District Wellness Policy Annual Progress Report 2024

School District: DENISON ISD

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Wellness Policy Components	Fully in Place	Partially in Place	Not in Place	Steps to implement, challenges/barriers	Data source for monitoring; Next steps for full implementation/expansion
District Wellness Committee/Coordinated District Health Advisory Council					
Policy Leadership					
1. The designated officer for ensuring district compliance with the wellness policy and oversight is identified.(PO-3)	☑	☐	☐		
Public Involvement					
2. Meets at least once per year to establish district wellness goals for, and to oversee, school health and safety policies and programs including development, implementation, and periodic review and update of the wellness policy	☑	☐	☐		
3. To the extent possible, Committee includes parents/legal guardians, students, and representatives of district nutrition services, physical education teachers, school health professionals, the school board, school administrators, and the general public. (PO-3)	☑	☐	☐		
Food and Beverage Availability					
School Meals					
4. Pre-K to fifth graders will be provided a minimum of 20 minutes to consume lunch after they have received their food. (NS-11)	☑	☐	☐		
Foods Sold Outside of School Meals Program (Competitive Foods and Beverages)					
5. Foods and beverages sold outside of the school meal programs (e.g., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards (SS-1, SS-2)	☑	☐	☐		
6. Standards established for foods provided but not sold (e.g., class parties, class snacks), during the school day on school campuses (SS-4)	☑	☐	☐		
Food and Beverage Marketing					
7. Any foods and beverages marketed or promoted to students on school campuses during the school day meet or exceed the USDA Smart Snacks in School nutrition standards. (PO-3)	☑	☐	☐		
District Goals for Health & Wellness					
Nutrition Education					
8. Schools will provide nutrition education and engage in nutrition promotion that fulfills the criteria identified in the district LWP (NS-8, NS-12, HPE-11).	☑	☐	☐		
Nutrition Promotion					
9. Nutrition promotion using evidence-based techniques, creating food environments that encourage healthy nutrition choices and participation in school meal programs using a comprehensive and multi-channel approach by school staff, teachers, parents/legal guardians, students, and the community. (NS-5, NS-8, NS-9)	☑	☐	☐		

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10. Promote healthy food and beverage choices and participation in school meal programs through use of marketing and merchandising and through adherence to 100% of foods and beverages promoted to students meeting the USDA Smart Snacks in School nutrition standards.(NS-5, SS-3)	☑	☐	☐		
Physical Activity					
11. Schools promote and ensure varied physical activity opportunities such as before, during, and after school; staff involvement; and family and community engagement, that are in addition to, and not a substitute for, quality physical education.(PO-8, PA-4, PA-3, PA-2)	☑	☐	☐		
12. Physical activity during the school day (including but not limited to recess, classroom physical activity breaks, or physical education) will not be withheld as punishment for any reason. (PA-6, PA-7 ES)	☑	☐	☐		
Physical education					
13. District will provide students with physical education using an age-appropriate, sequential PE curriculum consistent with national and state standards for PE. (HPE-3)	☑	☐	☐		
14. All students will be provided equal opportunity to participate in physical education classes. Appropriate accommodations allow for equitable participation for all students and physical education classes and equipment are adapted as necessary.	☑	☐	☐		
Update/Inform the Public					
15. Annually, the public is notified about the content and implementation of the wellness policy and any updates to the policy. The name and contact information of the designated officer is publicized with information on how the public can become involved with the wellness committee or obtain additional information on the wellness policy. (PO-3)	☑	☐	☐		
16. Every three years, the district assesses compliance with the policy, how it compares to published state and federal model wellness policies and the district's progress in attaining the goals of the policy. Results and policy modifications, as needed, will be made public. (PO-3)	☑	☐	☐		
17. Records will be maintained to document compliance with the requirements of the wellness policy including items 1, 2, 3, 15, and 16 above.	☑	☐	☐		

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Other School Based Strategies for Wellness					
18. SFAs must include, at a minimum, one goal for Other School-Based Strategies for Wellness in the LWP. SFAs must explore the use of evidenced based strategies when identifying goals. (List and report below)	☐	☑	☐		
Optional Goals- School Meals					
19. Schools will not use foods or beverages as rewards for academic performance or good behavior. Additionally, schools will not withhold foods or beverages for punishment. Teachers are provided with a list of alternative ideas for behavior management. (NS-10)	☑	☐	☐		
Optional Goals- Water					
20. Free, safe, unflavored, drinking water available throughout the school day, throughout every school campus.	☑	☐	☐		
Optional Goals- Staff Wellness					
21. Schools will offer staff wellness programs such as weight management, health assessments. (EW-1, EW-2, EW-3)	☐	☑	☐		
Optional Goals- Community Involvement					
22. School will allow community members access to the district's outdoor physical activity facilities before and after school. (PA-8)	☐	☑	☐		
23. School partners with local community organizations, businesses, or local hospitals to engage students and their families in health promotion activities.(PO-9)	☐	☑	☐		
Other Optional Goals					
	☐	☐	☐		
	☐	☐	☐		
	☐	☐	☐		

Success/Updates/Activities/Events: