November

Shanksville-Stonycreek Middle & High School

All students receive free breakfast and lunch.

Ala carte items may be purchased if the student has funds in their cafeteria account. Payments can be made directly to the school or by using the School Cafe app.

School lunches include 5 components: Meat/ Meat Alternative, Bread/ Grain, Fruit, Vegetable, and Milk. Students must choose 3 of the 5 components, one of which must be at least a ½ cup serving of fruit or vegetable.

Available Daily

Breakfast: Fresh fruit and Juice, Pop Tarts, Benefit Bars or NutriGrain Bars or Cereal and Yogurt

Lunch: Salads, Viking Power Packs, Snack Packs, and Fresh Fruit and Vegetables.

Every meal includes your choice of milk

MENU IS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast: Mini Cinnamon Bagels Lunch: Cheeseburger on WG Bun French Fries Baked Beans Fresh Fruit	**3** Breakfast: Breakfast Bagel Lunch: Country Fried Steak Mashed Potatoes Green Beans Peaches/ Dinner Roll	**4** Breakfast: Cook's Choice Lunch: Hot Dog on WG Bun French Fries Green Beans Peaches	**5** **Breakfast:** Choc Chip OR Pumpkin Spice Skone **Lunch:** Chicken Ranch Flatbread Side Salad Mixed Fruit	**6** Breakfast: Cook's Choice Lunch: Personal Pizza Side Salad Corn Assorted Juice Cup Churro (HS)
9 Breakfast: Cinnamon Roll Lunch: Chicken Patty Sandwich Sweet Potato Fries Green Beans Mandarin Oranges	**10** Breakfast: Trix Muffin Lunch: Stuffed Crust Pizza Side Salad Corn Assorted Juice Cup Churro (HS)	**11** ***ACT 80 DAY*** ***VETERAN'S DAY***	**12** Breakfast: Pop Tart Lunch: Mandarin Orange or Gen Tso's Chicken Fried Rice Broccoli Applesauce	**13** Breakfast: Cook's Choice Lunch: Cheeseburger on WG Bun French Fries Baked Beans Assorted Fresh Fruit
16 Breakfast: Cinnamon Waffle Bites Lunch: Garlic Mozzarella Rippinz Pizza Sauce Corn Fresh Fruit Cup	**17** Breakfast: Chocolate Bread Lunch: Rigatoni w/ Meat Sauce Green Beans Applesauce Cup Breadstick (MS 1/ HS 2)	**18** Breakfast French Toast Stick Lunch: Meat Lover's Stomboli Pizza Sauce Corn Strawberry Cup Confetti Cookie (HS)	**19** Breakfast: Mini Strawberry Bagel Lunch: Chicken Tenders French Fries Peas Fruit Cup Dinner Roll	**20** Breakfast: Cereal & Yogurt Lunch: Hot Dog on WG Bun Sprial Fries Baked Beans Mandarin Oranges Churro (HS)
23 Breakfast: Choc Chip Crumb Cake Lunch: Hot Turkey and Gravy Sandwich Mashed Potatoes Corn Dessert	**24** Breakfast: Mini Strawberry Loaf Lunch: Chicken Tender Wrap Peas Peaches Cupcake (HS)	**25** ***1 PM Dismissal*** Breakfast: Cook's Choice Lunch: Pizza Fresh Vegetables Broccoli Assorted Fruit Breadstick (HS)	**26** 	**27** ***THANKSGIVING BREAK***
30 ***THANKSGIVING BREAK***				





