

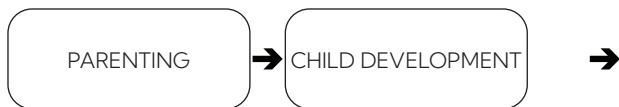


FAMILY & CONSUMER SCIENCE SEQUENCES:

Recommended Culinary & Restaurant Management Sequence:



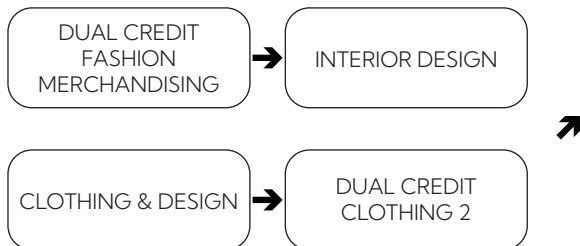
Recommended Early Childhood Education Sequence:



CAREER INTERNSHIP

Capstone of many CTE programs. Apply what you learn in a real-world setting.

Recommended Fashion & Apparel / Interior Design Sequence:





COURSE DESCRIPTIONS:

CULINARY ARTS 1

Year: 9, 10, 11, 12 | Credit: 1

FC500

This full year introductory course is designed for the student who is interested in learning proper cooking methods and techniques. Topics include safety, sanitation, nutritional needs, and careers. Lab experiences include fruits, vegetables, quick breads, yeast breads, dairy products, cookies, cakes and cake decoration, candy, meats, and meal preparation. By the end of the course, students will be able to:

- prepare complete meals
- execute a recipe successfully
- demonstrate proper safety and sanitation procedures

CULINARY ARTS 2

Year: 10, 11, 12 | Credit: 1

FC550

Culinary Arts 2 is designed for students wishing to pursue a career in Food Service or Hospitality. This course is second in sequence that offers an introduction to professional Culinary Arts principles including food safety and sanitation. Special emphasis will be placed on proper commercial kitchen procedures. Students are introduced to culinary terminology, techniques, and culinary history with an emphasis on food service operations and management. Culinary instruction will involve measurement practices, safety and sanitation, fundamental work with commercial tools, and equipment that will include knife skills along with an overview of classic cooking methods.

Prerequisite: Successful completion of Culinary Arts 1

DUAL CREDIT CULINARY ARTS 3

Year: 11, 12 | Credit: 2

FC 580

Dual Credit Culinary Arts 3 provides and builds more advanced culinary skills. This course is the third and final in sequence that offers a further development to Culinary Arts principles including marketing, inventory control, and restaurant management. New preparation and cooking techniques will be introduced as well as the use of additional commercial equipment. Students will continue their learning of new techniques and skills, which can lead to a career in food service or hospitality. Students will receive job readiness training, take field trips, participate in job shadow days, attend chef demonstrations, and have the opportunity for special events, internships, and competition. Students will also have the chance to earn the Food Service Sanitation Manager Certification during this course.

Prerequisite: Successful completion of Culinary Arts 2

This course is 2 periods long. Students will not have a lunch/study.

Completion of this course with a grade of A, B, or C will qualify students for Dual Credit at MVCC. (RTM 100 – Food Services Sanitation and RTM 103 Basic Food Theory)



DUAL CREDIT FASHION MERCHANDISING

Year: 9, 10, 11, 12 | Credit: 1

FC071

This semester course will focus on identifying fashion trends, understanding how clothing functions in society, and how to successfully market clothing through store layout, advertising, and the media. Fashion merchandising will be explored through hands on projects, such as fashion portfolios, hand weaving, and exploring career opportunities. Students will develop critical thinking skills, teamwork, and professional skills needed in the workplace.

Completion of this course with an A, B, or C will qualify the student for dual credit at the College of DuPage (FASHI 1210 – Introduction to the Fashion Industry)

CHILD DEVELOPMENT

Year: 10, 11, 12 | Credit: 1

FC320

This full year course is designed for students who are interested in learning about children's growth and development. Topics include children and parenting, contraceptives, pregnancy and childbirth, the baby's first year, the child from one to three, the child from four to six, and the child from seven to twelve. During this course, students will also have an opportunity to take one of the real care babies with flexible scheduling such as weekday or weekend. At the end of this full year elective course, students will be able to:

- explain the stages of prenatal development
- explain the stages of pregnancy
- understand the developmental patterns of the child from birth through 12 years of age
- understand how the four domains of child development interact as the child grows
- demonstrate how to care for a newborn baby (real care babies)

CLOTHING & DESIGN

Year: 9, 10, 11, 12 | Credit: 1

FC110

Clothing and Design is a lab-focused course focused on apparel and garment construction. Students will learn the fundamentals to garment construction, study current fashion trends, and explore career opportunities in the fashion industry. Students will gain hands-on experience using sewing and embroidery machines as well as many other notions found in a sewing room. Students will complete a drawstring backpack, pajama pants, a clothing item, and a project of choice.

DUAL CREDIT CLOTHING 2

Year: 10, 11, 12 | Credit: 1

FC610

Clothing II is a lab-focused course focused on advanced apparel and garment construction. Students will learn advanced techniques to garment construction, study current fashion trends and explore career opportunities in the fashion industry. Students will build on the techniques learned in Clothing and Design I, such as darts, pleats, and gathering. Students will complete projects such as lined clothing, separating zippers, and advanced quilting.

Prerequisite: Successful completion of Clothing and Design 1

Completion of this course with an A, B, or C will qualify the student for dual credit at the College of DuPage (FASHI 1200 – Beginning Clothing Construction)



INTERIOR DESIGN

Year: 9, 10, 11, 12 | Credit: .5

FC072

This semester course will focus on applying elements and principles of design to floor plans, exterior and interior design, housing structures, and career opportunities. Interior Design will be explored through hands on projects, such as housing portfolios, mosaic tiling, and floor plan design. Students will develop critical thinking skills, teamwork, and professional skills needed in the workplace.

PARENTING

Year: 9, 10, 11, 12 | Credit: .5

FC342

This semester course is designed for students who are interested in learning about the roles and responsibilities of being a parent. Topics of discussion include decisions about parenting, positive parenting, the beginning of parenthood, understanding children's growth and development, and the challenges of parenting. During this course, students will also have an opportunity to utilize the real care pregnancy profile simulator (Empathy Belly).