



# MENU

| HS Week 12: 11.02.26-11.06.26 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                       |                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                  |
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|                               | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Tuesday                                                               | Wednesday                                                                                                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                                            | Friday                                                                                                                                                                                                                                                                                                                           |
|                               | <b>Beef Sloppy Joe</b><br>With<br>American Cheese Slice<br>Onion Rings<br>BBQ Baked Beans                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <div>All Schools Closed</div> <div>Professional Development Day</div> | <b>General Tso's Chicken</b><br>Popcorn Chicken<br>With<br>Brown Rice<br>Steamed Broccoli                                                                                                                                                                                                                                           | <b>Breakfast For Lunch</b><br>Cinnamon French Toast<br>With<br>Triangle Hash Brown<br>100 Calorie Pancake<br>Syrup                                                                                                                                                                                                                  | <b>Buffalo Mac &amp; Cheese</b><br>With<br>Mac and Cheese<br>Chicken Tenders<br>Seasoned Green Beans<br>Bread Stick<br>Assorted Sauces                                                                                                                                                                                           |
|                               | Cheese Pizza<br>Pepperoni Pizza<br>Vegetable Pizza                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                       | Cheese Pizza<br>Pepperoni Pizza<br>Deluxe Pizza                                                                                                                                                                                                                                                                                     | Cheese Pizza<br>Pepperoni Pizza<br>Deluxe Pizza                                                                                                                                                                                                                                                                                     | Cheese Pizza<br>Pepperoni Pizza<br>Meat Lovers                                                                                                                                                                                                                                                                                   |
|                               | <b>Boneless Wings</b><br>Celery Sticks<br>Homemade<br>Dinner Roll<br>Assorted Sauces                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                       | <b>Chef Salad</b><br>Chopped Romaine<br>Red Onions, Black<br>Olives, Croutons,<br>Cheddar Cheese,<br>Turkey, Turkey Ham<br>Assorted Dressing<br>Bread Stick                                                                                                                                                                         | <b>Chicken Tenders</b><br>Carrots Sticks<br>Homemade<br>Bread Stick<br>Assorted Sauces                                                                                                                                                                                                                                              | <b>Boneless Wings</b><br>Celery Sticks<br>Homemade<br>Dinner Roll<br>Assorted Sauces                                                                                                                                                                                                                                             |
|                               | Spicy<br>Chicken<br>Filet Sandwich                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                       | Chicken Filet Sandwich                                                                                                                                                                                                                                                                                                              | Hamburger<br>Cheeseburger<br>Mozzarella Sticks<br>with<br>Marinara Sauce                                                                                                                                                                                                                                                            | Spicy<br>Chicken<br>Filet Sandwich                                                                                                                                                                                                                                                                                               |
|                               | Choice of Seasoned<br>Beef or Chicken<br>Brown Rice, Cauliflower<br>Rice, Black Beans, Pinto<br>Beans, Sautéed<br>Peppers and Onions,<br>Queso, Corn Salsa,<br>Tomato Salsa, Black<br>Olives, Jalapeno<br>Peppers, Shredded<br>Cheese, Shredded<br>Lettuce, and Sour<br>Cream. Tortilla Chips or<br>Tortilla Shells Served<br>Daily                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                       | Choice of Seasoned<br>Beef or Chicken<br>Brown Rice, Cauliflower<br>Rice, Black Beans, Pinto<br>Beans, Sautéed<br>Peppers and Onions,<br>Queso, Corn Salsa,<br>Tomato Salsa, Black<br>Olives, Jalapeno<br>Peppers, Shredded<br>Cheese, Shredded<br>Lettuce, and Sour<br>Cream. Tortilla Chips or<br>Tortilla Shells Served<br>Daily | Choice of Seasoned<br>Beef or Chicken<br>Brown Rice, Cauliflower<br>Rice, Black Beans, Pinto<br>Beans, Sautéed<br>Peppers and Onions,<br>Queso, Corn Salsa,<br>Tomato Salsa, Black<br>Olives, Jalapeno<br>Peppers, Shredded<br>Cheese, Shredded<br>Lettuce, and Sour<br>Cream. Tortilla Chips or<br>Tortilla Shells Served<br>Daily | Choice of Seasoned<br>Beef or Chicken<br>Brown Rice, Cauliflower<br>Rice, Black Beans, Pinto<br>Beans, Sautéed Peppers<br>and Onions, Queso,<br>Corn Salsa, Tomato<br>Salsa, Black Olives,<br>Jalapeno Peppers,<br>Shredded Cheese,<br>Shredded Lettuce, and<br>Sour Cream. Tortilla<br>Chips or Tortilla Shells<br>Served Daily |
|                               | <div>Fresh Salad Bar Options</div> <div><b>Adult Nutri-Bar:</b> Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily.</div> <div><b>Student Fresh Salad Bar:</b> Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily.</div> <div><b>Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily</b></div> |                                                                       |                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                  |

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues

concerning your child with the Resident Director.

This Institution is an Equal Opportunity Provider

