad
23 Popcorn Chicken Bowl Dinner Roll Sweet Yellow Corn Fresh Veggie w/Hummus	**24** Cheese Pizza Caesar salad Rainbow Pepper Sticks Cinnamon Applesauce Cup	**25** No School Thanksgiving Break	**26** No School Thanksgiving Day	**27** No School Thanksgiving Break
30 Chicken Parm Sandwich Buffalo Cauliflower Bites Grape Tomatoes Fresh Veggie w/Hummus				

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

In collaboration with CAPITAL REGION BOCES SHARED FOOD SERVICE PROGRAM



This institution is an equal opportunity provider.