



Food Zone

November 2026 PreK Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Chicken Nuggets With Brown Rice Seasoned Green Beans WG Corn Bread Apple Sauce Cup	3 All Schools Closed Professional Development Day	4 Chicken & Waffles Popcorn Chicken Dutch Waffles w/ Powdered Sugar Seasoned Corn Apple Slices	5 All Beef Cheeseburger With BBQ Baked Beans Frozen Fruit Cup	6 WG Cheese Pizza Slice With Garden Salad (Carrots and Cucumber) Diced Pears
9 Breakfast for Lunch Cinnamon Glazed French Toast Sticks With Hash Brown Potato Rounds Apple Sauce Cup 100 Calorie Pancake Syrup	10 Taco Tuesday Tortilla Shells Beef Taco Meat Shredded Cheese Black Beans Salsa and Sour Cream Fresh Oranges Slices	11 Chicken Alfredo Bow-Tie Pasta Fajita Chicken Seasoned Green Beans Dinner Roll Apple Slices	12 BBQ Beef Riblet Sandwich With Baked Onion Rings Frozen Fruit Cup	13 WG Cheese Pizza Slice With Glazed Carrots Garden Salad (Carrots and Cucumber) WG Chocolate Chip Cookie Diced Peaches
16 BBQ Beef Meatballs With Macaroni and Cheese WG Corn Bread Green Peas Apple Sauce Cup	17 Chicken Tenders With Seasoned Green Beans Cheddar Goldfish Fresh Orange Slices	18 Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Seasoned Corn Dinner Roll Apple Slices	19 All Beef Cheeseburger With BBQ Baked Beans Frozen Fruit Cup	20 WG Cheese Pizza Slice With Garden Salad (Carrots and Cucumber) Diced Pears
23 Sweet and Sour Chicken Popcorn Chicken with Brown Rice Seasoned Corn Apple Sauce Cup	24 Teriyaki Chicken Fajita Chicken With Spaghetti Noodles Seasoned Green Peas and Carrots WG Bread Stick Fresh Orange Slices	25 <div>All Schools Closed-Thanksgiving Recess</div>		
30 WG Chicken Nuggets With Baked French Fries Cheddar Gold Fish Apple Sauce Cup				
2nd Entrée Option: Soybutter and Jelly Sandwich	2nd Entrée Option: Cheese Bosco Sticks w/Marinara Sauce Cup	2nd Entrée Option: Turkey and Cheese Sandwich	2nd Entrée Option: Chicken Corn Dog	2nd Entrée Option: Soybutter and Jelly Sandwich

MENU SUBJECT TO CHANGE

*A Sunbutter Sandwich –A Peanut Free Subsittue made from Sunflower Seeds Served as Daily Choice
Milk is Offered with Every Meal! Choices Include: Low Fat White*

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.